

## Dear Educator,

As spring approaches and the school year comes to an end, review basic language arts and math skills with your class by implementing this *I'm A Scoops Scholar* cross-curricular program brought to you by Bruster's Real Ice Cream in partnership with curriculum specialist Young Minds Inspired (YMI). This *I'm A Scoops Scholar* program is designed to review basic math skills such as addition, subtraction, fractions, and graphing, along with language arts skills like elements of a story and communicating through spoken and written language.

In addition, the program reinforces the MyPyramid Food Pyramid by helping kids make balanced food choices and encouraging physical activity. Included are reproducible student activity masters with *Family Fun Cone-nection* activities for families to enjoy and extension activities to enrich students' learning. In addition, this program provides an interactive wall poster to reinforce staying active and building positive routines.

Although the materials are copyrighted, you may copy them for educational purposes and share them with other teachers in your school. Please return the enclosed card to let us know your opinion of the program. We depend on your feedback to continue providing free educational programs that make a real difference in your classroom.

### Reward your students!

Present them with the I'm A Scoops Scholar certificate. It entitles students to a buy one Bruster's cone, get a second cone free.

Sincerely,



Dr. Dominic Kinsley, Editor in Chief



For questions, contact us at 1-800-859-8005 or e-mail us at [ymiclassroom.com](http://ymiclassroom.com).



## Target Audience

This program has been designed for students in grades 1-5.

## Standards Alignment

This program aligns with the National Math, Language Arts, and Health Standards for grades 1-5. For details, please visit [www.ymiclassroom.com/pdf/scoopsscholars.pdf](http://www.ymiclassroom.com/pdf/scoopsscholars.pdf)

## Program Objectives

- Reinforce students' basic math and language arts skills.
- Encourage students' physical activity and educate students about making balanced food choices.
- Support parents in helping their children reinforce basic skills and incorporate health, nutrition, and physical activity into their family's daily lives.

## How To Use the

### Program Components

- **Two reproducible student activity sheets:** Photocopy the activity sheets for each student. Review the directions with students before completing each activity. Tailor the activities to the age and ability of your students. Assign the *Family Fun Cone-nection* activities at the bottom of each sheet as homework.
- **One reproducible student certificate with coupon:** Photocopy the certificate for each student, fill in the student's name, and sign and date.
- **Get the Scoop on Good Health . . . Get Active! Wall Poster:** Display the wall poster in a prominent location in your classroom. Encourage kids to stay active by reviewing the suggestions scattered throughout the poster and the physical activities featured on the poster. For extra fun, challenge kids to

find all the Bruster's ice cream treats hidden in the scene.

- **Reply card:** Share your comments by completing and mailing back the card.

## Activity 1: Count on Fun!

This activity helps to review students' addition and subtraction skills. Introduce Scoops, the Bruster's mascot featured on the activity page. First, ask students to solve the problems. Then direct students to match the answers to the provided color-key and color each puzzle piece the corresponding color. For older kids, give them a time limit for completing all problems. For younger kids, supply manipulatives to help them solve the problems.

## Activity 2: A Tasty Tale

Use this activity to review the elements of a story: Setting (When and Where); Characters (Who), Plot (What). Take a moment to brainstorm some ideas of different settings, characters, and plots on the chalk/whiteboard. Then direct the students to use the sundae (graphic organizer) to organize their ideas. On the back of the sheet, ask students to write their short story using the elements identified on their graphic organizer. Encourage students to use the story-starters to create their own stories with their families.

## Activity 3: I'm A Scoops Scholar Certificate

At the conclusion of the program, give each student a certificate for their participation. Encourage students to complete the survey with their family. Point out that they can choose two other categories to survey. Students should then bring back their completed surveys to class and create pictographs by using symbols such as ice cream cones, scoops of ice cream, cherries, etc. to visually share the results.

## Extension Activities

### Activity 1:

#### Enjoy Your Piece of the Pie

Use this activity to review fractions. Write different fractions on the chalk/whiteboard, for example:  $\frac{1}{4}$ ,  $\frac{2}{3}$ ,  $\frac{3}{5}$ , etc. Ask students to illustrate Bruster's pies with slices missing to represent the different fractions.

**Family Fun Cone-nection:** Ask students to illustrate their family's favorite ice cream pie and to work with a parent to divide the pie equally into slices for all members of the family.

### Activity 2:

#### Get the Scoop on Good Health

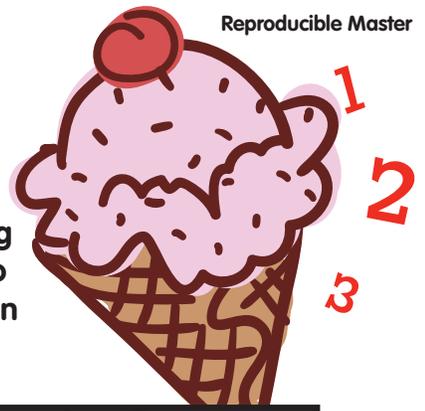
This activity explores the MyPyramid Food Pyramid and reminds students that sweet treats like ice cream are "sometimes" foods that can be a part of a *balanced* diet. Ask students to illustrate the MyPyramid Food Pyramid showing different foods for each food group (reference: [www.MyPyramid.gov](http://www.MyPyramid.gov)). Discuss that even though ice cream is a food you only eat on occasion, it does have calcium health benefits for strong bones. Then, instruct students to turn the diagram upside down (so it looks like an ice cream cone) and draw a scoop-shaped answer space. In this space, students should fill in a menu for a balanced meal that includes ice cream for dessert.

**Family Fun Cone-nection:** Have students illustrate fun activities around the MyPyramid and record how many minutes of physical activity they engage in each day for a week. Reinforce that they should get at least 60 minutes of physical activity daily.

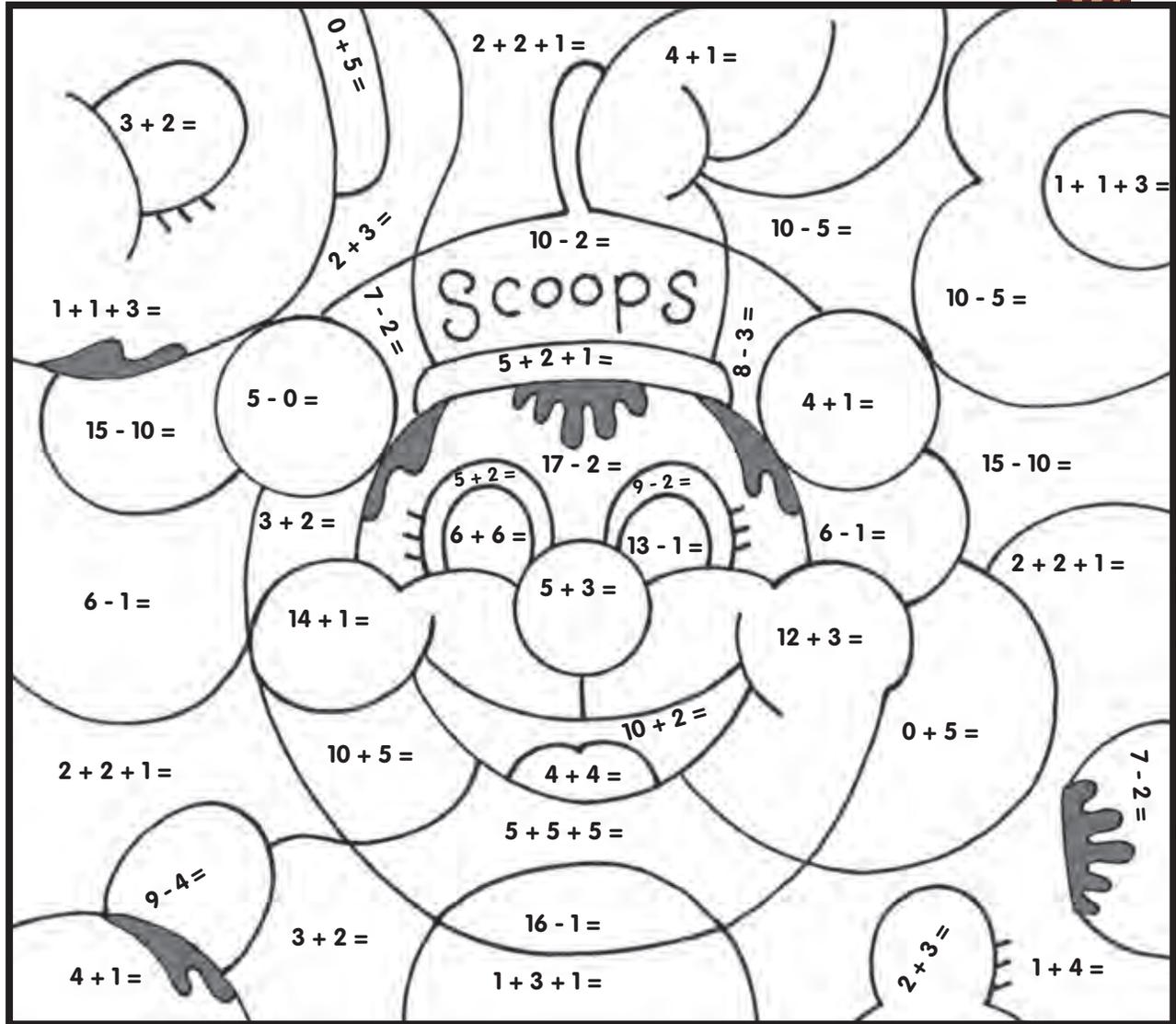
Activity

1

# Count On Fun!



When you eat Bruster's Real Ice Cream you can always count on having lots of fun! Have some fun now by solving the math problems below to find Scoops in the hidden picture. Match your answers to the numbers in the color-key to color each puzzle piece the correct color.



**Color-key:**

Red = 8    White = 15    Blue = 7    Yellow = 5    Black = 12

## Family Fun Cone-nection

Introduce Scoops to your family!

Cut the puzzle into pieces. Place all your pieces in an envelope to take home and challenge your family to piece the puzzle together.



**Scoop up some fun!**

Visit your local Bruster's for a sweet treat! Join Sweet Rewards & Save More! Register today at [www.Brusters.com](http://www.Brusters.com).



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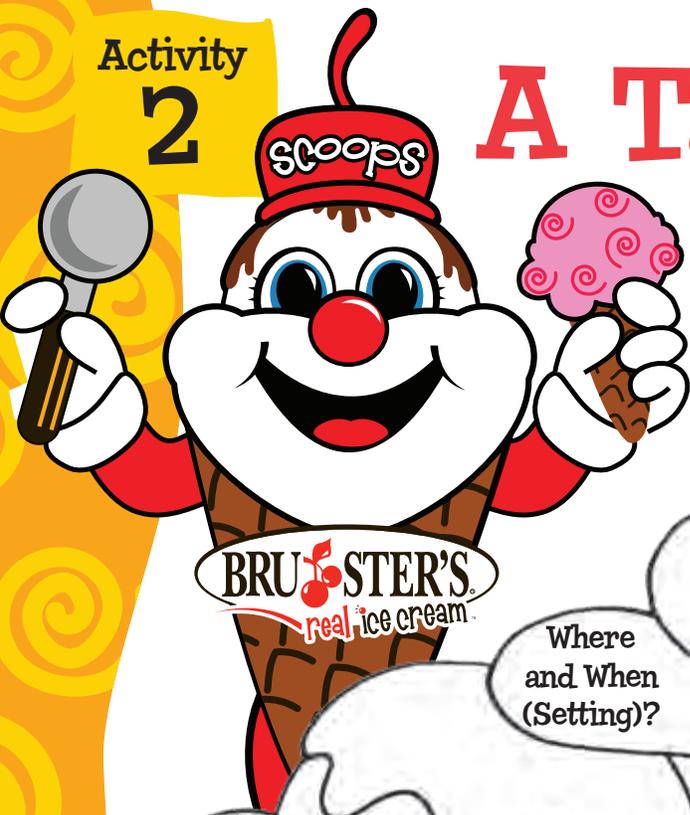


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Activity

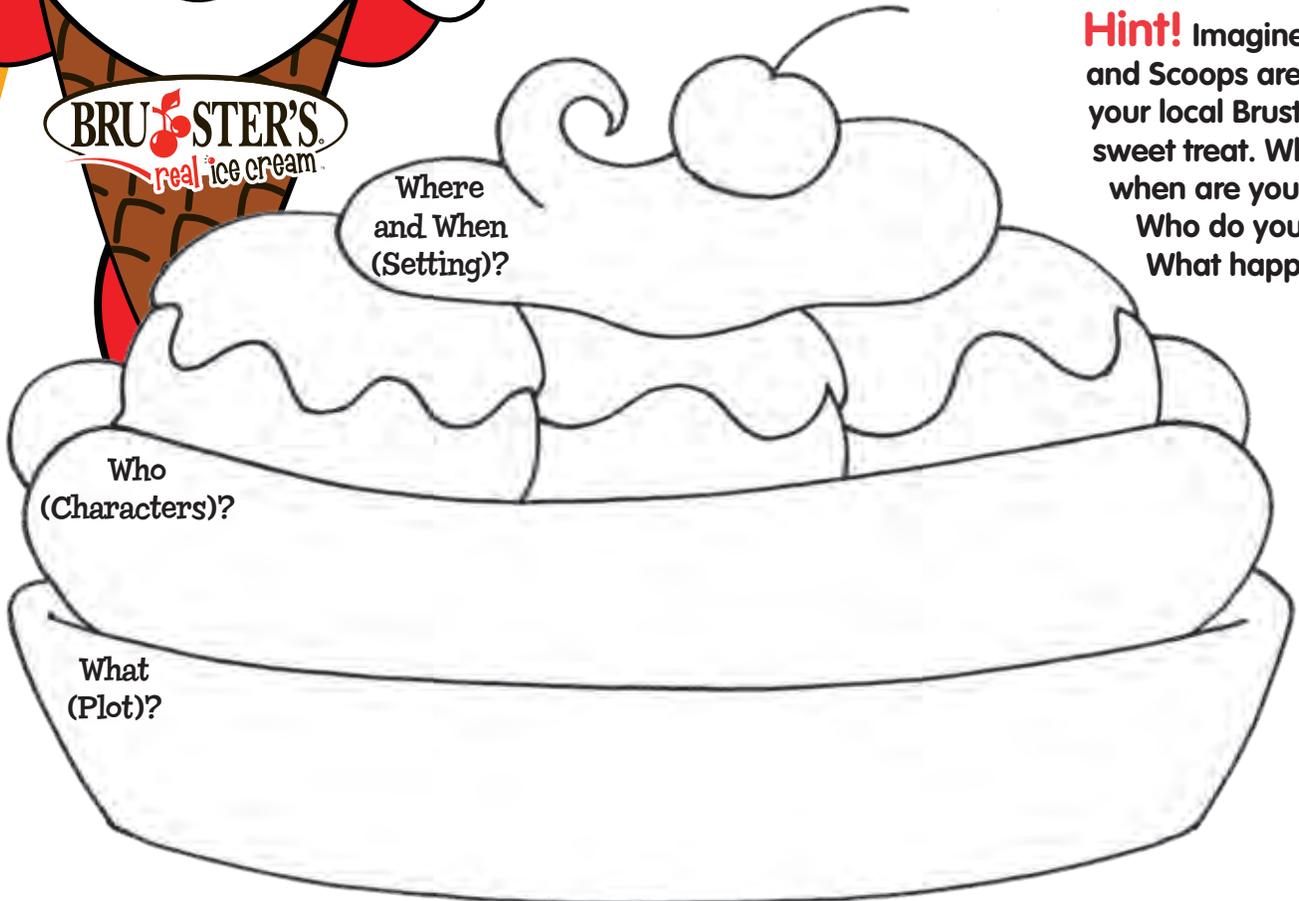
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# A Tasty Tale



**Hi kids!** My name is Scoops and we're going on an imaginary adventure to Bruster's for our favorite treat! Let's work together to gather the ingredients for our tasty tale. We'll use the sundae below to get us started! First review the parts of a story with your teacher, then fill in the diagram with your ideas for a tasty tale!

**Hint!** Imagine that you and Scoops are going to your local Bruster's for a sweet treat. Where and when are you going? Who do you see? What happens?



**Now** use the back of this sheet to write your tasty tale! Don't forget to include Scoops and all the ingredients above!



## Family Fun Cone-nection

Serve up your own tasty tales with your family! Use the story-starters below to write or tell your own story about an adventure to Bruster's with your family, or an imaginary tale with Scoops.

1. Scoops and his friends were enjoying a banana split when all of a sudden the cherry rolled off and . . .
2. My family was enjoying a Bruster's ice cream cone that was piled high with yummy flavors when . . .
3. I wanted to surprise Scoops with his favorite Bruster's cake or pie. I went to Bruster's to pick up the sweet treat when . . .

## Scoop up some fun!

Visit your local Bruster's for a sweet treat! Join Sweet Rewards & Save More! Register today at [www.Brusters.com](http://www.Brusters.com).



# I'm A Scoops Scholar

**Congrats!** You're a Scoops Scholar! Because you have completed the fun activities in this program you deserve a sweet reward. Bring this certificate signed by your teacher to your local Bruster's Real Ice Cream store for a buy one cone, get a second free!



## Congratulations! You're A Scoops Scholar

Student's Name \_\_\_\_\_

has completed the *I'm A Scoops Scholar Program* and earned a sweet reward!  
Bring this certificate to your local Bruster's and enjoy a free cone when you buy one cone (of equal or greater value).



Teacher's Signature \_\_\_\_\_

Date \_\_\_\_\_

School's Name \_\_\_\_\_

Expiration: 12/31/2010

Not valid without signature. All rights reserved. Certificate cannot be redeemed for cash. Offer valid for one free Bruster's ice cream cone when you buy one Bruster's ice cream cone (of equal or greater value). Valid at participating Bruster's locations only. Not valid with any other offer.



### Family Fun Cone-nection

What are your family's favorite treats, flavors, and toppings? Get the scoop by completing the survey below with your family. In the last two columns, pick two survey questions of your own. Bring your completed survey back to class to create pictographs.

#### Get the Scoop Family Survey

Family Member	Favorite Treat?	Favorite Flavor?	Favorite Topping?	Favorite _____?	Favorite _____?

My Family's Favorites: \_\_\_\_\_

**Scoop up some fun!**

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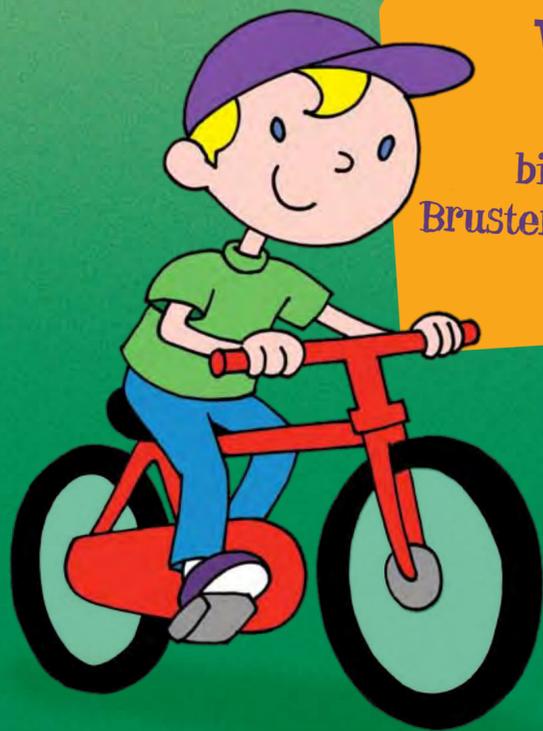
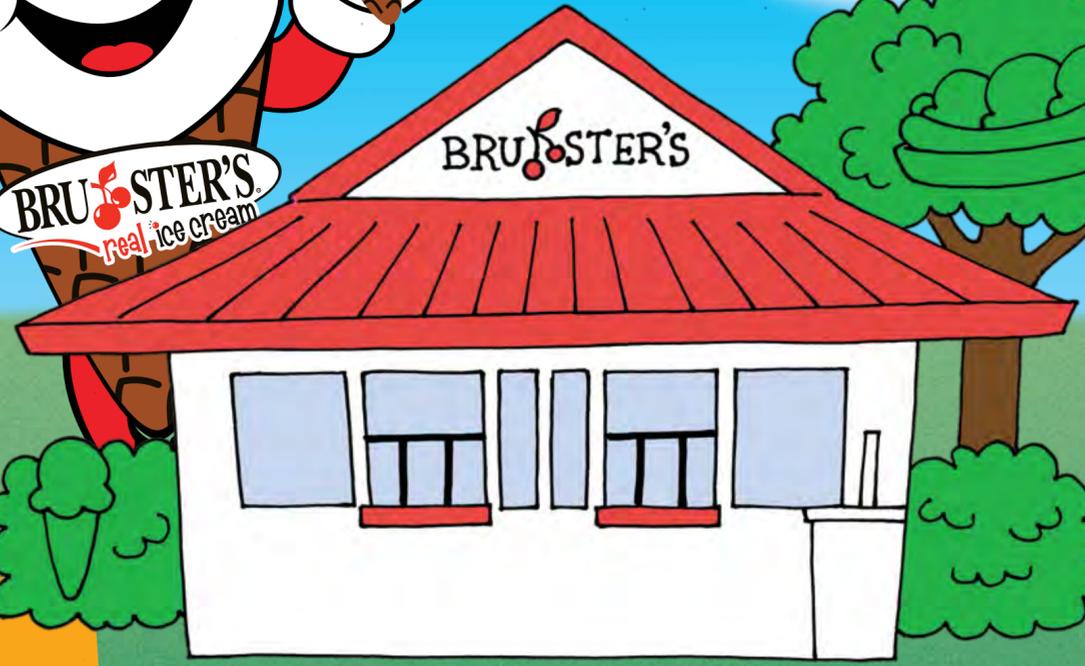


# Get the Scoop on Good Health...

# Get Active!

**Get Moving!**  
Engage in 60 minutes  
of physical activity  
daily!

**Treat Yourself!**  
Enjoy "sometimes"  
foods like ice cream  
as part of a balanced diet!



With your family,  
bike to your local  
Bruster's for a sweet treat!

Take your pet for  
a long walk  
and stop at Bruster's  
on your way home!



Get your neighborhood  
moving!  
Host backyard  
Olympics or  
relay races.

