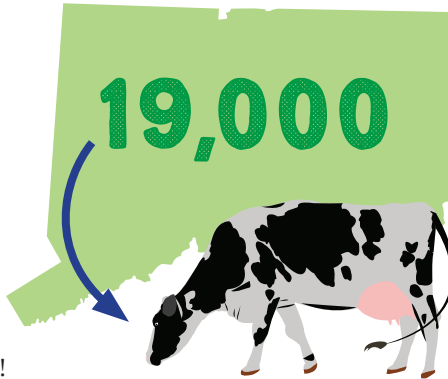


WHAT'S YOUR CONNECTICUT MOO I.Q.?

Boost your dairy smarts with these amazing facts about dairy farming. Remember: The milk, yogurt, cheese, butter, ice cream, and other dairy products you enjoy start with cows on Connecticut family dairy farms.

NUMBERS TELL THE STORY*

- There are 19,000 cows on 100 dairy farms in Connecticut, helping to preserve 72,000 acres of land — nearly twice as much land as all the state parks in Connecticut combined!



- Each dairy cow produces 128 glasses of milk a day. That's more than 2 million glasses of Connecticut milk every day — that's a lot of milk!

DAIRY FARMS SUPPORT CONNECTICUT'S ECONOMY

- Dairy farm families work 365 days a year to support the local economy.



- 97% of dairy farms are owned and run by families. They do a lot themselves but rely on experts from the community to support their business, including dairy nutritionists, tech experts, environmentalists, veterinarians, mechanics, carpenters, and more.‡

MEET CONNECTICUT'S DAIRY COWS



- Dairy cows aren't always black and white. You can find many different breeds, including Holstein, Jersey, Brown Swiss, Ayrshire, Milking Short Horn, and Guernsey. Do you know which breeds are shown here?†



DAIRY COWS RECYCLE!

- Dairy cows turn parts of foods that humans can't or won't eat — like cornstalks and fruit and vegetable peels — into nutritious dairy products.



- Cow manure fertilizes fields and can be combined with leftover human food in a methane digester to make electricity.
- U.S. dairy cows produce lower amounts of greenhouse gases per gallon of milk than cows in any other country around the world.**

HEALTHY COWS HELP KEEP YOU HEALTHY, TOO

- In Connecticut, milk goes from farm to fridge in 48 hours, so you know it's fresh.



- Each 8-oz. glass of milk includes 9 essential nutrients your body needs.

VISIT WWW.NEWENGLANDDAIRYCOUNCIL.ORG AND CTDAIRY.ORG TO LEARN MORE ABOUT DAIRY FARMS IN CONNECTICUT.



*Numbers are approximate. Connecticut Department of Agriculture, USDA Connecticut State Agriculture Overview 2017

**Innovation Center for U.S. Dairy. (2017). Stewardship and Sustainability Framework for U.S. Dairy. pg. 9: www.usdairy.com/sustainability/commitment/stewardship-and-sustainability-framework-for-us-dairy

‡2016 U.S. Dairy Sustainability Report, Innovation Center for U.S. Dairy

†The cow breeds shown are (left/right) Jersey and Brown Swiss.



WHAT'S YOUR CONNECTICUT MOO I.Q.?

The milk, yogurt, cheese, butter, ice cream, and other dairy products you enjoy start with cows on Connecticut family farms. Boost your dairy farming knowledge with these fun facts!

CONNECTICUT DAIRY FARMING BY THE NUMBERS*

Number of dairy farms: **100**

Number of dairy cows: **19,000**

Acres of greenspace preserved: **72,000**



DAIRY HELPS KEEP YOU HEALTHY!

Each 8-oz. glass of milk includes **9 ESSENTIAL NUTRIENTS** your body needs.

CALCIUM
PANTOTHENIC ACID
PHOSPHORUS
PROTEIN
VITAMIN A
VITAMIN D
VITAMIN B₁₂
RIBOFLAVIN
NIACIN

DAIRIES GO HIGH TECH

Some farms use technology like robots and **TRANSPONDERS** to help care for their cows.



COWS PROVIDE!

Each dairy cow produces

128 GLASSES OF MILK A DAY!

(That's 46,720 glasses a year!)

Milk goes from farm to fridge in **48 HOURS.**



*Numbers are approximate.

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