

## ONE CHANGE, MANY BENEFITS

EDUCATORS SAY

### SERVING BREAKFAST AFTER THE BELL **WORKS.**

SINCE IMPLEMENTING A BREAKFAST  
AFTER THE BELL PROGRAM:

76%

have seen an  
improvement  
in student  
alertness during  
morning lessons

57%

have seen an  
uptick in  
attendance

55%

have seen a  
decrease in visits  
to the school nurse

54%

say discipline  
problems  
have fallen