

# I HAVE THE POWER!



Ever notice how strong you feel after doing the right thing, even if it's hard to do in the moment? That inner strength can be a powerful antidote to bullying.

Think about a time when you chose to do the right thing and write about it. Use this story arc planner to map out the details of your story on a separate sheet of paper before writing a complete draft. Start with "Set Up."



LEARN MORE ABOUT BEING AN UPSTANDER AT [HELPERASEBULLYING.COM](http://HELPERASEBULLYING.COM)

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