**Activity One** Reproducible Master

# eadLice Facts from



LICE ADULT

10 days after

hatching, the adult

begins to reproduce

and will lay anywhere

from 50 to 150 eggs

over the next 28 days.

Hi! I'm Max. And I know a lot about head lice—insects that live in people's hair.

Head lice are almost always spread through direct head-to-head contact from someone who has lice. This includes contact such as sharing a bed or playing together.

If you see just one of these critters, it's called a louse—but one adult louse can lay up to 150 eggs (called nits), and then you've got head lice!

Head lice aren't dangerous, but they make your head itchy as they nibble at your scalp to suck blood. Yuck!

So when you feel extra itchy, always ask the school nurse or a parent to check your head for lice and nits.

## Head Lice Life Cycle



#### LICE EGG

An egg called a "nit" is "alued" to the hair shaft where it stays for 8 to 10 days.



hatches and molts three times over a period of 10 days growing into an adult.

Want to learn more about lice? Take this quick quiz. Mark each guestion True (T) or False (F). Look at the bottom of this sheet to check your answers.

- 1. Head lice are never found on pets or wildlife.
- 2. You can avoid getting head lice if you wash your hair every day.
- 3. Head lice can jump from one person to another.
- 4. Head lice can crawl from one person's head to another when their heads are touching.
- 5. Nits can move around just like adult head lice.
- 6. I can get rid of head lice by washing them out of my hair.

### Dear Parents.

**LiceMD** knows that busy parents don't have time to waste when it comes to dealing with head lice. You need a simple, fast, and effective treatment. LiceMD offers two convenient options to treat and eliminate head lice, both guaranteed. Visit **www.LiceMD.com** to learn more about how to detect lice in your child's hair.



**LiceMD® Complete Kit** comes with everything you need to kill lice and eliminate 100% of their eggs in three easy steps. It includes lice killing gel, a lice comb, non-medicated shampoo, and gloves.



**LiceMD® Pesticide Free** helps you get rid of lice in three easy steps. It is fragrance-free, clear, and nonirritating to the skin and includes a lice comb and synthetic lubricant liquid gel.

Answers: 1. T. Head lice live only on the human scalp. 2. F. Anyone can get head lice, even if you wash your hair every day! 3. F. Head lice do not jump or fly. But they are excellent crawlers! 4.7. Any person with hair on their head can 'catch' head lice by direct head-to-head contact with another person who already has head lice. 5. F. Nits, or lice eggs, cannot move and they can't brush off from one person's head to another. They are cemented onto hairs on your head by an adult female louse. 6. F. Getting rid of head lice requires treatment that can include a special comb and gel or lotion.

