



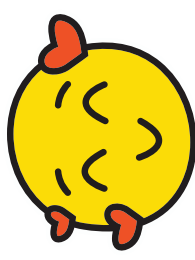
EXCITED



ANGRY



SURPRISED



HAPPY



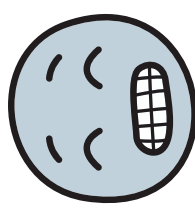
SAD



SILLY



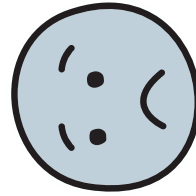
DISAPPOINTED



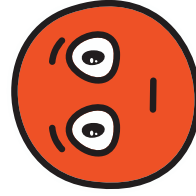
ANNOYED



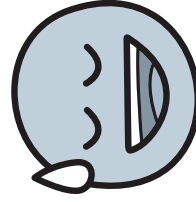
CONFUSED



NERVOUS



AFRAID



JOYFUL



MENTAL HEALTH AMBASSADOR

By completing the *On Our Sleeves*
Emotional Empowerment learning activities

(Student name)

is a Mental Health Ambassador!

Mental Health Ambassadors know that sharing and talking
about feelings is important.

Teacher signature

Date

ON OUR SLEEVES[®]

The Movement for Children's Mental Health