

RECOGNIZE AWESOME



Dear Coaches and Physical Education Teachers,

PUMA® and Women's Professional Soccer® (WPS) have teamed up with award-winning curriculum specialists Young Minds Inspired (YMI) to help middle and high school athletes "recognize awesome" in themselves and improve performance.

The program includes a reproducible **Recognize Awesome Challenge Track Sheet** (inside) so girls can set personal and performance goals, and two activities that can be downloaded at www.ymiclassroom.com/pumasoccer.html. They include:

- **Recognize Awesome Pledge Sheet.** This downloadable sheet helps players raise funds to attend and be inspired by a local WPS game. Designate any game on your schedule as a **Recognize Awesome** event and have players earn funds based on achievements. Here's how it works:

1. Hand out the pledge sheet to each player.
2. Have family and friends pledge and support their achievements.
3. Have players return the sheet to you on a specific date.
4. Assign a parent or coach to watch the game and record each player's stats.
5. Finalize stats and let players know how much to collect.
6. Have a coach or the students go online or call to buy their WPS tickets!

The pledge sheet includes a special **Recognize Awesome Pass** to take to the WPS game to receive a free gift.

- **Test Your Knowledge of Awesome.** This downloadable quiz is designed to improve playing skills and acquaint young athletes with the WPS. Student athletes can find the answers at the WPS website, www.womensprosoccer.com, and PUMA women's soccer site, <http://wps.pumafotball.com>.

Leslie Osborne
of the Boston Breakers

Please make photocopies of these copyrighted materials and share them with colleagues so student athletes can earn their **Recognize Awesome Pass** to their local WPS game.

Sincerely,

Dr. Dominic Kinsley
Editor in Chief
Young Minds Inspired



is the only company developing free, innovative classroom materials that is owned and directed by award-winning former teachers. Visit www.ymiclassroom.com to send feedback and download more free programs. For questions, contact us at 1-800-859-8005 or e-mail us at feedback@ymiclassroom.com.

CHALLENGE CHECKLIST

"Stay focused and always finish the play, whether by passing to a teammate or taking the shot if you have a good angle on the goal."

—Marta (FC Gold Pride)

As soccer stars Marta, Karina LeBlanc, and Natasha Kai know, setting goals is key to a successful season.

This **Recognize Awesome Challenge Track Sheet** includes basic soccer and team sport skills. Rate your current level (from 1-4) and track your stats throughout the season. Hang the checklist in your locker or at home and fill in what you actually achieve. Add an additional goal you would like to track.

Here's your chance to **Recognize Awesome!** Come see all the action at your local WPS game! Go to www.womensprosoccer.com to find out when your local stars are playing in a stadium near you.



RECOGNIZEAWESOME CHALLENGE TRACK SHEET

1= Beginner 2= Intermediate 3= Advanced 4= WPS Super Star

Skills	Current Rating (1-4)	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Final Grade
Defense										
Offense										
Dribbling										
Passing										
Trapping										
Shooting										
Running Speed (18 yards)										
Juggling (# of Times)										
Helping a Teammate										
Giving 110% to my team										
Maintaining High Grades During The Season										
Catching (Goalkeeper)										
Reactions (Goalkeeper)										
Diving Saves (Goalkeeper)										

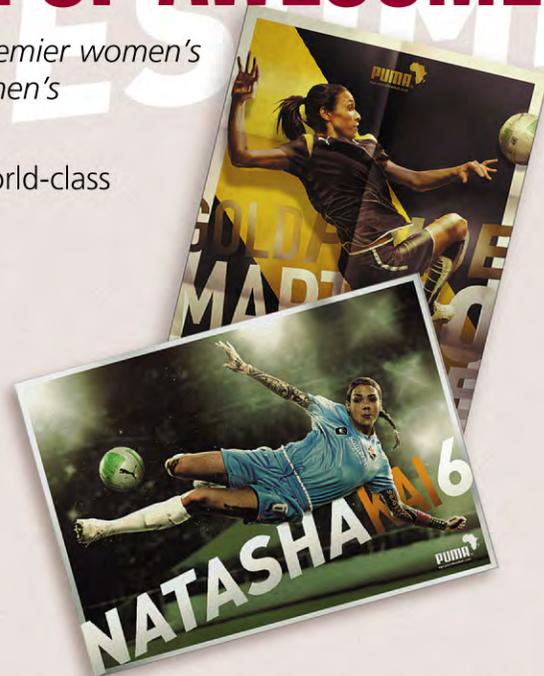


TEST YOUR KNOWLEDGE OF AWESOME

The mission of Women's Professional Soccer (WPS) is to be the premier women's soccer league in the world and the global standard by which women's professional sports are measured.

Here's your chance to learn more about how the league and its world-class players are achieving that goal. The answers to this fun quiz will also help you improve your own game! Find the information you need at:

- Women's Professional Soccer: www.womensprosoccer.com
- PUMA WPS page: <http://wps.pumafootball.com>
- PUMA Football page: www.pumafootball.com
- WPS Facebook page: www.facebook.com/womensprosoccer
- WPS Twitter feeds: <http://twitter.com/womensprosoccer>



LET'S GET MOVING!

1. In 2009, who led the WPS in goals? In assists? In goals against average? In shutouts?
2. What two new teams joined the WPS in 2010?
 - a) Atlanta Beat and Philadelphia Independence,
 - b) Boston Breakers and Chicago Red Stars,
 - c) St. Louis Athletica and Washington Freedom
3. When does the 2010 WPS regular season start?
 - a) May 10, 2010, b) April 10, 2010,
 - c) September 10, 2010
4. How many players are on each WPS teams' roster?
 - a) 15, b) 25, c) at least 18, with a maximum of 22
5. Who was the first player selected in the 2010 WPS draft?
 - a) Lauren Cheney, b) Kelley O'Hara,
 - c) Tobin Heath
6. What one adjective does Lauren Cheney (forward, UCLA), the number two draft pick in the 2010 WPS draft (Boston Breakers), use to describe herself?
 - a) compassionate, b) intense, c) awesome
7. How many goals did Marta score in the 2009 WPS season?
 - a) 10, b) 8, c) 12, d) 6
8. What is the name of the 2010 PUMA boot that the players are wearing on-field?
9. What is the name of the African artist behind PUMA's LACES design?
10. To which team did Amy Rodriguez want to be drafted in 2009?
11. What is Ella Masar's (forward, Chicago Red Stars) most grueling training routine?
12. What does Lisa Stoia (defensive midfielder, St. Louis Athletica) do to prepare for an upcoming game?
13. What PUMA athletes attended the 2009 ESPYS?

Come to a WPS game and **Recognize Awesome!** Go to www.womensprosoccer.com to find out when your local stars are playing in a stadium near you. See you there!



ANSWERS 1. Goals – Marta, LA, 10 goals; Assists – Sonia Bompastor, Washington, 6 assists; GAA – Kanna Leblanc, LA, 0.53 GAA; Shutouts – Kanna Leblanc, LA, 12 shutouts. 2. a) The Atlanta Beat and the Philadelphia Independence. 3. b) April 10, 2010. 4. c) At least 18, with a maximum of 22. 5. c) Tobin Heath from the University of North Carolina. She was selected by the Atlanta Beat. 6. a) Compassionate. 7. a) 10. 8. PUMA PowerCat 1.10. 9. Kehinde Wiley. 10. "I didn't care, I just wanted to play, I just wanted the chance to be a professional soccer player." 11. Running and running until you just can't run anymore. 12. She participates in team training sessions and watches videos of her previous games and of her upcoming opponent's previous games to break down skills, learn from mistakes, and build on strengths. 13. Marta (nominated as best female athlete of the year) and fellow teammate and goalkeeper Karina Leblanc.



PUMA is the founding partner of Women's Professional Soccer



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