

# Grocery Scavenger Hunt

## Part 1

Let's explore new foods! There are many innovative choices from the frozen and dairy aisles that provide diverse options for every taste. Navigate to a grocery store website or check the aisles of your local grocery store with your family, and find the items below to learn more about these options:

1. A frozen or refrigerated dessert (besides ice cream!): \_\_\_\_\_
2. A favorite food from the frozen or dairy aisle: \_\_\_\_\_
3. A food from the frozen or dairy aisle from a different country: \_\_\_\_\_
4. A dairy aisle food you've never heard of: \_\_\_\_\_
5. A food in the dairy section not made with cow's milk: \_\_\_\_\_
6. A frozen vegetable that looks interesting to you: \_\_\_\_\_
7. A plant-based meat product in the frozen section: \_\_\_\_\_
8. A food from the frozen or dairy aisle that comes separated into individual servings: \_\_\_\_\_

## Part 2

Which of these foods is new to you? Would you like to try it? Why or why not?

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**Message to Families:** Ready-to-eat refrigerated and frozen meals and snacks are becoming more and more popular — for good reason. Today's sophisticated choices are easy to prepare, easy on the taste buds, and budget friendly. Be adventurous and try something new from your grocery store's frozen or dairy section. To find out more, go to [easyhomemeals.com](http://easyhomemeals.com).



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