## World HIDNESS day IS NOVEMBER 13



- ENCOURAGE KINDNESS with your students. As a class, create a group kindness contract. You can reproduce the Choose Kind bingo card on the back of this sheet for ideas to get started.
- OHOST A PANEL of speakers with physical and cultural differences so that they can share their experiences. Afterward, discuss ways that the school and community can better deal with issues related to bullying.
- PAINT A MURAL depicting themes of diversity, kindness, caring, friendship, and belonging. Have children and community members contribute.
- BREAK A SWEAT with a Run for Kindness, or focus on teamwork with a sack race or a relay.
- **LEND YOUR VOICES** to a sing-in with inspiring songs like "We Are the World," "The More We Get Together," and "It's a Small World."

- PROMOTE, RECOGNIZE, AND CELEBRATE acts of kindness. One kind deed = one marble, and students are challenged to fill a jar with kindness.
- BUDDY UP AND CHOOSE KIND! Pair an older and younger reader, and have them read We're All Wonders and discuss its themes in relation to World Kindness Day. Be sure to encourage them to read the illustrations, too. How is Auggie different? Which illustrations reveal how lonely and sad he feels?
- SPARK CONVERSATIONS ABOUT KINDNESS with a school- or community-wide read of Wonder. Kick off your own program on World Kindness Day, and be sure to visit CommonReads.com for tips on planning, promoting, and executing your program.

## world KINDNESS day BINGO!

How many acts of kindness can you do?

Keep track by drawing a circle around each act you perform.

|  | K  | I   | N   | D   |
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|  | Give someone a standing ovation.   | Listen without<br>distraction to<br>your friends and<br>family members. | Stick up for a<br>friend who is being<br>mistreated.      | Say hello to<br>someone at<br>school who isn't<br>your friend.                |
|  | Write a thank-you<br>note to someone<br>who has done<br>something nice<br>for you. | Give someone<br>a compliment.   | Hold the door for<br>a stranger.                          | Call a family<br>member who you<br>haven't talked to<br>in a while.           |
|  | Help a friend who is having trouble with schoolwork.                               | Send a card to a friend explaining why they are special to you.         | Volunteer at a<br>local organization.                     | Donate an item<br>you no longer use<br>to charity.                            |
| About  | Share a favorite song with a friend.   | Treat your<br>teachers with<br>respect.                                 | Look for the best<br>qualities in the<br>people you know. | Read <i>Wonder</i> by<br>R. J. Palacio and<br>then share it with<br>a friend. |
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