

Caring About COWS



Welcome to Breezyhill Dairy and the Almeter Family in Strykersville, N.Y.!

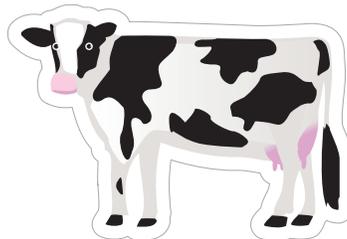
1. Let's take a tour. First, we'll head to the freestall barn to see where the cows live.



2. Did you know that cows spend about 6 hours eating every day? They eat a nutritious mix of grass, grain, and other foods as part of their diet. Sometimes their meals include leftover foods from grocery stores like orange peels. Cow food is called *feed*.



3. Cows can drink fresh water any time they want. When they are tired, they can rest on a soft bed of sand, wood shavings, shredded paper, or water mattresses. Fans and sprinklers cool the barn on hot days.



4. Holsteins, the cows with black spots, are the best-known and most common breed of dairy cows.

5. Now we'll head to the milking parlor. It takes about 5 minutes to milk one cow. They are milked two or three times each day.



6. One cow can provide up to 400 glasses of milk per day — that's a lot of fresh, nutritious milk! After milking, the cows go back to the freestall barn where they can relax and "chow down" some more.



*** 400!**

Part 2: Now show off your vocabulary smarts. Unscramble these dairy terms.

1. **mingilk poalrr**

(where a cow is milked)

2. **defe**

(cow food)

3. **erefstall rban**

(where cows eat and sleep)

4. **krinsprles**

(how cows stay cool)

What did you learn on your tour?



Part 1: Show off your cow smarts. Write the answer on the line.

1. About how many hours a day do cows spend eating? _____

2. About how long does it take to milk one cow? _____

3. What is the best-known breed of dairy cow? _____

4. About how many glasses of milk does a dairy cow provide each day? _____

Families! To learn more about dairy farm families, visit www.americandairy.com/dairy-farms/fun-on-farm/.



Local milk is available 365 days a year.



AMERICAN DAIRY ASSOCIATION
NORTH EAST



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