

# CHECK OUT CHOCOLATE!



Chocolate comes from the cacao tree, which is formally known as *Theobroma cacao* (*Theobroma* translates as *food of the gods*). There are three main types of chocolate: dark chocolate, milk chocolate, and white chocolate. Other products made from the cocoa bean include cocoa, or cocoa powder, cocoa butter, and baking, or unsweetened, chocolate.

If you're like most people, you probably love chocolate. But, have you ever really thought about it—where it comes from or how it's made?

**Take this quiz to find out how much you already know and to learn more!**

- 1.** Chocolate was first enjoyed by:
- The Ancient Greeks
  - The Ancient Olmecs
  - The Ancient Swiss



- 2.** People have been using and enjoying chocolate:
- Since the Industrial Revolution
  - For 4,000 years
  - Since the 17th century, when the French colonized Martinique and imported its cacao



- 3.** Today, most of the world's cacao is grown in:
- Latin America
  - Southeast Asia
  - West Africa

- 4.** Chocolate is made from:
- Cacao bark
  - Cocoa beans
  - Cocoa powder

- 5.** According to scientific research, moderate consumption of dark chocolate may be associated with:
- Increased intelligence
  - Reduced risk of cardiovascular disease
  - An overwhelming feeling of happiness



- 6.** In a chocolate factory, "enrobing" means:
- Creating a chocolate coating
  - Wrapping chocolates in paper or foil
  - Wearing an apron while working

- 7.** Sustainable cacao farming techniques include:
- Growing the cacao trees in the shade
  - Clearing more land and planting more trees
  - Working longer hours

- 8.** It takes 400 cocoa beans to make:
- One pound of chocolate
  - One large chocolate bunny
  - Six ounces of chocolate



- 9.** Most cacao farms are owned by:
- The Swiss
  - Large corporations
  - Small family farmers



- 10.** Cacao trees are generally farmed:
- Using highly automated farming techniques
  - By hand
  - On cocoa plantations



To learn more about the history and production of cacao trees, visit **The Story of Chocolate** at [www.thestoryofchocolate.com](http://www.thestoryofchocolate.com).