



# Green Eggs and Ham Recipes

Have you ever wanted to try green eggs and ham? Maybe you don't want your eggs to ACTUALLY be green? Try out the two recipes below!

## GREEN EGGS AND HAM RECIPE

### What You'll Need:

- 4 eggs
- Pinch of salt
- 2 tablespoons of milk
- 2 drops of blue food coloring
- 4 tablespoons of ham, cut or diced

### Directions

1. Crack eggs into a bowl.
2. Add the blue food coloring and milk. Whisk together. If it's not "green" enough, add another drop of food coloring.
3. Pour into a greased and preheated (medium) pan or skillet over low to medium heat.
4. Stir while the eggs are cooking. You'll know they are done once there is no more liquid.
5. Serve with ham and enjoy!

## EGGS AND HAM WITH SPINACH RECIPE

### What You'll Need:

- 1 teaspoon of extra virgin olive oil
- 1 cup of spinach, chopped
- 4 eggs
- Pinch of salt
- 2 tablespoons of milk
- 2 tablespoons of ham, cut or diced



### Directions

1. Heat extra virgin olive oil in pan or skillet over medium heat. Add the spinach and cook for about 2 minutes or until it wilts.
2. Whisk eggs and milk in bowl.
3. Add mixture to spinach and cook for about 2 minutes.
4. Add ham and salt to eggs and cook for another minute.
5. Serve and enjoy!

## Trivia Things

Which of the following is one of the places where the main character refuses to eat green eggs and ham in the book *Green Eggs and Ham*?

- A. House
- B. Box
- C. Train
- D. All of the above

Answer: D

