



**Student Nutrition Program
For Grades 3 - 6
Standards Alignment**

Activity	National and Common Core* Standards
<p>Activity 1: What are Grains?</p>	<p><u>ENGLISH/LANGUAGE ARTS*</u> Vocabulary Acquisition and Use</p> <ul style="list-style-type: none"> • Use context (e.g., definitions, examples, or restatements in text) as a clue to the meaning of a word or phrase. <p>Fluency</p> <ul style="list-style-type: none"> • Use context to confirm or self-correct word recognition and understanding, rereading as necessary. <p><u>HEALTH</u></p> <ul style="list-style-type: none"> • Students will comprehend concepts related to health promotion and disease prevention. <p><u>SCIENCE</u></p> <ul style="list-style-type: none"> • Collect data using observations, surveys, and experiments. • Nutrition is essential to health. Students should understand how the body uses food and how various foods contribute to health.
<p>Activity 2: Grain Goodness</p>	<p><u>ENGLISH/LANGUAGE ARTS*</u> Vocabulary Acquisition and Use</p> <ul style="list-style-type: none"> • Use context (e.g., definitions, examples, or restatements in text) as a clue to the meaning of a word or phrase. <p>Fluency</p> <ul style="list-style-type: none"> • Use context to confirm or self-correct word recognition and understanding, rereading as necessary. <p><u>MATH*</u> Operations and Algebraic Thinking</p> <ul style="list-style-type: none"> • Write and interpret numerical expressions. <p>Measurement and Data</p> <ul style="list-style-type: none"> • Represent and interpret data. <p>Mathematical Practices</p> <ul style="list-style-type: none"> • Use appropriate tools strategically. <p><u>SCIENCE</u></p> <ul style="list-style-type: none"> • Collect data using observations, surveys, and experiments.

<p>Activity 2: Grain Goodness (continued)</p>	<p><u>HEALTH</u></p> <ul style="list-style-type: none"> • Students will comprehend concepts related to health promotion and disease prevention. • Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. • Students will demonstrate the ability to access valid health information and health-promoting products and services. • Students will demonstrate the ability to use interpersonal communication skills to enhance health. • Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.
<p>Activity 3: On the Menu</p>	<p><u>MATH*</u></p> <p>Operations and Algebraic Thinking</p> <ul style="list-style-type: none"> • Write and interpret numerical expressions. <p>Measurement and Data</p> <ul style="list-style-type: none"> • Represent and interpret data. <p>Mathematical Practices</p> <ul style="list-style-type: none"> • Use appropriate tools strategically. <p><u>SCIENCE</u></p> <ul style="list-style-type: none"> • Collect data using observations, surveys, and experiments. <p><u>HEALTH</u></p> <ul style="list-style-type: none"> • Students will comprehend concepts related to health promotion and disease prevention. • Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. • Students will demonstrate the ability to access valid health information and health-promoting products and services. • Students will demonstrate the ability to use interpersonal communication skills to enhance health. • Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.
<p>White Board Activity: To Your Health</p>	<p><u>ENGLISH/LANGUAGE ARTS*</u></p> <p>Vocabulary Acquisition and Use</p> <ul style="list-style-type: none"> • Use context (e.g., definitions, examples, or restatements in text) as a clue to the meaning of a word or phrase. <p>Fluency</p> <ul style="list-style-type: none"> • Use context to confirm or self-correct word recognition and understanding, rereading as necessary. <p><u>HEALTH</u></p> <ul style="list-style-type: none"> • Students will comprehend concepts related to health promotion and disease prevention. • Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks. • Students will demonstrate the ability to access valid health information and health-promoting products and services. • Students will demonstrate the ability to use interpersonal communication skills to enhance health. • Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health. <p><u>TECHNOLOGY</u></p> <ul style="list-style-type: none"> • Students use technology tools to enhance learning, increase productivity, and promote creativity.