

Buckle In or Get Out?



PART 1: UNDERSTANDING THE FACTS ABOUT DRUNK AND DRUGGED DRIVING

You know that it's illegal for young people under 21 to drink in the U.S. And you know it's illegal to drink and drive. What else do you know about drunk and drugged driving? Test your driving safety smarts with this quiz.

1. Drugged driving refers to driving under the influence of _____.
a. illegal drugs b. prescription drugs
c. over-the-counter drugs d. all of the above
2. Nearly _____ people die each day in drunk driving crashes in the U.S.
a. 3 b. 30 c. 300 d. 3,000
3. Zero tolerance laws on drunk driving mean that drivers under age 21 can face criminal charges for having alcohol in their system.
a. True b. False
4. In 2016, approximately _____ teen drivers involved in fatal crashes had been drinking.
a. 1 out of 5 b. 1 out of 10
c. 1 out of 20 d. 1 out of 30
5. Consequences for drunk or drugged driving can include:
a. loss of license b. fines
c. jail time d. all of the above

PART 2: PLAN AHEAD FOR A SAFE RIDE

Although it's illegal for teens to drink, you may find yourself in situations involving alcohol or drugs. You know it's not safe to drive or get in the car with a driver who has been drinking or is under the influence of drugs. Practicing how you would respond in these situations can help you be safe. Read each scenario below. What's the safe choice?

- Your friend's sister is picking up you and your friend after basketball practice. When you open the door, the car smells like marijuana. What do you do?
- You have a nasty cold. You took over-the-counter cold medicine and you feel groggy. You are supposed to drive yourself and your friend to school today. What do you do?
- A friend you just met is giving you a ride to and from a party. At the party, she drinks alcohol. It's time to leave. What do you do?

SAFETY TIPS!

Alcohol, some prescription and over-the-counter medicines, and illegal drugs can interfere with the brain's ability to function properly. Be safe! Refrain from drinking and using illegal drugs. Know the side-effects of prescription and over-the-counter medications that may make you drowsy.

If you've been drinking or have taken drugs, the answer is easy — don't drive!

If your friend or sibling is driving and appears drunk or drugged, don't get in the car.

- Tell them not to drive. Carefully take the keys.
- Tell them you're not comfortable getting in the car.
- Remind them of the consequences of drunk and drugged driving.
- Offer to drive if that's an option and you have not been drinking and have not taken any drugs.
- Call a parent or sibling for a ride.
- Call a taxi or rideshare.

Remember — It's about your safety!