



SMART STEPS



Practice these steps twice a day, every day, for SMART STEPS to a healthy smile.



Brush two times a day. Use a soft kid-sized toothbrush like REACH® WONDER GRIP®.



Floss...



Floss in between teeth to clean areas your toothbrush can't reach.



Rinse with an anti-cavity fluoride rinse like LISTERINE® SMART RINSE® to help prevent cavities, strengthen teeth and remove particles brushing may miss.

