



Sound Off with the Home Fire Safety Patrol

Activity 3 - Videos 3 and 4 Lesson Plan: HOW TO ESCAPE FROM A HOME FIRE

INTRODUCTION

Activity 3 has two important parts.

- Part 1: Activity Sheet 3 – Students learn the Home Fire Escape Rules and complete a sample Home Fire Escape Map, then work with their family to make a Home Fire Escape Map for their home.
- Part 2: Home Fire Drills Activity Sheet – Students and their families use their Home Fire Escape Map to conduct a home fire drill.

You will present Part 1: Activity Sheet 3 in the classroom by having students watch **Video 3: Home Fire Escape Map** and then complete the sample escape map shown on the Activity Sheet. This gives students practice at making a home fire escape map and sets the stage for them and their family to make a home fire escape map for their home after watching **Video 3: Home Fire Escape Map** together.

Part 2: Home Fire Drills Activity Sheet guides families through the steps for conducting a home fire drill. The family first watches **Video 4: Home Fire Drills** together, then follows the steps outlined on the Home Fire Drills Activity Sheet and fills out a clip-off form at the bottom of the sheet to report on the success of their home fire drill. Students return this clip-off form to class.

You and the teacher will choose how to coordinate and present the two parts of this activity to best meet the needs of the students and to use your time in the classroom wisely. **Video 3: Home Fire Escape Map** is essential to your classroom presentation. Build your lesson with the Video and Activity Sheet as the main events supported by some or all of the other learning activities. By the same token, **Video 4: Home Fire Drills** is essential to the at-home part of this activity. Work with the teacher to be sure all families receive the link to this video and a copy of the Home Fire Drills Activity Sheet.

Important: Practice Makes Perfect. People learn better when they put knowledge into action – as in sports, we play the way we practice. Fire departments can support actual behavior change by watching **Video 4: Home Fire Drills** with the family during a home safety visit. Then they can observe the family conduct their home fire drill to ensure that they understand how to escape from their home. In addition, this video makes an excellent at-home extension activity for fire departments and schools to share again with families on days when a **school fire drill** is conducted.

LEARNING OBJECTIVES

This Lesson will help students:

- Understand why all families need a Home Fire Escape Map (so everyone knows how to get out fast in a fire)
- Identify the essential elements of a Home Fire Escape Map:
 - Two paths outside from every room in the home, one path out a door and a second path out a window
 - A safe, specific, easily reached outside meeting place
- Identify the six Home Fire Escape Rules
 1. Get out fast – in less than 3 minutes
 2. Don't take anything with you (except a cell phone if you can grab it fast)
 3. Follow home fire escape map and close doors behind you
 4. Get Low and Go under smoke
 5. Go to the outside meeting place, call 911 and know your street address
 6. Never go back in – Wait for firefighters. They will know what to do.

NOTE: Younger students may not be able to remember all six rules, but 3rd graders should be able to learn and recite the full list, if not individually then as a class.

- Understand why all families should practice a home fire drill twice a year (to be ready to get out fast if a home fire should happen)
- Gain fire safety experience by participating in a home fire drill

GOAL FOR THE PRESENTER

The most important outcome of this Lesson — and the most important role of the firefighter in the classroom — is to make sure students are motivated to act as members of the Home Fire Safety Patrol by persuading their families to make a Home Fire Escape Map for their home and then conduct a home fire drill.

WHAT YOU WILL NEED FOR YOUR PRESENTATION

- Copy of this Lesson Plan, *How to Escape from a Home Fire*
- Access to Sound Off **Video 3: Home Fire Escape Map** at:
 - English: ymiclassroom.com/video/sound-off/so21_videos/so21_video3.html
 - Spanish: ymiclassroom.com/video/sound-off/so21_videos/so21_video3-sp.html
- Enough copies for all students of Activity Sheet 3: Your Home Fire Escape Map downloadable at:
 - English (Standard version): ymiclassroom.com/wp-content/uploads/2022/02/so22_act3-std.pdf
 - English (Simplified version - 2 sheets): ymiclassroom.com/wp-content/uploads/2022/02/so22_act3a-sim.pdf and ymiclassroom.com/wp-content/uploads/2022/02/so22_act3b-sim.pdf
 - Spanish (Standard version): ymiclassroom.com/wp-content/uploads/2022/02/so22_act3-std-sp.pdf
 - Spanish (Simplified version - 2 sheets): ymiclassroom.com/wp-content/uploads/2022/02/so22_act3a-sim-sp.pdf and ymiclassroom.com/wp-content/uploads/2022/02/so22_act3b-sim-sp.pdf
 - NOTE: Ask the teacher beforehand which version would be better for students and their families. The Standard version is for 2nd and 3rd graders who read at grade level; the Simplified version has larger type and is easier to read.
 - NOTE: Print out or photocopy the Activity Sheets on bright colored paper so that they stand out from other materials going home with students.
- Two different colored crayons or markers for each student (ask the teacher to provide)
- Enough copies for all students/families of the Home Fire Drills Activity Sheet: How to Plan and Practice a Home Fire Drill downloadable at:
 - English: https://ymiclassroom.com/wp-content/uploads/2022/09/so_home-fire-drill-activity.pdf
 - Spanish: https://ymiclassroom.com/wp-content/uploads/2022/09/so_home-fire-drill-activity-sp.pdf
- Printed copy of the Sound Off Wall Poster (included in the Teaching Kit mailed to schools; ask the teacher to hang the wall poster where students will see it).

PART 1: YOUR HOME FIRE ESCAPE MAP

OPENING

1. Re-introduce yourself and the name of your fire department.
2. Praise students for working so hard to become members of the Home Fire Safety Patrol. Briefly review what they have learned during your past classroom visits. Say: As members of the Home Fire Safety Patrol, we've already learned that smoke alarms are

very important. They warn us if there is a fire so we can get outside to a safe meeting place and call 9-1-1 from there.

Q: Can anyone tell me what sound a smoke alarm makes to tell you that there's a fire in your home?

A: BEEP-BEEP-BEEP (pause)...BEEP-BEEP-BEEP (pause)

Q: What do you and your family need to do when you hear the smoke alarm beeping to let you know there is a fire in your home?

A: Get out fast! Go to your outside meeting place and call 9-1-1 from there. Wait for the firefighters to arrive. NEVER go back inside a burning building!

VIDEO 3: HOME FIRE ESCAPE MAP

3. Say: We already met our friends from the Home Fire Safety Patrol: Ana, Pablo, and Sofia. They taught us about the sounds a smoke alarm makes. They also showed us some fire dangers that might be in your home and what you can do to help grown-ups fix them. Today, they're going to show us how to make a plan for escaping a home fire if one happens. The plan is called a Home Fire Escape Map. It's a map of your home that shows two ways out of every room and an outside meeting place where everyone in the family goes after they have escaped the fire. Let's take a look!

SHOW VIDEO 3 (4 minutes)



AFTER THE VIDEO

4. Ask: What did you learn from Pablo, Sofia, and Ana? Let's see:

Q: Why do we need to have two ways out of every room to get outside if there's a fire in our home?

A: If fire or smoke is blocking a doorway, you may have to use a window to get outside.

Q: Can anyone tell me one of the six Home Fire Escape Rules that Pablo, Sofia, and Ana told us about in the video?

A:

1. Get out fast -- in less than 3 minutes
2. Don't take anything with you (except a cell phone if you can grab it fast)
3. Follow home fire escape map and close doors behind you
4. Get Low and Go under smoke
5. Go to the outside meeting place, call 911 and know your street address
6. Never go back in – Wait for firefighters. They will know what to do.

Q: How many times a year should you and your family practice a home fire drill?

A: Two times a year.

Q: When you practice your home fire drill, how many minutes should it take for everyone to get to your outside meeting place?

A: Less than 3 minutes.

Q: What three things should you or a grown-up do once you're all at the outside meeting place?

A:

1. Call 9-1-1 or the emergency number to your fire department.
2. Give the fire department your home address.
3. Stay at the meeting place. Do not go back inside for any reason.

BONUS QUESTIONS (IF TIME PERMITS)

Q: What is a good example of an outside meeting place near your home?

A: Some examples: a special tree, a neighbor's home, a mailbox, or a streetlight. Your meeting place should be in front of the home where firefighters can see you when they drive up. It should be far enough away from your home to keep you safe from the fire.

Q: How many Home Fire Escape Maps do you need?

A: You should make a Home Fire Escape Map for each home where you sleep. For example, a relative's home, like an aunt or grandmother, or a friend's home. And you should practice a home fire drill in each home where you sleep, too.

NOTE: These are important questions to cover during a home safety visit as well.

ACTIVITY SHEET 3: YOUR HOME FIRE ESCAPE MAP

- Pass out Activity Sheet 3. Ask students if they recognize the home diagram on the sheet. (It's the same diagram used in Video 3.) Then ask them to draw a Home Fire Escape Map like the one in the video. Remind them to show two paths out of every room if they have two paths. They should use one color for paths through doors and a different color for paths through windows. And they should mark an X near the outside meeting place.

When they have completed their maps, call on a few students to present their maps to the class. Prompt discussion about whether the maps show two paths out of every room, one through a door and another through a window. Check that the maps show a marked outside meeting place. If the maps show different acceptable paths, prompt discussion on which path is the better choice and why.



ACTIVITY 3 HOMEWORK ASSIGNMENT

- Praise the students for learning so much about planning how to escape from a home fire. They've learned how to make a Home Fire Escape Map, how to practice a home fire drill, and the home fire escape rules. Now, to become official members of the Home Fire Safety Patrol, they will be using what they have learned to help keep their families safe from a home fire.
- Explain that students will watch **Video 3: Home Fire Escape Map** at home with their families, then work with their families to draw a Home Fire Escape Map for their home. They can draw their map on the back side of Activity Sheet 3 or on a different piece of paper. To start, they and their family will draw a diagram that shows all the rooms in their home and all the doors and windows. Then they will draw two ways out from each room (if they have them), using one color for paths through doors and a different color for paths through windows. Finally, they will draw a safe outside meeting place on their map to show where everyone will meet up after they get outside.
- Say: And once you have finished your Home Fire Escape Map, you and your family will use it to practice a home fire drill! Your teacher will give you a special Home Fire Drills Activity Sheet to share with the grown-ups in your family. (Show students the Home Fire Drills Activity Sheet.) This Activity Sheet tells where you and your family can watch **Video 4: Home Fire Drills** on a smartphone, tablet, or computer. In this video, Ana, Pablo, and Sofia show you what to do when you're having a home fire drill. And the Activity Sheet explains everything so your grown-ups will know what they have to do. Best of all, there is a form at the bottom of the Activity Sheet where you can write in how fast your family was able to get outside. Just clip off the form and bring it back to class to find out who got outside the fastest!

CONCLUSION

9. Ask students if they have any questions about the lesson. Respond to questions, then thank the students and the teacher for inviting you to visit their class. Let them know that you'd be happy to visit their homes and help their family make a Home Fire Escape Map and practice a home fire drill.

10. If you have a smartphone or tablet, show students the Sound Off Safety App. Explain that the app is free to use on their family's smartphone and doesn't require internet to use. It comes with more fun fire safety games, the *Home Fire Dangers* video and three more videos they can watch with their families at home, plus the Sound Off Storybook read aloud in English or Spanish. Families can search for the Sound Off Safety App at the Apple App Store or at Google Play, and can learn more about the app at: ymiclassroom.com/lesson-plans/sound-off-app/

11. Finally, share this link with parents and caregivers for Sound Off resources that they can use at home with their children: ymiclassroom.com/soundoff-families. This webpage has:
 - The four Sound Off videos (English and Spanish)
 - The Storybook, *Join the Home Fire Safety Patrol* (English and Spanish)
 - The Sound Off Digital Activity, Smoke Alarm Smarts (English only)
 - All Sound Off Activity Sheets used in the classroom (English and Spanish)
 - Fire Safety Tips for Families (English only)
 - Illustrated handouts on smoke alarms and CO alarms (English and Spanish)

PART 2: HOW TO PLAN AND PRACTICE A HOME FIRE DRILL

GOALS

- Provide families with resources to plan and practice home fire drills twice a year
- Motivate families to conduct a home fire drill as part of the Sound Off program
- Document the number of Sound Off home fire drills are completed and share this information with your State and Local Teams

REQUIRED RESOURCES

- Copy of the Video 4 Home Fire Drills Guide downloadable at:
https://ymiclassroom.com/wp-content/uploads/2022/09/so_video4-guide.pdf
 - In-class and at-home access to Sound Off **Video 4: Home Fire Drills** at:
 - English: ymiclassroom.com/video/sound-off/so21_videos/so22_video4.html
 - Spanish: https://ymiclassroom.com/video/sound-off/so21_videos/so22_video4-sp.html
- Enough copies for all students of the Home Fire Drills Activity Sheet: How to Plan and Practice a Home Fire Drill

DIRECTIONS

1. Discuss beforehand whether the teacher will show students **Video 4: Home Fire Drills** in class and use the Video 4 Teaching Guide to reinforce this video's safety messages.
2. Confirm that the teacher will send a copy of the Home Fire Drills Activity Sheet: How to Plan and Practice a Home Fire Drill to every student's family.
3. Encourage the teacher to highlight the URL for viewing **Video 4: Home Fire Drills** at home so that families do not overlook this important step in conducting a home fire drill.
4. Remind the teacher to fill in the Due Date line at the top of the Home Fire Drills Activity Sheet so families have a deadline for completing their home fire drills.
5. Ask the teacher to remind students that they should bring in the clip-off form reporting on their home fire drill by the due date.
6. Set a date and time to pick up the students' clip-off forms. (This could happen at your celebration event.)

How to Plan and Practice a Home Fire Drill

Dear Family,

You should have a home fire drill because the advice with Sound Off is to have a home fire drill every year. We hope you know, but it's important to practice when you're at home. A home fire drill is when you pretend there is a fire and you practice how to get out of your house safely.

1. **Work the Sound Off** allows the drill when a real fire happens. You can find out more at ymiclassroom.com/sound-off.

2. **Practice feeling doorknobs** and the smoke around doors with the back of your hand. Also practice looking for signs of smoke coming through the cracks around the door and under the door or the basement. In a real fire, if you feel heat or see smoke, do not open the door.

3. **After you know the drill**, please tell the family or the teacher of the drill when you're home.

4. **Have your child bring the completed form back to school.** We will give them a sticker when they bring the form back.

Thank you for your efforts to keep your family safe!

Home Fire Drill Checklist

- Talk about the home fire escape map you made with your child. Remind everyone of the one step out of every room. (Circle the map if you need to make changes.)
- Remind everyone about your outside meeting place.
- Practice your fire escape for drill with the lights on. Have everyone say "down, under, and out" to get outside. (Do not talk with a flashlight before you try a smoke fire drill in the dark so you can see through windows.)
- Have an outside meeting place with a timer ready. The goal is to be at your outside meeting place in 3 minutes or less.
- Have all family members get into their beds with bedrooms doors closed.
- Check the exit routes on the smoke alarm in your bedroom. This is the signal for everyone to get out fast! Have the timer set when your cell phone with you. The timer ring is the warning time.
- Practice feeling doorknobs and the smoke around doors with the back of your hand. Also practice looking for signs of smoke coming through the cracks around the door and under the door or the basement. In a real fire, if you feel heat or see smoke, do not open the door.
- Practice "Crawl Low and Go" so you are safe through the house toward your outside meeting place. This will help you stay calm, remain inside in a real fire.
- Check doors behind you.
- Stop the timer when everyone is at your outside meeting place. Write your time in the space below.
- Remind to call 911 on your cell phone. Remind to tell them that you have a fire and give your address. Have your children practice saying your home address too.
- Remind everyone: In a real fire, never go back inside. Stay at your meeting place and wait for the firefighters.
- Go back inside and celebrate your safety success!
- Drill in the form at the bottom of this sheet. Take out all the form along the dotted line. Have your child bring it back to school.
- Make sure everyone has a fire drill every year. Mark them on your calendar.

For Sound Off safety videos, apps and more! ymiclassroom.com/sound-off. Available in English and Spanish.

Our Home Fire Drill

Please answer the questions below, then fill in all information that help to your child's teacher.

1. Did you complete your home fire drill? Yes No

2. How many minutes did it take you to get to your outside meeting place? _____

(Child's name) _____ (Teacher or caregiver's name) _____

DATE: _____

7. Thank the teacher for helping you complete this most important part of the Sound Off program.

CELEBRATION EVENT

Bring your outreach to a memorable conclusion by working with the teacher to schedule a Sound Off Celebration Day for the class. This can be a simple affair at which you recognize the students' accomplishments by awarding copies of the Sound Off Student Certificate. Or you could turn it into a pizza party, bring along a fire engine for students to explore, or come up with your own idea for something special.

NOTE: Your celebration event can occur at any point in the sequence of in-class/at-home learning activities. It should not be contingent on all students completing all of the Sound Off activities, including the home fire drill activity. And it should not exclude students who may have failed to complete any of the activities. The purpose of this event is to celebrate what the students have accomplished and to reinforce their positive, self-confident attitude about keeping themselves and their families safe from a home fire.

DIRECTIONS

1. Download the Sound Off Student Certificate and make enough copies for all students in the class.
 - English: https://ymiclassroom.com/wp-content/uploads/2022/09/so_student_certificate.pdf
 - Spanish: https://ymiclassroom.com/wp-content/uploads/2022/09/so_student_certificate-sp.pdf



2. Meet with the teacher beforehand so that you can both sign the certificates and fill in the students' names.
3. At the event, call each student individually to the front of the class to receive their certificate and lead the applause as they return to their seat.
4. To extend the event, invite students to share stories of their home fire drill experiences or stories about their home fire safety patrols with their families at home.
5. Remember to tell other members of your fire department about the fun and satisfaction of teaching 2nd and 3rd graders the basics of home fire safety with Sound Off.