

# STAYING SAFE

In the film, Blake is lucky enough to find a battery-powered phone, two-way radio, and an emergency kit with water and food gels. But she is also well trained to know what she needs and where to find it. How would you fare in her situation? Is your family prepared for an emergency?

Answer the following questions to see how ready you are:

- I know exactly where to go if there is an emergency and I am separated from my family.  
Yes  No
- I carry a written list of emergency phone numbers in case mobile phone service is not available.  
Yes  No
- My family has an emergency kit ready with food and water, first aid supplies, and basic safety equipment like a flashlight, batteries, and a radio.  
Yes  No
- We have a plan for taking care of family members with special needs, such as a pet, elderly grandparent, or infant.  
Yes  No
- We practice our evacuation plan.  
Yes  No

If you answered **YES** to these questions, congratulations! Your family is prepared for an emergency.

If you answered **NO** to any of these questions, it's important that your family takes the time to sit down and develop a plan. Begin by researching the types of emergencies you might face in your area. Then use the outline at right to complete your plan.

Check out the following resources to get started:

- On FEMA's **Ready.gov** site, you can find out about specific natural disasters that might be a concern in your area, learn how to plan for each type of emergency, and sign up for Emergency Alerts.
- The American Red Cross website, "Be Red Cross Ready," at [arcbcr.org](http://arcbcr.org), will walk you step by step through creating a plan and stocking an emergency kit that's customized for your family.

## EMERGENCY PREPAREDNESS PLAN FOR THE [ ] FAMILY

### 1. Emergency Contact Information

This should include home and mobile phone numbers for every member of your family, your physician, emergency contacts, and the local hospital, also, a list of medications and allergies that might be important for rescue personnel to know about. Include contacts for when mobile service is disrupted. For example:

*If mobile phone service is disabled, call Grandma Joan at her office: (999) 876-5432 xt 12. After hours, call Grandpa John at home: (999) 876-1234.*

### 2. Evacuation and Family Link-up Plan

A family link-up plan makes sure that everyone knows exactly where to go in an emergency and how to communicate with the rest of the family. Use the following guide to create a plan for your family. We have filled in an example for you. Be sure to include notes about who will be responsible for any family pets or children at daycare. Once completed, make a copy of your plan for every member of the family and keep one in a safe location at home.

If there is an emergency and we need to leave our house, we will meet at:

The Corner Coffee Shop

If we are evacuated from our town, we will go to:

Grandpa John's House, 123 Apple St., Next Town Over. (999) 876-1234

\_\_\_\_\_ will pick up the kids from school and

\_\_\_\_\_ will get the pets from home.

## FAMILY LINK-UP PLAN

(Use the back of this sheet to complete this chart by adding all affected family members.)

Family Member	Address & phone number of work/school	If at (place), will go to (safe place).
Mom	Work: 55 Poplar St, Suite 5B (000) 123-4567	If at Work, will go to nearest Police Station, 30 Poplar St (000) 123-9876.
		If at Gym, will go Home.

### 3. Put Together an Emergency Kit

Be sure to include enough food and water to survive for three days without access to replenishments; basic first aid such as adhesive bandages and disinfectant; and communications equipment like a battery-operated radio or phone and batteries. Don't forget about medications and specialty items like diapers, wipes, and pet food.

### 4. Practice, Practice, Practice

Once your plan is in place, practice it twice a year to help find and solve any problems, and make sure everyone remembers what to do under pressure. Check your kit regularly and replace any expired medications or equipment that is no longer working.

WHERE WILL YOU BE?

# SAN ANDREAS

[HTTP://SANANDREASMOVIE.COM](http://sanandreasmovie.com)



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