Sound Off With the Home Fire Safety Patrol
Activity 3 Video Lesson Plan: Home Fire Escape Map

OBJECTIVES

- Students will learn what a home fire escape map is and why they need a plan to get out fast if there’s a fire in their home.
- After creating a home fire escape map and participating in a home fire drill, students will learn:
  - two ways out of every room in their home and the location of a family meeting place outside the home where the family will meet if there is a fire in their home.
  - the need to get out of the home in less than 3 minutes in a fire drill or when there is a real fire.
  - the need to participate in a home fire escape drill with their grown-up two times every year.
  - the six fire escape rules to follow if there is a fire in their home.

WHAT TO BRING TO YOUR PRESENTATION

- Sound Off Activity 3 Video at ymiclassroom.com/sound-off-teams
- Props: An enlarged version of the home fire escape map on the Activity 3 page to demonstrate and reinforce finding two ways out of every room in case there is a fire in your home, and choosing an outside meeting place. (The escape map can also be viewed on a screen or drawn on a chalkboard.)
- Sound Off Teaching Kit: Ask the teacher to hang the poster where students will see it.
- Copies of the Activity 3 worksheet(s) from the Sound Off Teaching Kit for each student. Ask the teacher before the presentation which version would be better for the students in the class and their families: the standard version on page 11 or the simplified version on pages 7 and 8, which may be easier to read. Print out or photocopy the version the teacher recommends on colored paper so the worksheets stand out.
INTRODUCTION

1. Briefly introduce yourself and the name of your fire department.

2. Tell students that you want them to become part of the Home Fire Safety Patrol. Explain that a “patrol” is a group that watches over an area to make sure everything is safe.

3. Say: As a part of the Home Fire Safety Patrol, we’ve already learned that smoke alarms are very important. They warn us if there is a fire so we can get outside to a safe meeting place and call 911 from there.

   Q: Can anyone tell me what sound a smoke alarm makes to tell you that there’s a fire in your home?
   A: BEEP-BEEP-BEEP (pause)...BEEP-BEEP-BEEP (pause)...

   Q: What do you and your family need to do when you hear the smoke alarm beeping to let you know there is a fire in your home?
   A: Get out fast! Go to your outside meeting place and call 911 from there. Wait for the firefighters to arrive. NEVER go back inside a burning building!

   Q: What is a home fire escape map?
   A: A drawing of your home that shows two ways out of every room – it’s a plan to follow to get outside to your meeting place so everyone in the family is safe.

VIDEO

5. Say: We already met our friends from the Home Fire Safety Patrol: Pablo, Sofia, and Ana. They taught us about the sounds a smoke alarm makes. They also taught us about some of the common fire dangers that might be in your home and what you can help grown-up do to fix them. Today, they’re going to show us how to make a home fire escape map that shows two ways out of every room, how to choose an outside meeting place for everyone, and why it’s important to plan and practice escaping a home fire with a home fire drill at least two times each year.
SHOW VIDEO (4 minutes)

HOME FIRE ESCAPE MAP

AFTER THE VIDEO

6. Ask: What did you learn from Pablo, Sofia, and Ana? Let’s see:

   Q: What sound does a smoke alarm make when there is fire nearby?
   A: BEEP BEEP BEEP (pause) ... BEEP BEEP BEEP (pause) ...

   Q: Why do we need to have two ways out of every room to get outside if there’s a fire in our home?
   A: If fire or smoke is blocking a doorway, you may have to use a window to get outside. (See Bonus questions below.)

   Q: Can anyone tell me one of the six Home Fire Escape Rules that Pablo, Sofia, and Ana told us about in the video?
   A. 1. If you hear a smoke alarm, or see smoke, get out as fast as you can.

      2. Don’t take anything with you. Just get out fast!

      3. Follow the pathways on your escape map and close the doors behind you.

      4. If you see smoke as you are escaping, Get Low and Go. Crouch down low close to the floor. Your nose will be under the smoke, where the air is easier to breathe.

      5. Go to your outside meeting place and call 911. Give the firefighters your home address.
6. Never go back into a burning building. Always wait at your meeting place for the firefighters. They’ll know what to do.

Q: How many times a year should you and your family practice a home fire drill?
A: Two times a year.

Q: When you practice your home fire drill, how many minutes should it take for everyone to get outside and be at your meeting place?
A: Three minutes or less.

Q: What three things should you or a grown-up do once you’re all at the outside meeting place?
A: 1. Call 911 or the emergency number to your fire department.
   2. Give the fire department your home address.
   3. Stay at the meeting place. Do not go back inside for any reason.

**BONUS QUESTIONS (IF TIME PERMITS AND TO COVER DURING A HOME SAFETY VISIT)**

Q: What is a good example of an outside meeting place for everyone if there’s a fire in your home?
A: A special tree, a neighbor’s home, a mailbox, or a street light. Your meeting place should be in front of the home where firefighters can see you when they drive up. It should be far enough away from your home to keep you safe from the fire.

Q: Where should you practice a home fire drill?
A: Practice a home fire drill in each home where you sleep. This could be another family member’s home, like an aunt or an uncle, or a friend’s home.

**Note: These next concepts are complex. The “Defend in Place” and “Second Way Out” messages will be hard for young children to understand. They will require time, repetition, and practice. Ideally, firefighters will visit the homes of Sound Off students to explain these concepts in person. They will observe a family fire drill in each home to make sure the whole family – especially the grown-ups – have all the tools and knowledge to be able to get out safely in a real fire.**

Q: We know if you see a little bit of smoke as you go to your meeting place, Get Low and Go to your exit. What should you do if you see a lot of smoke?
A. To be safe from smoke and fire, sleep with your bedroom door closed. When the smoke alarm sounds, open the door a crack and peek out. If you see a lot of smoke, do not go out...
that way. Close the door to keep the smoke from getting in. Turn on your bedroom light, and go to a window where firefighters can see you. Open the window and climb out if the window is close to the ground. Otherwise, keep the window and the door closed. If you have a phone, call 911 and tell firefighters your address. Then stay by the window with the door closed. Firefighters and grown-ups will come to help you.

Q: What if I have already left my room to follow my escape plan and then see smoke in the hallway?
A: Get low, turn around, and use your second way out if you can. Close all doors behind you as you go back to your bedroom or any room with a window. If the window is close to the ground, open it and get out if you can. If the window is too high or you cannot open it, turn on the light in the room and stand by the window where firefighters will see you. Keep the doors and windows closed. Call 911 from there if you can. Grown-ups and firefighters will come to help you.

Q: Should I practice going out my window during a home fire drill?
A: No. Going out any window high off the ground can be dangerous and may hurt you.

HOME FIRE SAFETY PATROL HOMEWORK ASSIGNMENT

7. Praise the students for learning so much about a home fire escape map, practicing their home fire drill twice a year, and the home fire escape rules. Then hand out copies of their homework assignment (the worksheets for Activity 3).

8. Go over the Activity 3 sheet(s) in class and have students draw two paths to the outside from every room. Show one path that leads through the doorways. To demonstrate their understanding of the escape possibilities, show a second path they can take through a window if fire or smoke is blocking the door.

8. Say: Work with your grown-ups to draw a map of your home with two ways out of every room, then draw an outside meeting place on your map. Ask the students to mark a calendar to have at least two home fire drills every year – one can even be on your birthday!

9. Ask students if they have any questions about the homework assignment. Respond to questions, and thank the students and the teacher for inviting you to visit their class. Let them know that you'd be thrilled to visit their homes to talk about fire safety with their whole family. And you would love to have them visit your fire station!