

PLAY SAFE!

Keep Vaccinations
Up to Date for
Everyone in Your Family

Vaccines Help Kids Stay Healthy

Vaccines are one of the best ways to help protect infants and young children from vaccine-preventable diseases.

To help keep your family healthy:

- **KNOW** the vaccine schedule for your child and all family members.
- **KEEP EVERYONE** in your family up to date on recommended vaccinations.
- **REMEMBER:** When your whole family is vaccinated – including older children, parents, grandparents, and caregivers – it helps lower the risk of potentially life-threatening diseases like whooping cough, flu, and COVID-19.



Learn about vaccines
for every age at
VaccinateYourFamily.org



PROTECT YOUR FAMILY FROM GERMS

- **Avoid** contact with anyone who is sick.
- **Wash hands** often with soap and warm water for at least 20 seconds. Or use an alcohol-based hand sanitizer.
- **Disinfect** potential germ-carriers in your home – doorknobs, faucet handles, etc.
- **Cover coughs** and sneezes with a tissue or an inside elbow.
- **Wear a mask** and practice social distancing when public health officials recommend it.