

# We All Dance to the Same Beat!

Get ready to shimmy and shake tonight! Gather your family and tune in for **Hairspray LIVE!** at 8/7c on NBC. Add to the fun with these family viewing activities.

## Get in the Groove

Use these lyrics to sing along with some of the hit songs of **Hairspray LIVE!** Then, after the show, use the Theme List to see if you and your family can match each song to the theme it represents.

### 1. Welcome to the 60's

So let go, go, go of the past now  
Say hello to the love in your heart  
Yes, I know that the world's spinning fast now  
You gotta get yourself a brand new start  
Hey mama, welcome to the Sixties

### 2. Mama, I'm A Big Girl Now

Once upon a time when I was just a kid  
You never let me do just what the older kids did  
But lose that laundry list of what you won't allow  
'Cause mama, I'm a big girl now

### 3. Big, Blonde, And Beautiful

Once upon a time  
Girl I was just like you  
Never let my extra large  
Largesse shine through  
Then one day my grandma  
Who was big and stout  
She said you gotta love yourself  
From inside out

### 4. I Know Where I've Been

There's a dream in the future  
There's a struggle, that we have yet to win  
And there's pride in my heart  
'Cause I know where I'm going  
And I know where I've been

### 5. You Can't Stop The Beat

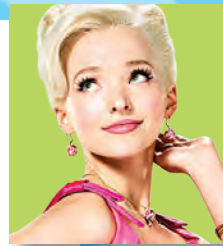
Cause you can't stop the motion of the ocean,  
or the rain from above  
You can try to stop the paradise we're  
dreamin' of  
But you cannot stop the rhythm of two  
hearts in love to stay  
Cause you can't stop the beat!



You can't stop the beat!



WEDNESDAY DEC 7 • 8/7c NBC



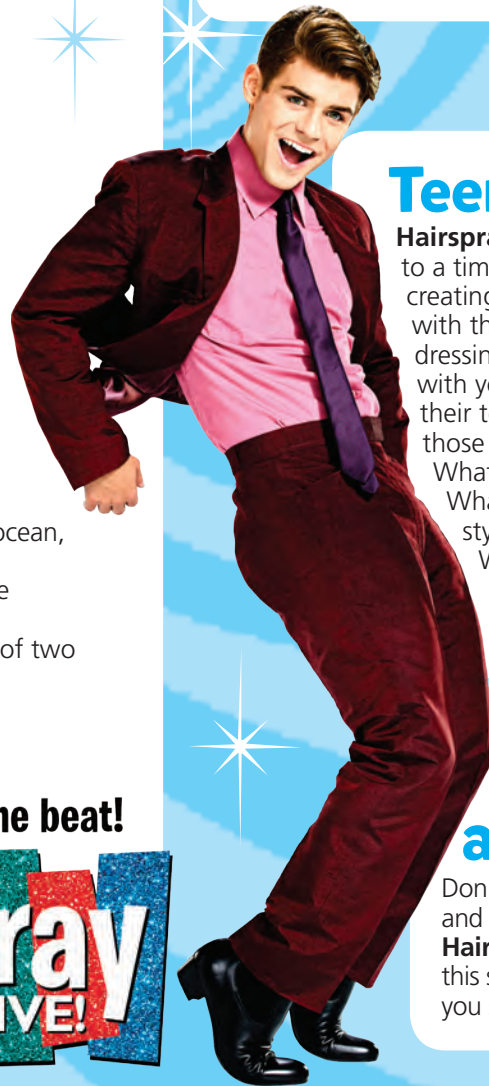
## Theme List

Write the song number next to the theme it best represents.

- \_\_\_ A. Independence
- \_\_\_ B. Self-acceptance
- \_\_\_ C. Embracing change
- \_\_\_ D. Perseverance
- \_\_\_ E. Racial equality



Now think about which theme from **Hairspray LIVE!** is embodied by a historical figure, celebrity, family member, or some other role model whom you admire. Write a paragraph on the back of this sheet describing how this person exemplifies the theme.



## Teens Forever!

**Hairspray LIVE!** takes us back to a time when teenagers were creating a culture of their own, with their own ways of talking, dressing, and having fun. Talk with your parents about how their teen years compared with those of the kids in the show. What was their favorite music? What were the popular hair styles, fashions, and dances? What were some social issues they cared about? Take notes to share what you learn in class.

## Shimmy and Shake!

Don't just sit there! Get up and dance with your family to **Hairspray LIVE!** Use the back of this sheet to list the 60's dances you see performed in the show.

