

YOU ARE NOT ALONE

In the film *Dear Evan Hansen*, the characters grapple with belonging — both wanting to be accepted as part of the group and feeling like they don't really fit in. In your own life, when do you feel like you belong, like you've been found? And when do you feel alone? Use this T-chart to make a list of places, situations, and groups where you feel found and where you feel alone.

Consider This: If you had to give other teens tips for creating a safe space where they feel like they belong or are "found," what advice would you give? Come up with a list of tips and strategies that you could offer to others and jot them down here.



WHERE I FEEL FOUND	WHERE I FEEL ALONE

HOW TO FEEL FOUND

DEAR
EVAN
HANSEN

ONLY IN THEATERS
SEPTEMBER 24

