



Dear Educator,

Start the new school year in a positive way with the help of the cuddly, friendly Care Bears™. Begin by celebrating *National Share Your Care Day* with your students — A Care Bears Holiday! — on September 9, 2016. Then keep the fun going by entering the *Share Your Care-a-Lot* Contest for a chance to win exciting prizes for your classroom.

The *Share Your Care* activities in this kit, created by the curriculum experts at Young Minds Inspired (YMI), support creative play, encourage social and emotional growth, and stimulate language arts skills. They are designed to seamlessly integrate with and enhance the classroom curriculum for children in preschool through first grade.

We hope that you will share this program with other teachers in your school. The materials are copyrighted, but you may make as many copies as necessary to meet your students' needs.

Please comment online at www.ymiclassroom.com/feedback-carebears to let us know your thoughts on this program. We depend on your feedback to continue providing free educational programs that make a real difference in students' lives.

Sincerely,

Dr. Dominic Kinsley, Editor in Chief, Young Minds Inspired

Target Audience

This program is designed for students in preschool through first grade.

Program Objectives

- Encourage students to spread caring, sharing, love, friendship, acceptance, fun, and happiness every day.
- Create awareness and participation in *National Share Your Care Day* on September 9.
- Encourage teachers and students to participate in the *Share Your Care-a-Lot* Contest.

How to Use This Program

Download and photocopy this teacher's guide and activity sheets. Prepare the materials for each activity in advance. The activities are designed to be completed during the week leading up to Friday, September 9, which is *National Share Your Care Day*. Entries to the *Share Your Care-a-Lot* Contest must be submitted by September 23, 2016.

Activity 1: Wear Your Share Your Care Belly Badge Proudly!

One of the most delightful things about young children is that they wear their hearts on their sleeves, much as the loveable, huggable Care Bears wear their magical badges on their bellies. In this activity, the students will also get to display something proudly — a *Share Your Care* belly badge and bracelet. Students will use them to identify themselves as *Share Your Care* ambassadors of kindness. Be sure to have the students wear their badges and bracelets while they are performing their acts of kindness on September 9, *National Share Your Care Day*!

Materials Needed: Pencil, crayons or markers, and activity sheet. Scissors, tape, and one safety pin or piece of tape per student to attach the badge.

Ask students to share how they feel when someone does something kind for them. Do they feel warm and happy? Then, hug a student. Point out that a gentle hug can bring a smile, and that smiles often lead to more smiles. And caring actions and sharing deeds lead to even more of the same. Ask students to discuss ways they can be kind to each other in the classroom.

Pass out the activity sheet. Tell the students that they are going to be "ambassadors of kindness," which means that they are going to share their care. Tell them that the badge shows that other students can count on them to be kind, and to share and spread happiness and love, just like the Care Bears do.

Activity 2: Share Your Care Everywhere!

This activity will help the children think about how they can share their care with others, including friends, families, and members of their communities. The activity teaches young students to focus on how others are feeling and helps to develop empathy.

Materials Needed: Pencil, crayons or markers, and activity sheet.

Start by holding up an activity sheet. Point to Cheer Bear at the top of the sheet and read her message aloud. Talk about how Cheer Bear's positive attitude and cheery, kind words make other people feel happy. Ask the students to share examples of how they can use kind words. For example, they might ask how a friend is feeling, or tell mom or dad how much they love them. For fun, create an uplifting class cheer! Next, point to Share Bear and read her message to Grumpy Bear aloud. Talk about how sharing things we love spreads more love around. Ask the students to give examples of sharing, such as sharing toys with a friend, their art supplies with a sibling, or even their time by helping mom or dad with a chore.

Pass out the activity sheets and show the students the three areas where they can draw ways to share care in their school, home, and community. (Older students can also write in these spaces.) Send this activity sheet home with the students at the end of the day.

Activity 3: Share Your Care-a-Lot Contest

Tell students about *National Share Your Care Day* on Friday, September 9, 2016, and ask them for ideas on how your whole class can celebrate. Your caring project could be as simple as saying hello to other schoolmates in the morning or tidying up the classroom, or as ambitious as spending time with seniors at a local community center or collecting canned goods for a food bank.

Whatever your project, tell us about it by entering the *Share Your Care-a-Lot* Contest. One grand prize winning class will receive soft, cuddly Care Bears plush for every student (up to 35 bears). Two runner-up classes will receive Blind Bags featuring a fun, mystery 2-inch figurine (up to 35 bags per class). And all three classes will receive official *Share Your Care* Ambassador pins. Use the entry form on the activity sheet and mail your entry to *Share Your Care-a-Lot* Contest, c/o YMI, 90 Crown Street, New Haven, CT 06510. Or enter online at ymiclassroom.com/care-a-lot-contest. Please send photos if you can (not required). Download official rules at ymiclassroom.com/carebears/share-your-care-rules.pdf. Deadline for entries is September 23, 2016.

Resources

CareBears.com
Ymiclassroom.com



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Questions? Contact YMI toll-free at 1-800-859-8005 or by e-mail at feedback@ymiclassroom.com.



Bonus Idea: Make a list with the students of ideas to share their care.

For example, helping a friend carry their books or sharing your cookie at lunch time. Remember to share kindness with your parents and teachers as well through kind words, compliments, and being attentive.

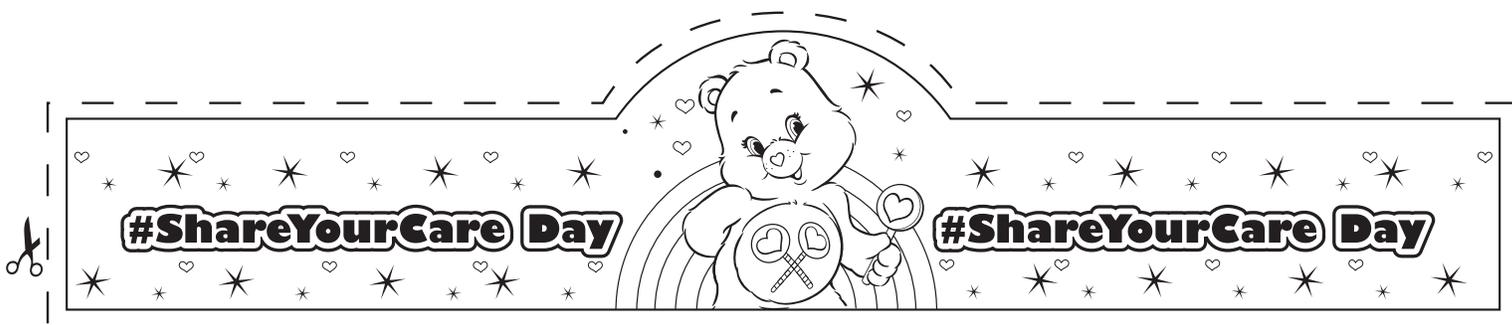


american greetings

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Wear Your Share Your Care Badge Proudly!

The loveable, huggable Care Bears™ have magical belly badges. Now you can have your own badge and matching bracelet! Color and cut out the badge and bracelet below to show that you Share Your Care — just like the Care Bears!



For more fun activities that promote kindness and sharing, visit www.carebears.com
Celebrate *National Share Your Care Day* on September 9! Go to www.facebook.com/CareBears

Share Your Care Everywhere!

Share Your Care, just like the Care Bears™! Spread happiness and good feelings with kind words and cheers like Cheer Bear. Spread sharing with acts of kindness and giving like Share Bear. Use these boxes to draw how you can share your care at home, at school, and in your community.



You can do it!
Yes you can!
You're brave and smart and a good friend!

Share Your Care at Home

Share Your Care at School



My star buddy and I love to share and care, too!

Share Your Care in the Community

Dear Families,

Today your child learned how to Share Your Care by spreading caring, sharing, love, friendship, acceptance, fun, and happiness every day, just like the Care Bears do! Your child is also wearing a badge that promotes caring for others and proclaims them an ambassador of kindness. Help your child look for ways to share their care at home, at school, and in their community.

For more fun activities that promote kindness and sharing, visit www.carebears.com
Celebrate *National Share Your Care Day* on September 9! Go to www.facebook.com/CareBears



Enter the *Share Your Care-a-Lot* Contest!

Tell us how your students shared their care on *National Share Your Care Day, September 9, 2016*

Dear Educator,

You know that teaching your students how to be kind, giving, and caring is just as important as teaching them how to read and write. That's what makes *National Share Your Care Day* such a wonderful "teachable moment!"

Talk about how your class can celebrate *National Share Your Care Day*. Your project could be as simple as saying hello to other schoolmates in the morning or tidying up the classroom, or as ambitious as spending time with seniors at a local community center or collecting canned goods for a food bank.

Whatever your project, tell us about it by entering the *Share Your Care-a-Lot* Contest. One grand prize winning class will receive soft, cuddly Care Bears plush for every student (up to 35 bears). Two runner-up classes will receive Blind Bags featuring a fun, mystery 2-inch figurine (up to 35 bags per class).

Use this entry form to describe how your students celebrated *National Share Your Care Day* and how their caring positively affected others. (You can use the back of this sheet if you need more room.) Or enter online at ymiclassroom.com/care-a-lot-contest. Please send photos if you can (not required). Deadline for entries is September 23, 2016, so send in your entry today!



Official Entry Form

How we celebrated *Share Your Care Day*: _____



How our caring touched others: _____

Name _____ (Please print clearly.) Number of students participating _____

School _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email address _____

Mail entries to *Share Your Care-a-Lot* Contest, c/o YMI90 Crown Street, New Haven, CT 06510, or enter online at ymiclassroom.com/care-a-lot-contest. Download official rules at ymiclassroom.com/carebears/share-your-care-rules.pdf. Deadline for entries: September 23, 2016

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