

Dear Educator,

Welcome back! As teachers, you know that it's important for your students to feel comfortable with one another at the beginning of the school year. That's why we're providing you with standards-based activities that support teamwork, provide a fun way for students to learn about each other, and encourage language arts skills at the same time.

Created by Young Minds Inspired (YMI) in cooperation with the makers of Mini Babybel® cheese, the activities are designed to integrate with and enhance your classroom curriculum for students in grades 3-5. We hope that you will share this program with other teachers in your school. The materials are copyrighted, but you may make as many copies as necessary to meet your students' needs.

Please comment online at ymiclassroom.com/mini-babybel. We depend on your feedback to continue providing free educational programs that make a real difference in students' lives.

Sincerely,
Dr. Dominic Kinsley, Editor in Chief
Young Minds Inspired

 is the only company developing free, innovative classroom materials that is owned and directed by award-winning former teachers. Visit us at www.ymiclassroom.com or contact us at 1-800-859.8995.

Target Audience

This program is designed for students in grades 3-5.

Program Components

- Teacher's guide
- Two reproducible student activity sheets
- Reproducible parent take-home info-sheet
- Spanish language activity sheets and parent info-sheet available at ymiclassroom.com/mini-babybel
- Wall poster for classroom display
- A reply card for your comments or comment online at ymiclassroom.com/feedback-mini-babybel

Objectives

- To provide fun language arts activities that encourage students to get acquainted with one another at the beginning of the school year
- To promote the importance of dreaming big
- To teach the farm-to-table story of how cheese is made
- To encourage parents to involve their children in both lunch and snack planning for school and at home

How to Use This Program

Photocopy this teacher's guide, the two activity sheets, and the parent take-home sheet before displaying the poster in your classroom. The activities are designed to be completed during the first weeks of the fall semester.

ACTIVITY 1 Little Package. Big Dreams

In this activity, students will have lots of fun learning that you don't have to be a big cheese to have big dreams as they work with a classmate to complete a fill-in-the-blank word game using specific parts of speech. This is a good activity for the start of the school year because it encourages students to work together and celebrate their own big dreams, and allows you to evaluate basic grammar skills.

To begin, encourage each child to share his or her interests, talents, and related dreams. Point out that each person in the classroom is unique, and together they will each contribute to the classroom team in a different, positive way throughout the course of the school year. Then, pair up the students and have them complete the word game activity on the worksheet. Finally, ask them to share their results and big dreams with the class.

At-Home Extension Activity: Have students take home their activity sheets and share their big dreams with their parents. Tell them to ask their parent or parents what their dreams are — parents can dream big, too!

ACTIVITY 2 How Cheese is Made

In this activity, students learn the farm-to-table story of how cheese is made. First, ask students to brainstorm how they think cheese gets to their plate. Then tell students that they're going to see illustrations of the cheese-making process, but that they're going to have to do some research to fill in the blanks to complete the captions. Conclude by asking students to do research to find out what makes one kind of cheese different from another. **Answers:** 1. dairy; 2. bacteria; 3. rennet; 4. whey, curds; 5. salt; 6. molds.

At-Home Extension Activity: Have students go home and find out how many different varieties of cheese they have in their house. Use the information to create a bar graph showing which types of cheese are the class family favorites.

PARENT TAKE-HOME Snacking for the Whole Family

This take-home sheet encourages parents to provide convenient, delicious snacks like Mini Babybel cheeses as a way to help their children fuel-up for school. Have copies available for your parent-teacher conference night.



CLASSROOM POSTER The World of Cheese

This poster shows the country of origin of a variety of cheeses. Be sure to tell students that while these cheeses were originally produced in the countries indicated, many now are made all over the world. Challenge students to match each cheese to its country of origin. Then have students find out about each country's history, climate, and resources, including why these areas are particularly good places to produce cheese.

Resources

- Mini-Babybel.com
- Mini-Babybel Big Dreamers Contest: [Facebook.com/BabybelUS](https://www.facebook.com/BabybelUS)
- ymiclassroom.com



Did you ever hear the saying, *big things come in small packages*?

Here's a story about someone your age who found out how big things can come in small packages. Work with a partner to complete the story. Have one person ask the other for the correct part of speech to fill in each blank, but don't read the sentences! When you're done, you'll find out how Derek is inspired to dream big.

Derek walked _____ home from school, his head down and his _____ slumped. Basketball tryouts were tonight, and at just 5 feet 3 inches tall, he didn't think he stood a chance of _____ ing the team. He entered his _____ and went straight to the _____, where his mother had prepared a _____ snack for him.



"You'll be great!" his mom said confidently, _____ ing him on his back.

Derek stared at the delicious _____, red cherry tomatoes, and cheese she had placed on his _____.



"You know," said his mother, "you may be small, but you pack a large _____. Remember how easily you steal the ball from the taller guys on the team? Being a little closer to the ground helps you do that."

Then Derek thought about Muggsy Bogues, who made a name for himself as the smallest player in NBA history. Muggsy was the same height as Derek. Why couldn't Derek make a name for himself, too? Derek finished up his _____, tomatoes, and crackers, drained his glass of _____ milk, and _____ up from the table, and started on his dream of becoming a _____.



He was ready for tryouts!

Attention Parents!

Your child learned today that big things can come in small packages and although they might be little, kids can dream big! We encourage you to vote for your family's favorite finalist in the exciting *Babybel's Big Dreamers Contest* and get a chance to win a year's supply of Mini Babybel cheese! For more information, visit our Facebook page at www.facebook.com/BabybelUS. Vote any time from September 7-25, 2015. No purchase required.

Go to the Mini Babybel Facebook page to vote and dream big!

Mini Babybel® cheese is a small package with huge flavor! Each fun, portable package is loaded with great-tasting, 100% natural cheese and is a good source of calcium and protein.*



From lunchboxes to lounging on the couch, to on-the-go adventures, it's the perfect, 100% natural cheese for everyone in the family.

*See nutrition information for fat and saturated fat content.

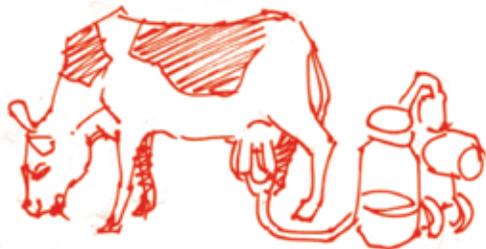
How Cheese is Made

Did you ever wonder how cheese gets from the farm to your refrigerator? These pictures tell the story, but there are some words missing from the captions. See if you can fill in the blanks using the words in the word bank.

Word Bank

bacteria curds dairy molds rennet salt whey

1.



The _____ farmer milks the cows.

2.



Cheesemakers warm the milk and add _____ to make it turn sour and thick.

3.



Cheesemakers add _____, which makes the mixture separate into bits called **curds** and liquid called **whey**.

4.



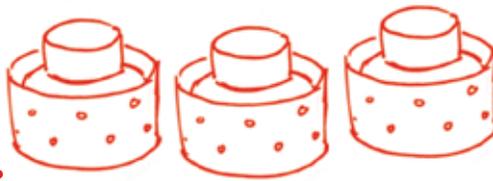
Cheesemakers drain off the _____, leaving the _____ ready for the next step.

5.

Cheesemakers add _____ to add flavor and to act as a preservative so the cheese does not spoil.



6.



The curds are pressed into _____ and stored until the cheese is ripe. Then it's off to the supermarket for you to enjoy!



Attention Parents!



Today your child learned how cheese is made and that there are many kinds of cheeses. In fact, Mini Babybel® cheese comes in seven great varieties. Check out the Mini Babybel® cheese website at mini-babybel.com/snacks to get ideas for fun, easy-to-eat snacks that everyone in the family will enjoy.



Dear Parents, It's back-to-school time, and you know how important it is for kids to have a good snack during the day. Help your child succeed in school this year by showing him or her how to make smart snacking choices — and encourage the same with the rest of your family!

Mini Babybel® cheese is the perfect snack in the perfect package: it's playfully portable, fun to unwrap, and each wheel provides a good source of protein and calcium.* The distinctive red wax keeps the cheese fresh and delicious, and every Mini Babybel cheese product is made with 100% real cow's milk.

In school, your child learned how cheese is made. Now share this activity at home to learn about some different types of Mini Babybel cheeses. Unscramble the letters to figure out the seven varieties of Mini Babybel cheese. (Answers are at the bottom.)

1. original y m e a r c _____
2. g h l i t _____
3. z z r l l e a a m o _____ style
4. o G u d a _____
5. e t i h w d r d a e h c _____ variety
6. h d a r d c e _____ variety
7. h a r p s _____ original

Put Mini Babybel cheese into your child's lunchbox, toss one to each member of the team after a game, or pack it for a quick snack during a family road trip — however you serve it, Mini Babybel cheese is sure to please!

Learn more at: Mini-Babybel.com

Join the conversation at: www.facebook.com/BabybelUS

and at twitter.com/Babybel

*See nutrition information for fat and saturated fat content.

Answers: 1. original creamy; 2. light; 3. mozzarella; 4. Gouda; 5. white cheddar; 6. cheddar; 7. sharp





WORLD of CHEESE



Match each cheese to its country of origin.
(Hint: Some countries have two cheeses.)



England



Italy



Netherlands



Wisconsin
(USA)



France



Greece



Switzerland



Gruyere



Feta



Edam



Mozzarella



Brie



Colby



Gouda



Parmesan



Munster



Cheddar

Answers: England: Cheddar; France: Brie; Italy: Parmesan; Netherlands: Gouda, Edam; Greece: Feta; Switzerland: Gruyere; Wisconsin (USA): Colby; Netherlands: Mozzarella; France: Brie; Italy: Parmesan; Greece: Feta; Netherlands: Gouda, Edam; Italy: Mozzarella; Switzerland: Gruyere; Wisconsin (USA): Colby

Source: www.cheese.com

