

LET'S ERASE BULLYING TOGETHER!

To increase awareness about bullying and its impact on your school community, work with your team to create a presentation, skit, or song that speaks to people's hearts and minds with personal stories and statistics about bullying. Your goal is to inspire people to be upstanders and help erase bullying. Use this sheet to plan your presentation.



1. SPEAKING TO PEOPLE'S HEARTS: PERSONAL EXPERIENCES WITH BULLYING

How can you help your audience understand the real harm caused by bullying? Collect personal experiences by interviewing two classmates about their experiences with bullying. Find out what happened and how it made them feel. Remember: This is about understanding experiences, not pointing fingers, so keep names private.

1	WHAT HAPPENED	WHEN	WHERE	HOW IT MADE THEM FEEL
2	WHAT HAPPENED	WHEN	WHERE	HOW IT MADE THEM FEEL



2. SPEAKING TO PEOPLE'S MINDS: STATISTICS ABOUT BULLYING

How can you help your audience understand the seriousness of the bullying problem? Using online resources, such as cdc.gov/violenceprevention/youthviolence/bullyingresearch/fastfact.html or stopbullying.gov/resources/facts#stats, discover 3-5 statistics about bullying and cyberbullying.

1. _____
2. _____
3. _____
4. _____
5. _____

3. ERASING BULLYING: A CALL TO ACTION

What do you want your audience to do to help erase bullying at your school? Identify three specific actions.

1. _____ 2. _____ 3. _____

PUT IT ALL TOGETHER: MESSAGE + ACTION + DELIVERY

Collaborate with your group to choose a format — a skit, song, a computer presentation with slides, or something else. Use the back of this sheet to outline your presentation and then write it. Practice, then get ready to present it!

LEARN MORE ABOUT BEING
AN UPSTANDER AT HELPERASEBULLYING.COM

HELP US

ERASE
BULLYING

WITH **FRIXION**
ERASABLE PENS

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