

What About My Skin?



We all have the same skin, and we all have to take care of it. But in some cases, dermatologists recommend that people with different skin tones take care of their skin in different ways.

Here's your chance to help dermatologists raise awareness about the skin care needs of people with different skin tones. Use the websites listed below to learn about some of the skin care tips dermatologists recommend depending on a person's age, skin tone, and symptoms. Focus your research on one of the suggested skin topics and design a fact sheet or mini-poster to share what you learn. Present the information in a way that will catch your classmates' attention.

Skin care topics:

- Adolescent versus adult skin
- Dry versus oily skin types
- Straight versus curly/coiled hair
- Light versus dark skin tones

Questions to explore:

- What are similarities and differences between the two groups?
- What dermatological conditions might each group be prone to?
- What recommendations will help each group best care for their skin or hair? Think about including step-by-step basics or a tip list.

Websites to help get you started:

- Everyday care: aad.org/public/everyday-care
- Darker skin tones: aad.org/public/darker-skin
- Common skin issues: aad.org/public/diseases

Find out more about being a medical expert in skin, hair, and nails at aad.org.

Before you complete your presentation, use this checklist to make sure you have included all elements in your mini-poster and presentation.

Elements	✓
Topic is clearly stated and shared	
Mini poster includes step-by-step instructions or a tip list	
Presentation is engaging	
Sources cited	

Pathways: Inclusivity in Dermatology



IN COLLABORATION WITH:

