

e-cig Bibi
Water pipe
Smokeless tobacco Snus
Chewing tobacco

Cigarette
Spit tobacco
Dissolvable tobacco

Vape Pen e-hookah

Cigar

Hookah
Kretek



Addiction to nicotine
Respiratory illness
More frequent headaches
Hearing loss
Worse overall health
Infertility
Tooth loss
Gum disease
Worse cold and flu symptoms
Poor lung growth and function
Gasping
Increased phlegm (mucus)
Vision problems that can lead to blindness
Blood vessel disease that can lead to heart attacks or stroke
Cancer of the lung, esophagus, mouth, throat, kidney, bladder, stomach, liver, pancreas, colon...
Coughing
Shortness of breath
Emphysema
Impotence
Wheezing

**Is It
Worth
It?**

YOU DECIDE.