

DEAR FUTURE SELF...

In *Soul*, Joe Gardner has his heart set on becoming a jazz musician. After finally landing his dream gig, he is unexpectedly taken from the streets of New York City to The Great Before—a fantastical place where new souls get their personalities, quirks, and interests before they go to Earth. Determined to make it back in time to perform, Joe teams up with a soul named 22 who is reluctant to begin her human experience. Through Joe's journey, they learn from each other, finding out what about life is truly important to them.

Now, it's your turn to think about what matters most to you. Write a letter to your future self about what your life is like now, and what you love. What do you think you'll be doing in 15 years? Fill in the information below to write your letter.



Date: _____

Dear _____,

I am _____ years old and in _____ grade.

Some of the best things about school are: _____

My favorite things to do are: _____

When I grow up, I want to be: _____

By the time I read this letter, I hope to have accomplished: _____

When I open this letter in 15 years, this is what I think my life will be like: _____

Finally, here is my advice for my grown-up self: _____

Sincerely,



Join aspiring jazz musician Joe Gardner on an unexpected journey
as he explores the question, "WHAT MAKES YOU, YOU?"
Soul is coming soon to theaters.



© 2020 YMI, Inc.



"Soul" Materials © 2020 Disney/Pixar