

WHAT IS BULLYING?

The new film **BULLY** presents the powerful, true story of five students who were bullied daily, and sometimes even hourly. As you'll see in the film, bullying results in serious, life-threatening consequences. No matter what form bullying takes, every incident is serious.

Bullying occurs when an individual or a group repeatedly harms another person. It can be physical—punching, pushing, tripping; verbal—teasing, name-calling, making threats; or social—ostracizing or spreading rumors. Sometimes bullying is public and clearly visible. Other times—when the bully uses the Internet or a cell phone—it is not.

What is your experience with bullying? It may be painful or embarrassing to think about, but to stop bullying we all have to start talking about it. Get started by answering the following questions. Be prepared to share your thoughts in a class discussion. If you need more space for your responses, use the back of this paper.

Have you ever been a bully? Yes No

If your answer is yes, what did you do? _____

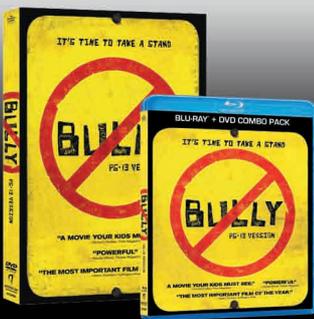
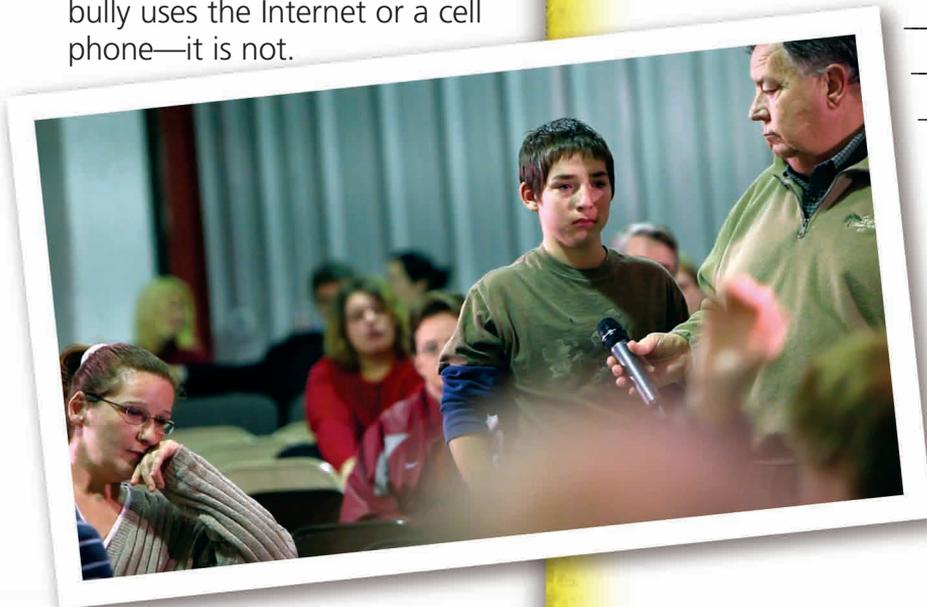
Have you ever been bullied or do you know someone who has been bullied? Yes No

If your answer is yes, briefly describe what happened.

If you were either a bully or the victim of bullying, how did it make you feel?

Why do you think it is so hard for victims and onlookers alike to stand up to bullies?

At the end of the film **BULLY**, the statement "Everything starts with one" appears on the screen. What do you think that statement means as it relates to bullying?



Look for **BULLY** on Blu-Ray™ and DVD in a store near you on February 12, 2013. To learn more about what you can do to combat bullying, go to www.THEBULLYPROJECT.com

