



# My Extraordinary World

## Dear Preschool Educator,

Encourage your students to see the extraordinary in the everyday through a celebration of imagination, creativity, and diversity in *Nina's World*, a new animated show, airing every night at 7pm ET on Sprout, the 24-hour preschool TV channel.

Your students may have already met the grown-up Nina, her make-believe friends Star and Lucy, and her pet goldfish Hush on Sprout's popular *The Good Night Show*. These same characters appear in *Nina's World*, but this series follows Nina as an inquisitive and spirited 6-year-old whose everyday adventures will inspire children to be curious and caring, to take risks, and to empower themselves through problem solving.

This free teaching kit is designed to help *Nina's World* serve as the launch pad for play-based learning activities that promote social-emotional growth. Created by the curriculum specialists at Young Minds Inspired (YMI) in cooperation with Sprout, the teaching kit includes a special DVD featuring five episodes of *Nina's World*, a *Nina's World* "Best Day Ever" Big Book for story time, a *Nina's World* wall poster packed with visual learning activities, three reproducible activity sheets for hands-on learning, a downloadable mini-magazine for parents, and a set of *Nina's World* stickers.

We hope that you will share this teaching kit with other teachers in your school, and we look forward to hearing your opinion of the program at [ymiclassroom.com/ninasworld](http://ymiclassroom.com/ninasworld).

Sincerely,  
Dr. Dominic Kinsley  
Editor in Chief, Young Minds Inspired

## SYNOPSIS

*Nina's World* is a place where the ordinary becomes extraordinary, where Nina and her faithful imaginary companion, Star, greet each day as a new adventure, learning life lessons through everyday experiences to make each day the best day ever. Nina's loving parents, Mami and Papi (Mom and Dad), Abuelita (Grandma), and Tio Javier (Uncle Javier) are there to help foster Nina's creativity. Best friends Chelsea and Carlos, along with neighborhood friends Nico, the Lin family, Mrs. Goldstein, and Dr. and Mr. Kapur also join the fun.

*Nina's World* encourages children's social-emotional growth and reflects the value of everyday wonders, imagination, diversity and creativity. *Nina's World* also generates enthusiasm for trying new things, going to new places, and making new friends, encouraging young viewers to discover their own amazing world.

## TARGET AUDIENCE

This program is designed for children ages 3-6.

## PROGRAM OBJECTIVES

- To provide opportunities for social-emotional growth
- To inspire imagination and creativity
- To support multicultural teaching themes
- To provide Spanish language exposure
- To encourage creative child and parent interaction at home

## HOW TO USE THE PROGRAM MATERIALS

**Activity Sheets:** Photocopy the teacher's guide and the three activity sheets before putting the poster on display in your classroom. You will need extra copies of Activity 1 and Activity 3.

**Wall Poster:** Introduce the characters shown on the poster, and talk about their various heritages—Nina's family is Mexican, Carlos and Nico's family is Colombian, Mr. and Mrs. Lin's family is Chinese, Dr. and Mr. Kapur are Indian.

Use the word bank to expose children to the Spanish language by having them say the Spanish words out loud. Expand this multicultural theme by talking about the languages your children's families may use and their words for relatives, places, or food.

**DVD:** Use these *Nina's World* episodes to build problem-solving skills by talking about how Nina uses imagination, cooperation, and a positive attitude to make every day an adventure. Each episode is approximately 11 minutes, and they can be viewed in any order throughout the year.

**Big Book:** Use this story to spark students' imaginations about the extraordinary in their everyday lives. Begin by telling students the book features a typical, but exciting day in Nina's life. Conclude by asking them to talk about an exciting thing that happened in their day.

### Stickers and Parent Mini-Magazine:

Download the parent mini-magazine at [ymiclassroom.com/ninasworld](http://ymiclassroom.com/ninasworld), and make a copy for each child to take home, along with a *Nina's World* sticker. The mini-magazine informs parents about the *Nina's World* preschool learning program and demonstrates the benefits of multiculturalism featured in *Nina's World*.

## Activity 1 At Home

**Materials:** crayons, markers, pencils, scissors, hole punch, string, and mobile-making materials such as coat hangers, wooden sticks, or plastic straws.

In this activity, students meet Nina's family and create a mobile to show pride in their own family. Begin by having students identify and count the members of Nina's family shown on the activity sheet. Have students count the members of their own families and talk about how families come in many different sizes. Next, use the names shown for each member of Nina's family to talk about how families come from different places and may speak different languages. Ask students to share something about their family's heritage, then expand this discussion to talk about other characteristics that make each family different, special, and unique.

Have students draw pictures of their family members in the different shapes. (Make additional copies of the activity sheet for students with larger families.) Then help them cut out the shapes and construct their mobiles. Plan time for students to share their mobiles, telling ways their family members help them make each day the best day ever.

## Activity 2 At Play

This activity encourages students to play together as they have fun exploring Nina's exciting world by performing actions and speaking Spanish words featured in the show.

Begin by reviewing the game board as a group. Explain that players take turns moving to the next open space as they travel along the path and answer the challenges at each space. Emphasize that the object of the game is not to be the first to the finish line, but to have fun together.

Divide students into pairs, and have them color and cut out their game markers. Then help them play the game on their own. Send the activity sheet home with students to share the game with their parents.

## Activity 3 My "Best Day Ever" Book

**Materials:** Mixed media for journaling such as markers, crayons, construction paper, felt, fabric, paint, glue, etc. extra blank activity sheet, extra 8 1/2" x 11" blank paper

In this activity, students will use their fine-motor skills to create their own "Best Day Ever" Book, just like the one Nina uses to document her adventures on the show.

Provide each student with a copy of the activity sheet every day for five days. Explain that students will use a different sheet each day during the week to make a journal page about what they did that day. Engage students in different discovery activities each day using the suggestions below.

## EVERYDAY ADVENTURES

- Transform a creative dramatic play area into a bakery like Mami and Papi's in *Nina's World*, or into a music store like the one where Tio Javier works. Incorporate books that mention Mexican foods or folk music for inspiration.
- Have children explore the playground as though they were aliens from another planet making discoveries about Earth for the first time. Even a tree can be something new!
- Have children pretend they are best friends with a character from a favorite book or fairy tale, or a favorite superhero. What adventures would you have?
- Draw pictures to show how feelings might look if they had their own features. For example, how might *angry*, *sad*, or *happy* look?

Send the books home to share with parents along with additional copies of the activity sheet for students to continue their journaling activities with parents.

## RESOURCES

- [sproutonline.com/shows/ninas-world](http://sproutonline.com/shows/ninas-world)
- [ymiclassroom.com](http://ymiclassroom.com)





# At Home

I'm Nina, and this is Star! Meet my family.  
They help make every day the best day ever!



**Mami**  
(Mom)



**Papi**  
(Dad)

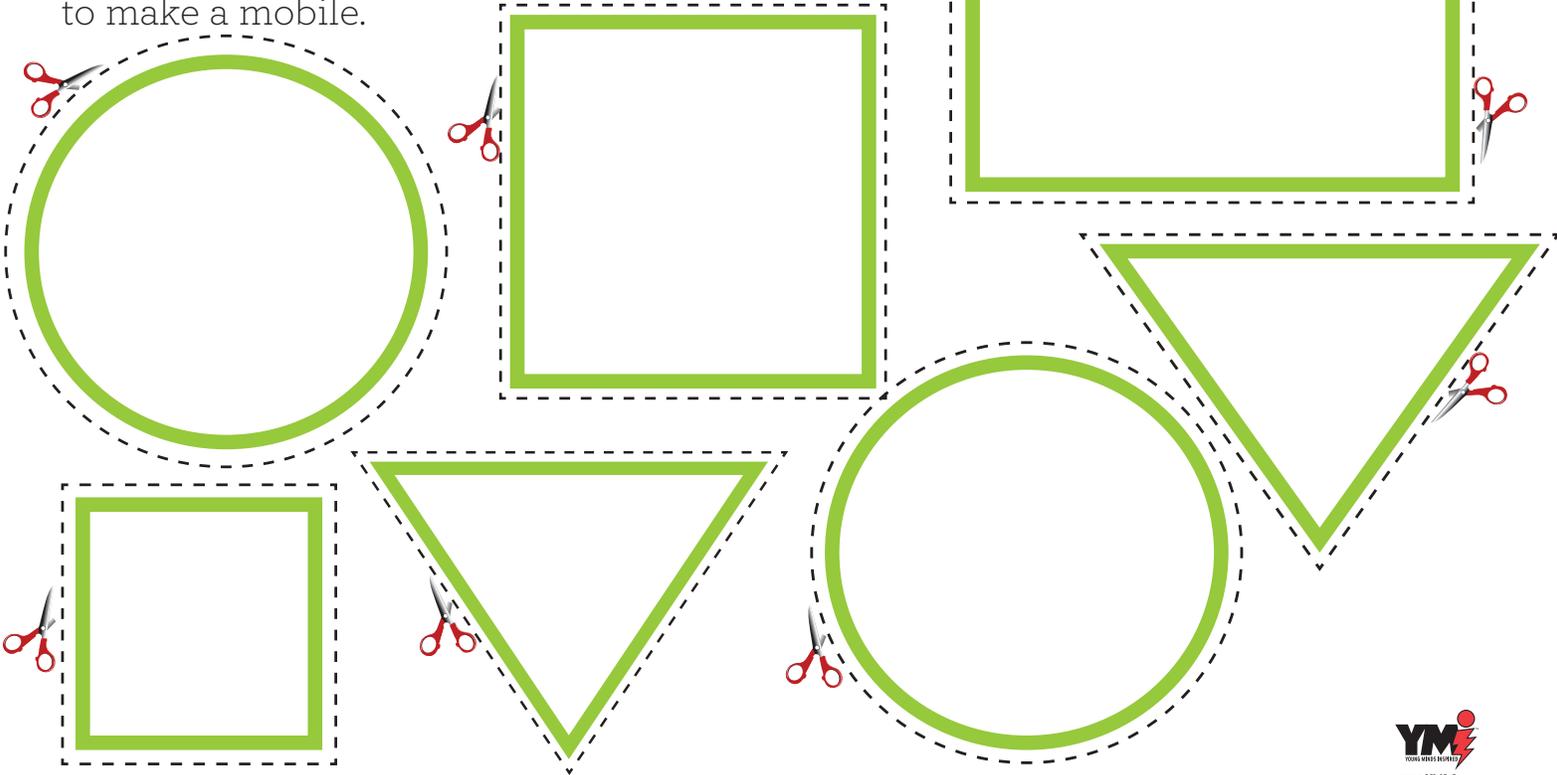


**Abuelita**  
(Grandma)



**Tio Javier**  
(Uncle Javier)

Families come in all shapes and sizes! Tell me about yours! Draw pictures of your family members inside the shapes. Then cut them out to make a mobile.



activity

2

Reproducible  
Master



# At Play



Join us for a day of fun! Color and cut out the star pieces. Then take turns moving to the next open space as you travel along the path.

START



Dear Parent or Guardian,

Your child is exploring themes of creativity, imagination, inclusivity, community, and family represented in the new show, *Nina's World*, on Sprout. Nina, the beloved character from Sprout's *The Good Night Show*, is now a curious 6-year-old, teaching children to embrace the big wonder of everyday moments in the world around them and to discover that every day can be the best day ever.

Play the board game, and share your responses together with your child. Tune in to *Nina's World* on Sprout every night at 7pm ET to have more fun with Nina, her family, and friends.



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sproutonline.com

See how every day is **Extraordinary**.  
Every Night at 7pm ET on Sprout



activity

3

Reproducible  
Master



# My *Best Day Ever* Book

Make your very own “*Best Day Ever*” Book, just like Nina! Draw a picture to show how today is the best day ever!

Today is \_\_\_\_\_.

*Here is what I did to make it the best day ever!*



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