



TOUCHDOWN SCHOOL GUIDE

The Touchdown Steps will help you get the most out of FUTP 60 in your school!

Complete all of the Steps and become a Touchdown school – score a Touchdown and receive a Touchdown poster!*



KICKOFF

Whether your school is already an FUTP 60 school or new to FUTP 60, Kickoff is a great way to get everyone at your school excited to get involved! Recruit students and educators to plan and hold a Kickoff at your school! Choose any of the following ways to kick off:

Draft Players

Recruit others to join your team! Work with students to create and display fliers and posters that promote FUTP 60. Encourage students to create accounts and start earning Points on FuelUpToPlay60.com!

Survey the Field

Investigate your school! Work with your team of students to find out what areas of your school need the most well-ness improvements and focus your efforts there. Log in to your Dashboard to access the following Tools that can help with your investigation: the CDC's School Health Index and the School Wellness Investigation.

Light Up the Scoreboard

Share your FUTP 60 success with others to spread the word about the program and inspire others! There are so many ways to share: You can submit a story on FuelUpToPlay60.com, post your story to social media, or share in an email message to your colleagues, friends and family!

Create Your Own Kickoff!

Have an idea for the perfect Kickoff? Go with it! Your Kickoff can be whatever you want it to be. Design your Kickoff – no matter how big or small – to fit the needs of your school and your team. Just remember to have fun!

EAT HEALTHY

Promote healthy eating in your school with a Healthy Eating Play from the Playbook! Select one Healthy Eating Play and implement it with your team. Then, you can mark this Step as complete!

GAME TIME

Improve physical activity in your school with a Physical Activity Play from the Playbook! Select one Physical Activity Play and implement it with your team. Then, mark this Step as complete!

Complete these Steps and . . . TOUCHDOWN!
Be sure to log in to your Dashboard and mark the Steps as complete to get credit!



*While supplies last. Limit one poster per school.
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