

Help Is Here When You KNOW Hunger



Are you experiencing the problem of hunger? Here's where you can find help.

Government Programs/Agencies

- **The Emergency Food Assistance Program (TEFAP)** – www.fns.usda.gov/fdd/programs/tefap
- **Women, Infants, and Children (WIC)** – www.fns.usda.gov/wic
- **Supplemental Nutrition Assistance Program (SNAP)** – www.fns.usda.gov/snap

State and Local:

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Faith-Based Programs

- **MAZON: A Jewish Response to Hunger** – www.mazon.org
- **Catholic Charities** – www.catholiccharitiesusa.org

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Community-Based Organizations

- **The Salvation Army** – www.salvationarmyusa.org

Local Contact _____

- **The American Red Cross** – www.redcross.org

Local Contact _____

- **Meals on Wheels** – www.mowaa.org

Local Contact _____

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National Organizations

- **Share Our Strength** – www.nokidhungry.org
- **Lift Up America** – www.liftupamerica.org
- **Feeding America** – www.feedingamerica.org

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Add your name to this list. Contact one or more of these local organizations to join the fight against hunger in your community.

The people at Tyson Foods, Inc.—one of the world's largest food companies and the maker of Tyson® Chicken Nuggets and the Show Us Your Nugget Face program—have been leaders in fighting hunger in America for more than a decade. They have provided this handout and the other material your librarian has made available to you as part of their **KNOW Hunger** campaign.



Show Us Your Nugget Face! with Tyson® Chicken Nuggets

For more information about fighting hunger in your community, visit the Tyson KNOW Hunger website at www.tysonhungerrelief.com

