



LOONEY  
TUNES



TURN the  
SPOTLIGHT on  
FOOD and FUN

## Dear Parent or Guardian:

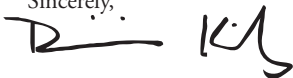
Once again, the Looney Tunes gang is helping your child learn that eating better and staying active is fun and good for you.

In class, your child has been participating in the **Looney Tunes Eating Right Kids Tune-Up** sponsored by **Eating Right Kids™** and the curriculum specialists at Young Minds Inspired. The program helps your child learn about the importance of a balanced diet and how to make smart food choices.

The **Eating Right Kids** line of nutritious foods and beverages, now available at your local supermarket, features the Looney Tunes cartoon characters as well as large colored “spots” that point out dietary benefits for children. See page 4 of this booklet for more information about **Eating Right Kids** products.

Have fun doing these activities as you focus on healthful food choices. And remember to SPOT the Looney Tunes gang on nutritious **Eating Right Kids** foods!

Sincerely,



A handwritten signature in black ink, appearing to read 'DK' followed by a stylized flourish.

Dr. Dominic Kinsley, Editor in Chief  
Young Minds Inspired



SAFeway  VONS  Dominick's  GENUARDIS 

Randalls 

Tom Thumb 

PAVILIONS 

CARRS | SAFeway 

# The Looney Tunes Tune-Up Pledge

The USDA *MyPyramid for Kids* reminds us to be physically active and to eat nutritious foods. Fill in the spaces below as you make healthy choices.



**Be physically active every day**

My favorite activities are:

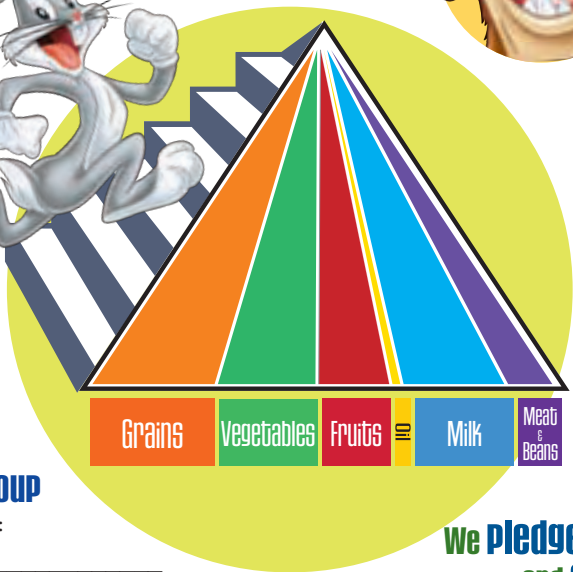
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**Choose healthy foods from each group**

My favorite healthy choices are:

**Meat & Beans** \_\_\_\_\_

**Milk** \_\_\_\_\_

**Grains** \_\_\_\_\_

**Fruits** \_\_\_\_\_

**Veggies** \_\_\_\_\_



**Choose food from every food group every day**

My healthy menu choices for one day would be:

**Breakfast**

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**Lunch**

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**Dinner**

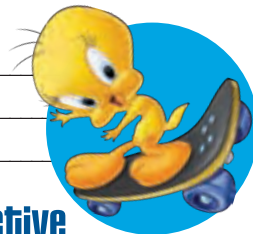
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**We pledge to be physically active and eat healthy every day.**

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*(sign your names here)*



# SEEING SPOTS IS GOOD FOR YOU!

The **Eating Right Kids** products deliver an array of dietary benefits for children. Each benefit is distinctively color-coded so it's easy for parents and kids to select the better-for-you products they need. Find them in your local supermarket.



omega-3

high in  
fiber

fat  
free

low  
fat

made with  
whole wheat

made with  
multigrains

high in  
protein

vitamins

made with  
whole grain

