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Reproducible Master

# We Are Breakfast All-Stars!



**Congratulations** on taking part in the National Nutrition Month All-Star Challenge! Each time you eat breakfast in the classroom this week, color in one point of the star below. At the end of the week, draw a picture of your favorite breakfast in the middle. When your star is complete, cut it out and post it on the Breakfast All-Stars display in class.

Name \_\_\_\_\_



Did you know that students who eat breakfast every day remember more of what they learn? And they do better in math and science?



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