

Check Out What's Chilling!

Grades 3-5 English Language Arts & Mathematics Common Core State Standards¹ National Health Education Standards²

ENGLISH LANGUAGE ARTS COMMON CORE STATE STANDARDS ¹		
THIRD GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.3.1</u> Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.3.4</u> Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.	√	√
<u>CCSS.ELA-LITERACY.RI.3.5</u> Use text features and search tools (e.g., key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.	√	√
READING: FOUNDATIONAL SKILLS		
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.3.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.3.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.3.4</u> With guidance and support from adults, produce writing in which the development and organization are appropriate to task and purpose.	√	√

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2. Joint Committee on National Health Education Standards. (2007). National Health Education Standards, Second Edition: Achieving Excellence. Washington, D.C.: The American Cancer Society. Available at: www.cdc.gov/healthyschools/sher/standards/index.htm

THIRD GRADE – ENGLISH LANGUAGE ARTS (continued)	Activity 1	Activity 2
<p>Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.3.8</u> Recall information from experiences or gather information from print and digital sources; take brief notes on sources and sort evidence into provided categories.</p>	√	√
SPEAKING & LISTENING		
<p>Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.3.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.</p>	√	√
LANGUAGE		
<p>Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.3.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.</p>	√	√
<p><u>CCSS.ELA-LITERACY.L.3.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.</p>	√	√
<p>Knowledge of Language: <u>CCSS.ELA-LITERACY.L.3.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.</p>	√	√
<p>Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.3.4</u> Determine or clarify the meaning of unknown and multiple-meaning word and phrases based on grade 3 reading and content, choosing flexibly from a range of strategies.</p>	√	√

FOURTH GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.4.1</u> Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.4.4</u> Determine the meaning of general academic and domain-specific words or phrases in a text relevant to a grade 4 topic or subject area.	√	√
READING: FOUNDATIONAL SKILLS		
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.4.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.4.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.4.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.4.8</u> Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information and provide a list of sources.	√	√
SPEAKING & LISTENING		
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.4.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.	√	√
LANGUAGE		
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.4.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√
<u>CCSS.ELA-LITERACY.L.4.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√

FOURTH GRADE – ENGLISH LANGUAGE ARTS (continued)	Activity 1	Activity 2
<p>Knowledge of Language: <u>CCSS.ELA-LITERACY.L.4.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.</p>	√	√
<p>Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.4.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 4 reading and content, choosing flexibly from a range of strategies.</p>	√	√

FIFTH GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.5.4</u> Determine the meaning of general academic and domain-specific words or phrases in a text relevant to a grade 5 topic or subject area.	√	√
READING: FOUNDATIONAL SKILLS		
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.5.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.5.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.5.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√
SPEAKING & LISTENING		
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.5.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.	√	√
LANGUAGE		
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.5.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√
<u>CCSS.ELA-LITERACY.L.5.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√
Knowledge of Language: <u>CCSS.ELA-LITERACY.L.5.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.5.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 5 reading and content, choosing flexibly from a range of strategies.	√	√

MATHEMATICS COMMON CORE STATE STANDARDS ¹		
THIRD GRADE – MATHEMATICS	Activity 1	Activity 2
OPERATIONS & ALGEBRAIC THINKING		
<p>Represent and solve problems involving multiplication and division: <u>CCSS.MATH.CONTENT.3.OA.1</u> Interpret products of whole numbers, e.g., interpret 5×7 as the total number of objects in 5 groups of 7 objects each.</p> <p><u>CCSS.MATH.CONTENT.3.OA.3</u> Use multiplication and division within 100 to solve word problems in situations involving equal groups, arrays, and measurement quantities, e.g., by using drawings and equations with a symbol for the unknown number to represent the problem.</p>	<p>√</p> <p>√</p>	
<p>Multiply and divide within 100: <u>CCSS.MATH.CONTENT.3.OA.7</u> Fluently multiply and divide within 100, using strategies such as the relationship between multiplication and division (e.g., knowing that $8 \times 5 = 40$, one knows $40 \div 5 = 8$) or properties of operations. By the end of Grade 3, know from memory all products of two one-digit numbers.</p>	<p>√</p>	
NUMBER & OPERATIONS IN BASE TEN		
<p>Use place value understanding and properties of operations to perform multi-digit arithmetic: <u>CCSS.MATH.CONTENT.3.NBT.2</u> Fluently add and subtract within 1000 using strategies and algorithms based on place value, properties of operations, and/or the relationship between addition and subtraction.</p>	<p>√</p>	
FOURTH GRADE – MATHEMATICS	Activity 1	Activity 2
OPERATIONS & ALGEBRAIC THINKING		
<p>Use the four operations with whole numbers to solve problems. <u>CCSS.MATH.CONTENT.4.OA.1</u> Interpret a multiplication equation as a comparison, e.g., interpret $35 = 5 \times 7$ as a statement that 35 is 5 times as many as 7 and 7 times as many as 5. Represent verbal statements of multiplicative comparisons as multiplication equations.</p>	<p>√</p>	
NUMBER & OPERATIONS IN BASE TEN		
<p>Use place value understanding and properties of operations to perform multi-digit arithmetic. <u>CCSS.MATH.CONTENT.4.NBT.4</u> Fluently add and subtract multi-digit whole numbers using the standard algorithm.</p>	<p>√</p>	

FIFTH GRADE – MATHEMATICS	Activity 1	Activity 2
OPERATIONS & ALGEBRAIC THINKING		
<p>Write and interpret numerical expression: <u>CCSS.MATH.CONTENT.5.OA.2</u> Write simple expressions that record calculations with numbers, and interpret numerical expressions without evaluating them. For example, express the calculation “add 8 and 7, then multiply by 2” as $2 \times (8 + 7)$. Recognize that $3 \times (18932 + 921)$ is three times as large as $18932 + 921$, without having to calculate the indicated sum or product.</p>	√	
NUMBER & OPERATIONS IN BASE TEN		
<p>Understand the place value system: <u>CCSS.MATH.CONTENT.5.NBT.1</u> Recognize that in a multi-digit number, a digit in one place represents 10 times as much as it represents in the place to its right and 1/10 of what it represents in the place to its left.</p>	√	

NATIONAL HEALTH EDUCATION STANDARDS ²		
GRADES 3-5	Activity 1	Activity 2
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.		
5.5.1 Identify health-related situations that might require a thoughtful decision.	√	√
5.5.5 Choose a healthy option when making a decision.	√	√

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Grades 6-8
English Language Arts & Mathematics Common Core State Standards¹
National Standards for Family and Consumer Sciences²
National Health Education Standards³

ENGLISH LANGUAGE ARTS COMMON CORE STATE STANDARDS ¹		
SIXTH GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.6.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings.	√	√
Integration of Knowledge and Ideas: <u>CCSS.ELA-LITERACY.RI.6.7</u> Integrate information presented in different media or formats (e.g., visually, quantitatively) as well as in words to develop a coherent understanding of a topic or issue.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.6.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.6.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√
SPEAKING AND LISTENING		
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.6.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√
LANGUAGE		
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.6.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√
<u>CCSS.ELA-LITERACY.L.6.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√

SEVENTH GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.7.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of a specific word choice on meaning and tone.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.7.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.7.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√
SPEAKING AND LISTENING		
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.7.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√
LANGUAGE		
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.7.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√
<u>CCSS.ELA-LITERACY.L.7.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√

EIGHTH GRADE – ENGLISH LANGUAGE ARTS	Activity 1	Activity 2
READING: INFORMATIONAL TEXT		
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.8.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of a specific word choice on meaning and tone, including analogies or allusions to other texts.	√	√
WRITING		
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.8.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.8.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√
SPEAKING AND LISTENING		
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.8.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√
LANGUAGE		
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.8.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√
<u>CCSS.ELA-LITERACY.L.8.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√

MATHEMATICS STANDARDS COMMON CORE STATE STANDARDS ¹		
SIXTH GRADE – MATHEMATICS	Activity 1	Activity 2
THE NUMBER SYSTEM		
Compute fluently with multi-digit numbers and find common factors and multiples: <u>CCSS. MATH. CONTENT.6.NS.3</u> Fluently add, subtract, multiply, and divide multi-digit decimals using the standard algorithm for each operation.	√	
SEVENTH GRADE – MATHEMATICS	Activity 1	Activity 2
EXPRESSIONS AND EQUATIONS		
Solve real-life and mathematical problems using numerical and algebraic expressions and equations. <u>CCSS.MATH.CONTENT.7.EE.3</u> Solve multi-step real-life and mathematical problems posed with positive and negative rational numbers in any form (whole numbers, fractions, and decimals), using tools strategically.	√	

NATIONAL STANDARDS FOR FAMILY AND CONSUMER SCIENCES ²		
GRADES 6-8	Activity 1	Activity 2
5.0 Facilities Management and Maintenance 5.4 Apply hazardous materials and waste management procedures. <ul style="list-style-type: none"> 5.4.2 Demonstrate a waste minimization plan 	√	√
9. Food Science, Dietetics, and Nutrition 9.3 Evaluate nutrition principles, food plans, preparation techniques and specialized dietary plans. <ul style="list-style-type: none"> 9.3.2 Analyze nutritional data. 9.3.6 Critique the selection of foods to promote a healthy lifestyle. 	√	√

NATIONAL HEALTH EDUCATION STANDARDS ³		
GRADES 6-8	Activity 1	Activity 2
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.		
5.8.2 Determine when health-related situations require the application of a thoughtful decision-making process.	√	√
5.8.6 Choose healthy alternatives over unhealthy alternatives when making a decision.	√	√

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 3. Joint Committee on National Health Education Standards. (2007). National Health Education Standards, Second Edition: Achieving Excellence. Washington, D.C.: The American Cancer Society. Available at: www.cdc.gov/healthyschools/sher/standards/index.htm