

Join the Fight and KNOW Hunger



For more than a decade, the people at Tyson Foods—one of the world's largest food companies and the maker of *Tyson*® Chicken Nuggets and the Show Us Your Nugget Face program—have been leaders in the fight against hunger in America.

In fact, since 2000, Tyson Foods, Inc. has donated 85 million pounds of much-needed protein to hundreds of food banks, food pantries, and relief agencies in 48 states.

Now, Tyson Foods wants to make sure you **KNOW Hunger** so you can help solve the problem of hunger in America, and in your own community.

Check Out the Facts about Hunger

First, take this quick true/false quiz. The questions are based on the findings of a recent national survey that Tyson Foods sponsored in cooperation with the Food Research and Action Council. Circle your answers, then check the facts at the bottom of this sheet.

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| <p>T F 1. Nearly one in four Americans worries about not having enough money to put food on the table at some point in the next year.</p> <p>T F 2. While most Americans view hunger as a significant national problem, many don't believe it is a problem in their own community.</p> | <p>T F 3. More than one in three Americans has a direct, personal connection to hunger.</p> <p>T F 4. Most Americans view hunger as a combination of not having enough to eat and not having the right foods to eat.</p> <p>T F 5. Most Americans think there are many effective ways to combat hunger.</p> |
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Get Involved

There are lots of ways you can fight hunger in your community. Here are just a few:

- Volunteer at a community food pantry.
- Organize a church or neighborhood food drive.
- Plant a community garden and donate what you grow to a food bank.
- Plan a PTA bake sale; donate the proceeds to a community anti-hunger campaign.
- Become a hunger advocate. Lobby local elected officials and community leaders to provide support for anti-hunger programs.

Answers

1. *True* Americans everywhere—nearly equal proportions in urban, suburban, and rural areas—say they are worried about providing food for their families.

2. *True* Two-thirds of survey respondents said hunger is a worse problem at the national level than it is in their own communities.

3. *True* More than 35% of survey respondents said they personally know someone who has experienced the problem of hunger during the past year.

4. *True* When Americans think of people dealing with hunger, 65% think the issue is a combination of the two factors.

5. *True* Most Americans believe that a variety of anti-hunger efforts—government, nonprofit, private sector, and community-based—can be effective.



Show Us Your Nugget Face! with Tyson® Chicken Nuggets

For more information about fighting hunger in your community, visit the Tyson **KNOW Hunger** website at www.tysonhungerrelief.com

