## Do you gamble? You do, if you...

- bet on who will make the first shot in a basketball game.
- join a betting pool on pro football or even bet on your high school's players.
- play poker with your friends for money—even if it's only for pennies.
- bet on who will win a video game.
- bet on who a classmate is going to go out with.
- buy a lottery ticket.
- bet on who's going to get the highest grade on a test.
- bet on who's going to get the lead in the high school play.

Because you are below the legal age to gamble, any type of gambling activity for money is illegal.

## What should I know about gambling?

- Talk to your parents about gambling, even if you feel you may not have a problem.
- Have a conversation with your parents if you have any of the signs of a problem with gambling—withdrawal from friends and family, depression, anxiety, or changes in behavior.
- With your parents' help, see a professional to find out if there are psychological reasons for your gambling, such as being depressed.

## Do you know the odds? Let's look at the lottery:

• If you buy a lottery ticket that has a pool of 48 numbers, the probability of selecting the winning combination is 1 in 12,271,512. In other words, you have one chance in about 12.3 million of winning this lottery. You also are 99.9999185% likely to lose.

 Gambling of any kind is a game of odds. By design, the odds are always in favor of "the house," not you.







IF YOU OR SOMEONE YOU KNOW HAS A PROBLEM WITH GAMBLING, YOU CAN CALL THE NATIONAL PROBLEM **GAMBLING HELPLINE AT 1-800-522-4700.**