

Water Every Day

A Health Education Program for Grade 2

NATIONAL HEALTH STANDARDS ALIGNMENT

The following align with all program components, Activities 1-3, and the poster:

- **Standard 1**

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1.2.1 Identify that healthy behaviors impact personal health.

- **Standard 5**

Students will demonstrate the ability to use decision-making skills to enhance health.

5.2.1 Identify situations when a health-related decision is needed.

- **Standard 6**

Students will demonstrate the ability to use goal-setting skills to enhance health.

6.2.1 Identify a short-term personal health goal and take action toward achieving the goal.

- **Standard 7**

Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

7.2.1 Demonstrate healthy practices and behaviors to maintain or improve personal health.

COMMON CORE STANDARDS ALIGNMENT

Activity

1

Staying Hydrated

LANGUAGE

- **Knowledge of Language**

CCSS.ELA-Literacy.L.2.3 Use knowledge of language and its conventions when speaking, reading or listening.

- **Vocabulary Acquisition and Use**

CCSS.ELA-Literacy.L.2.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 2 reading and content, choosing flexibly from an array of strategies.

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CCSS.ELA-Literacy.2.4e Use glossaries and beginning dictionaries, both print and digital, to determine or clarify the meaning of words and phrases.

SPEAKING AND LISTENING

- **Comprehension and Collaboration**

CCSS.ELA-Literacy.SL.2.1 Participate in collaborative conversations with diverse partners on grade 2 topics and texts with peers and adults in small and larger groups.

CCSS.ELA-Literacy.SL.2.1a Follow agreed-upon rules for discussions (e.g., gaining the floor in respectful ways, listening to others with care, speaking one at a

time about the topics and texts under discussion).

CCSS.ELA-Literacy.SL.2.1b Build on others' talk in conversations by linking their comments to the remarks of others.

- **Presentation of Knowledge and Ideas**

CCSS.ELA-Literacy.SL.2.4 Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.

READING: Foundational Skills

- **Fluency**

CCSS.ELA-Literacy.RF.2.4 Read with sufficient accuracy and fluency to support comprehension.

WRITING

- **Research to Build and Present Knowledge**

CCSS.ELA-Literacy.W.2.8 Recall information from experiences or gather information from provided sources to answer a question.

Activity

2

Why We Need Water

LANGUAGE

- **Knowledge of Language**

CCSS.ELA-Literacy.L.2.3 Use knowledge of language and its conventions when speaking, reading or listening.

- **Vocabulary Acquisition and Use**

CCSS-ELA-Literacy.L.2.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 2 reading and content, choosing flexibly from an array of strategies.

CCSS.ELA-Literacy.L.2.4a Use sentence-level context as clue to the meaning of a word or phrase.

READING: Foundational Skills

- **Phonics and Word Recognition**

CCSS.ELA-Literacy.RF2.3 Know and apply grade-level phonics and word analysis skills in decoding words.

- **Fluency**

CCSS.ELA-Literacy.RF2.4 Read with sufficient accuracy and fluency to support comprehension.

READING: Informational Text

- **Key Ideas and Details**

CCSS.ELA-Literacy.RI2.3 Describe the connection between a series of historical events, scientific ideas or concepts, or steps in technical procedures of a text.

- **Integration of Knowledge and Ideas**

CCSS.ELA-Literacy.RI2.7 Explain how specific images (e.g., a diagram) contribute to and clarify a text.

WRITING

- **Research to Build and Present Knowledge**

CCSS.ELA-Literacy.W.2.8 Recall information from experiences or gather information from provided sources to answer a question.



When Do You Drink Water?

LANGUAGE

- **Knowledge of Language**

CCSS-ELA-Literacy.L.2.3 Use knowledge of language and its conventions when speaking, reading or listening.

READING: Foundational Skills

- **Fluency**

CCSS.ELA-Literacy.RF2.4 Read with sufficient accuracy and fluency to support comprehension.

READING: Informational Text

- **Key Ideas and Details**

CCSS.ELA-Literacy.RI.2.3 Describe the connection between a series of historical events, scientific ideas or concepts, or steps in technical procedures in a text.

WRITING

- **Research to Build and Present Knowledge**

CCSS.ELA-Literacy.W.2.8 Recall information from

experiences or gather information from provided sources to answer a question.

SPEAKING AND LISTENING

- **Comprehension and Collaboration**

CCSS.ELA-Literacy.SL2.1 Participate in collaborative conversations with diverse partners on grade 2 topics and texts with peers and adults in small and larger groups.

- **Presentation of Knowledge and Ideas**

CCSS.ELA-Literacy.SL2.4 Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.



Water Every Day!

LANGUAGE

- **Knowledge of Language**

CCSS-ELA-Literacy.L.2.3 Use knowledge of language and its conventions when speaking, reading or listening.

- **Comprehension and Collaboration**

CCSS.ELA-Literacy.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.

READING: Foundational Skills

- **Phonics and Word Recognition**

CCSS.ELA-Literacy.RF2.3 Know and apply grade-level phonics and word analysis skills in decoding words.

- **Fluency**

CCSS.ELA-Literacy.RF2.4 Read with sufficient accuracy and fluency to support comprehension.

READING: Informational Text

- **Key Ideas and Details**

CCSS.ELA-Literacy.RI2.1 Ask and answer such questions as who, what, where, when, why and how to demonstrate understanding of key details in a text.

CCSS.ELA-Literacy.RI2.3 Describe the connection between a series of historical events, scientific ideas or concepts, or steps in technical procedures of a text.

- **Integration of Knowledge and Ideas**

CCSS.ELA-Literacy.RI.2.7 Explain how specific images contribute to and clarify a text.

SPEAKING AND LISTENING

- **Comprehension and Collaboration**

CCSS.ELA-Literacy.SL2.1 Participate in collaborative conversations with diverse partners on grade 2 topics and texts with peers and adults in small and larger groups.