



Best to Know

Take this quiz to check what you've learned about meningococcal disease and how to get protected against meningitis B. Write T for true or F for false. Then take this sheet home, fold back your answers, and have a parent take the quiz, so they can be informed about this serious health risk. Talk about how meningitis B could affect your family and discuss your options and plans to be vaccinated against it.

My Answers

- _____ 1. Meningococcal disease like meningitis B is transmitted through indirect contact, like sitting at a desk after an infected person has sat there.
- _____ 2. Students who live in close quarters like college dormitories or summer camps are at a higher risk of contracting meningococcal disease.
- _____ 3. "Carriers" of a contagious illness will always have symptoms.
- _____ 4. Early symptoms of meningococcal disease resemble the flu and include stiff neck, drowsiness, fever, headache, and confusion.
- _____ 5. Prior to 2014, high school students and college freshmen in the U.S. could not be vaccinated for meningitis B.
- _____ 6. Since 2014, there are vaccines in the U.S. that can help protect against the bacteria that cause meningitis B.
- _____ 7. Meningococcal disease can cause death within 24 hours.
- _____ 8. The vaccines that help protect against meningitis B are administered as a single dose separately from the vaccines that help protect against the other common types of meningococcal disease.
- _____ 9. When it is caught early, meningococcal disease can often be treated effectively with antibiotics.
- _____ 10. About 20% of adolescents who survive meningococcal disease suffer permanent physical and mental disabilities such as brain damage, vision loss, and amputations.

Parent Answers

- 1. T F
- 2. T F
- 3. T F
- 4. T F
- 5. T F
- 6. T F
- 7. T F
- 8. T F
- 9. T F
- 10. T F

Check with your doctor about getting vaccinated against meningitis B — the strain of meningococcal disease that pre-2014 vaccines in the U.S. could not help prevent.