



Keep your child safe.

More than **60,000** young children end up in emergency departments every year because they got into medicines while their parent or caregiver was not looking.

Always put **every** medicine and vitamin up and away **every** time you use it. Also, program the Poison Help number into your phone: 1.800.222.1222.

To learn more, visit UpandAway.org

Put your medicines
up AND away
and out of sight



In partnership with the Centers for
Disease Control and Prevention (CDC)

Parents: Call the Poison Help number toll-free at **1-800-222-1222** anytime your child accidentally ingests any substance that could be harmful, including prescription medicines, over-the-counter remedies, and vitamins or other dietary supplements.