



Dear Educator,

Preschoolers live in a world of wonder. They love to explore, create, and imagine. One minute a preschooler might imagine themselves a warrior; the next, an explorer – or maybe, both at the same time!

Give your preschoolers a role model they can relate to and admire by introducing them to **Nella the Princess Knight!** This animated series is different from other shows that focus on social-emotional growth and relationship development because each episode empowers preschoolers to be courageous and kind, self-confident, collaborative, and accepting of others, all while celebrating diversity and teaching conflict resolution.

The activities in this kit, created by the curriculum experts at Young Minds Inspired (YMI) in cooperation with Nickelodeon, include creative play activities designed to drive curiosity and learning. We hope that you will share this program with other teachers in your school. The materials are copyrighted, but you may make as many copies as necessary to meet your students' needs.

Please return the enclosed reply card or comment online at ymiclassroom.com/feedback-nella to let us know your thoughts on this program.

Sincerely,

Dr. Dominic Kinsley
Editor in Chief
Young Minds Inspired

Target Audience: Children ages 3–5

Program Components

- This teacher's guide
- Three reproducible student activity sheets
- A colorful, interactive wall poster
- A teacher reply card, or comment online at ymiclassroom.com/feedback-nella

How to Use This Program

Photocopy this teacher's guide and the three activity sheets. Then, display the poster in your classroom. Use it after you have completed Activity 3 to wrap up the lessons in the unit.

Teacher Tip: Make sure each child takes the activity sheets home to share with a parent/guardian. Each sheet includes ideas for more fun based on the activity concept.

Series Synopsis: Nella isn't your average princess. She is a princess AND a knight — a hero unlike any who have come before her. Working with her best knight friend Sir Garrett, his trusty steed Clod, and glamorous unicorn friend Trinket, Nella breaks barriers, challenges expectations, and stands up for what's right every time the group heads out on an adventure. No matter how tough of a challenge she faces, 8-year-old Nella always stays true to herself through her determination, power, and courage.

Activity 1 – Twice as Nice

Tell the students that they are going to play a guessing game! You are going to act out something, and they get to guess what you are doing! Stand up and start dancing in place. Ask the students to copy you. What are you doing? Dancing! Then pretend you are holding a bow and arrow or riding a horse. Encourage the children to join in. Let them guess what you are doing and who you are. Then ask them to share things they like to do. Point out that they don't have to pick just one or two things. They can be basketball players and dancers, or guitar players and artists, for example.

Pass out Activity Sheet 1, and use the pictures at the top to introduce students to Nella the Princess Knight. Explain that she is a princess AND a knight! She likes to do both things. And Nella has the courage to try new things as well! Tell students that the items pictured on the sheet show some of the things Nella likes to do. Have students color the ones they like to do. Then, have them draw pictures of other activities they enjoy.

Activity 2 – An A-MAZE-ing Adventure

Tell the students that today they are going to help Nella and her friend Sir Garrett choose their next adventure! Ask children to share adventures they have had with their families

and friends. Maybe it's going to the beach, helping a friend, or even riding pretend dragons at the school playground.

Explain that in the Nickelodeon show **Nella the Princess Knight**, Nella; her friend Sir Garrett; Trinket, Nella's unicorn; and Clod, Sir Garrett's steed, often go on adventures together. Sometimes their adventures are just for fun. They sometimes meet challenges along the way, but with courage, kindness, and collaboration, they always find a solution.

Pass out the activity sheet. Tell the students that Nella, Trinket, Sir Garrett, and Clod must make their way through the castle grounds to Nella's mother, Queen Mom. Along the way, they must avoid dead ends and gather items for their next adventure. Have students trace the way through the maze and circle the items on the path. Then, have them circle the picture at the bottom that shows what the next adventure will be.

Activity 3 – Royal Portrait

Ask students to show you how many people live in their home by holding up their fingers. Tell them that everyone's family is different. Some students have sisters and brothers, and some students do not. Some might live with one or more parents, with grandparents, or other relatives. And although every family is different, they all love each other, and they enjoy spending time with each other!

Tell the children that Nella loves to spend time with her family, too. She lives with her dad (King Dad), her mom (Queen Mom), and her little sister Norma. They do lots of fun things together, just like your families!

Pass out the activity sheet. Have the children color the picture frame, and then draw a picture of their own family. You could also ask the students to bring in their own "royal family portraits" and place the photos inside the frames.

How to Use the Poster

Point to each of the main characters on the poster and ask the students to name that character. Then read each character's description and talk about what those words mean. After that, have students go on a learning adventure with Nella and her friends. For example, have them count the hearts on the poster (9), the number of "Nella"'s (5, four words and one picture) and talk about what Nella and her friends might be planning to do next.

Resources

nickjr.com/nella-the-princess-knight
ymiclassroom.com/nella





Activity 1 ✨ Reproducible Master

Twice as Nice



Nella loves being a princess and going to royal balls and concerts. She also loves being a knight and going on adventures with her friends. Good thing she's a princess AND a knight! What do you like to do? Color in some of the things you and Nella both like to do, then draw a picture of something else you enjoy.



Parents:

Today, your child learned that they can be anything they want to be! Like Nella the Princess Knight, your child can be more than one thing.

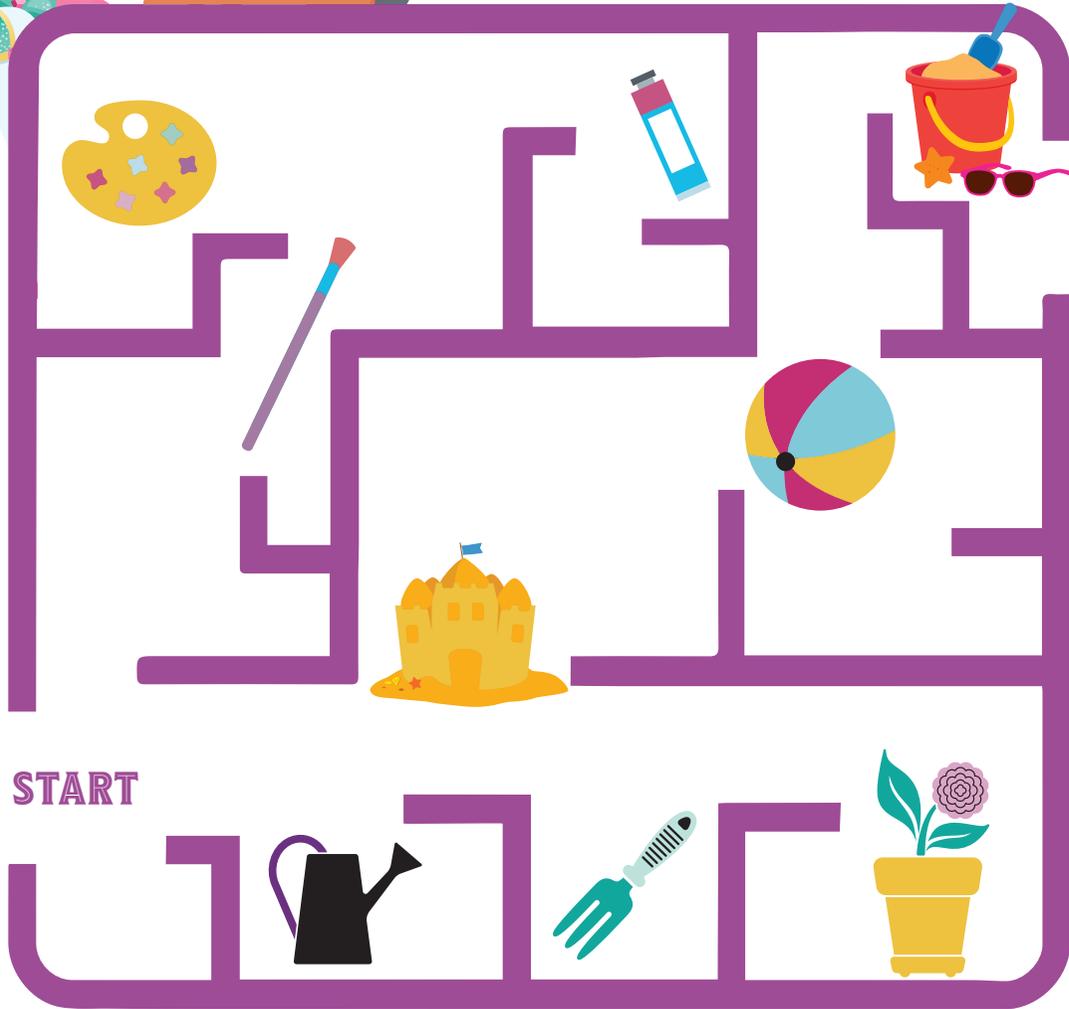
Talk with your child about their dreams. For more adventures with Nella and her friends, tune into **Nella the Princess Knight** on Nick Jr Channel and Nickjr.com.



Activity 2 * Reproducible Master

An A-MAZE-ing Adventure

Help Nella and her friends find their way to Queen Mom. Draw a line to show the path they must take. Circle the things they pick up along the way to find out what their next adventure will be. Then circle the picture at the bottom that shows their next adventure.





Activity 3 * Reproducible Master

Royal Portrait



Nella lives with her mom, her dad, and her little sister, Princess Norma. Her parents are the Queen and King of the kingdom of Castlehaven. Draw a picture of the people in your family!

