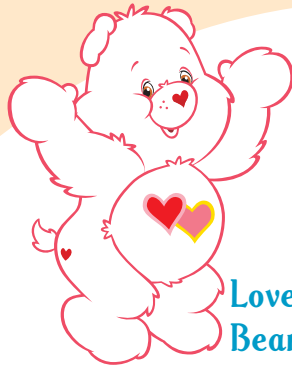


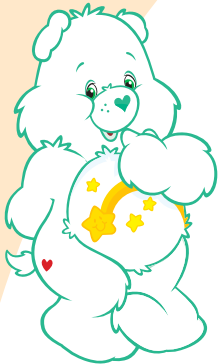
# If I Were a Care Bear...



Love-a-lot  
Bear

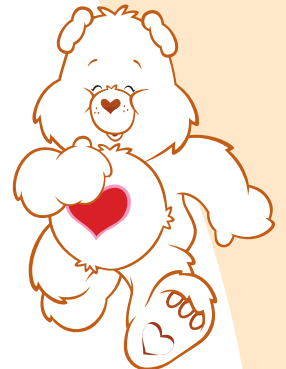


Cheer Bear

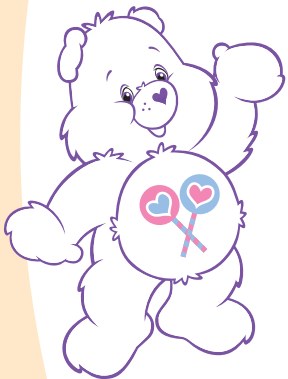


Wish Bear

If I were a Care Bear, what would I do?  
Would I be like Wish Bear and help dreams come true?  
Would I be like Friend Bear, so loyal and true?  
If I were a Care Bear, what would I do?



Tenderheart Bear



Share Bear



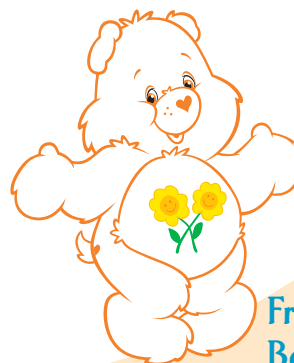
Good Luck Bear



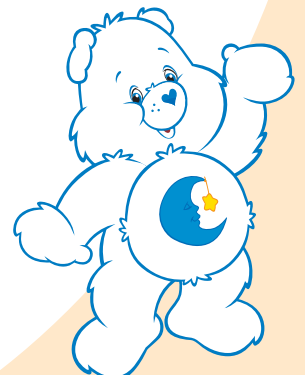
Grumpy Bear



Funshine  
Bear



Friend  
Bear



Bedtime Bear



# C is for Caring... and Counting, Too!

Activity

## 2

Reproducible Master

The Care Bears are here to tell us about  
Numbers and letters without a doubt.  
They help us try each day to share  
And help us learn as well, to care!



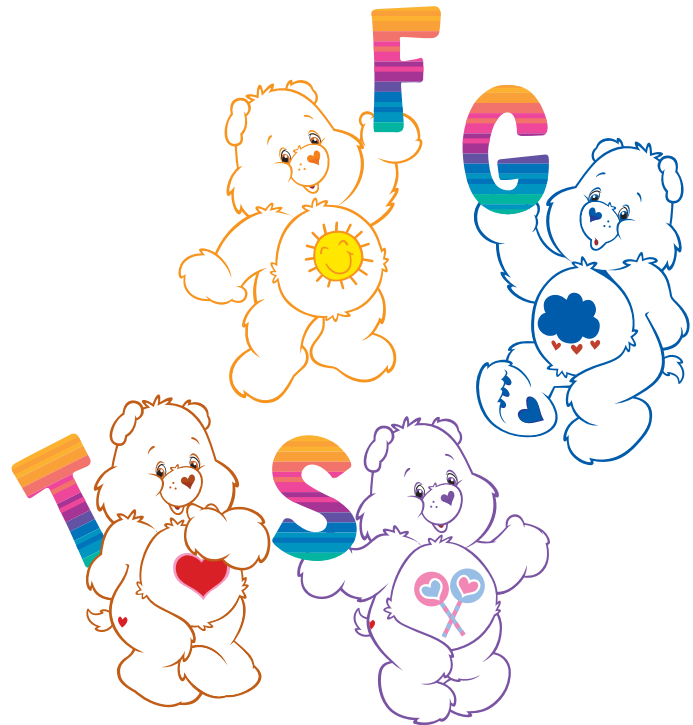
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



Activity

3

Reproducible Master

National Care Week is a  
time to show how much we care.  
Join the Care Bears on  
the Caring Team!



# I'm On the Care Bears Caring Team!

animals



people



nature



## Dear Parent,

**A**s the parent of a preschooler, you may remember the Care Bears from your own childhood. They are truly special characters, each with his or her very own personality.

The 10 Care Bears, which include characters such as Tenderheart Bear, Cheer Bear, Friend Bear—and even Grumpy Bear—make it easy for children to think about and understand their own emotions. And, their message about caring and sharing may be even more relevant in today's complex world than it was 20 years ago, when the Care Bears were introduced.

November 9-15, 2003, has been designated as National Care Week—a time to celebrate the importance of caring and sharing. As part of our celebration at school to kick off National Care Week, we are introducing several learning activities that involve the Care Bears. We are talking about the ways we can show others that we care—sharing, being a good friend, and being kind, sensitive and supportive of others.

To make National Care Week an even more meaningful learning experience, your child's class has chosen an activity that they would like to do together, with your help, so that they can begin to develop a lifelong habit of caring. The activity is listed on the *Committed to Caring Certificate* on the other side of this sheet. You can make it "official" by helping your child decorate the certificate. Then, have fun with your child doing this activity!

When you have completed the activity, give yourselves a pat on the back—color in the gold star in the bottom corner of the certificate! Then, encourage your child to continue caring and sharing. Find a volunteer activity that you can get involved in together and do something to show that your family cares! Local churches and service organizations, for example, may have projects you can do. Each time your child does an "act of caring," list it in the space at the side of the certificate and color in another star. Here are some ideas:

- ★ Have your child make get-well cards for sick children in the hospital.
- ★ Donate toys your child has outgrown to children who don't have any to play with.
- ★ Recycle soda cans from home or school, and donate the money to a good cause.
- ★ Get pledges for a trike-a-thon and see how many laps of the playground your child can ride—then donate the pledge money to a favorite charity.

We've also listed a few Web sites below that contain helpful hints and project ideas. We hope you will take advantage of this National Care Week celebration to participate as a family in year-round caring and sharing activities.

## Resource List

- ★ **Official Web Site of the Care Bears: [www.Care-Bears.com](http://www.Care-Bears.com)**
- ★ ZOOM Into Action Family Guide to Volunteering  
<http://pbskids.org/zoom/too/action>
- ★ Family Cares: <http://www.familycares.org>
- ★ Volunteer Center National Network  
[http://www.volunteerconnections.org/VCP\\_volunteercentermap.cfm](http://www.volunteerconnections.org/VCP_volunteercentermap.cfm)

# OUR FAMILY IS COMMITTED TO CARING

As part of the  
National Care Week  
celebration,  
our family will:

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## My Acts of Kindness Checklist

- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_
- ★ \_\_\_\_\_

The Care Bears Care  
and We Care, Too!