

Grades 9-12 National Health Standards¹ Common Core State Standards for English Language Arts² Science Standards³

National Health Education Standards ¹ Grades 9-12	ļ	Activity		
	1	2	3	
Standard 3: Students will demonstrate the ability to access valid information,				
products, and services to enhance health.				
3.12.2 Use resources from home, school, and community that provide valid	•	•	•	
health information.				
Standard 4: Students will demonstrate the ability to use interpersonal				
communication skills to enhance health and avoid or reduce health risks.				
4.12.1 Use skills for communicating effectively with family, peers, and others		•	•	
to enhance health.				
Standard 5: Students will demonstrate the ability to use decision-making				
skills to enhance health.				
5.12.2 Determine the value of applying a thoughtful decision-making process	•	•	•	
in health-related situations.				
Standard 8: Students will demonstrate the ability to advocate for personal,				
family, and community health.				
8.12.1 Utilize accurate peer and societal norms to formulate a health-		•		
enhancing message.				
8.12.4 Adapt health messages and communication techniques to a specific		•		
target audience.				

1. National Health Education Standards (2007). © 2020 SHAPE America. Available at shapeamerica.org.

Common Core State Standards in English Language Arts ²		Activity			
	1	2	3		
Science & Technical Subjects » Grades 9-10					
Craft and Structure					
CCSS.ELA-LITERACY.RST.9-10.4	•	•	•		
Determine the meaning of symbols, key terms, and other domain-					
specific words and phrases as they are used in a specific scientific or					
technical context relevant to grades 9-10 texts and topics.					
Integration of Knowledge and Ideas					
CCSS.ELA-LITERACY.RST.9-10.7	•	•	•		
Translate quantitative or technical information expressed in words in a					
text into visual form (e.g., a table or chart) and translate information					
expressed visually or mathematically (e.g., in an equation) into words					

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Common Core State Standards in English Language Arts ² (continued)	1	Activity 2	3
Science & Technical Subjects » Grades 9-10			
Range of Reading and Level of Text Complexity			
CCSS.ELA-LITERACY.RST.9-10.10	•	•	•
By the end of grade 10, read and comprehend science/technical texts in			
the grades 9-10 text complexity band independently and proficiently.			
Science & Technical Subjects » Grades 11-12			
Craft and Structure			
CCSS.ELA-LITERACY.RST.11-12.2	•	•	•
Determine the central ideas or conclusions of a text; summarize complex			
concepts, processes, or information presented in a text by paraphrasing			
them in simpler but still accurate terms.			
Integration of Knowledge and Ideas			
CCSS.ELA-LITERACY.RST.11-12.4	•	•	•
Determine the meaning of symbols, key terms, and other domain-			
specific words and phrases as they are used in a specific scientific or			
technical context relevant to grades 11-12 texts and topics.			
Range of Reading and Level of Text Complexity			
CCSS.ELA-LITERACY.RST.11-12.10	•	•	•
By the end of grade 12, read and comprehend science/technical texts in			
the grades 11-CCR text complexity band independently and proficiently.			

Next Generation Science Standards ³ : Grades 9-12	Activity		
	1	2	3
HS-LS3-1. Heredity: Inheritance and Variation of Traits			
Ask questions to clarify relationships about the role of DNA and	_	_	
chromosomes in coding the instructions for characteristic traits passed	•	•	
from parents to offspring.			
HS-LS4-1. Biological Evolution: Unity and Diversity			
Communicate scientific information that common ancestry and		•	
biological evolution are supported by multiple lines of empirical	•	•	
evidence.			
HS-ETS1-3. Engineering Design			
Evaluate a solution to a complex real-world problem based on prioritized			
criteria and trade-offs that account for a range of constraints, including			•
cost, safety, reliability, and aesthetics as well as possible social, cultural,			
and environmental impacts.			
Math-Science Connections			
MP.2 Reason abstractly and quantitatively.	•	•	•

^{3. ©} NGSS Lead States. 2013. Next Generation Science Standards: For States, By States. Washington, DC: The National Academies Press.