



# Don't Sweat It!

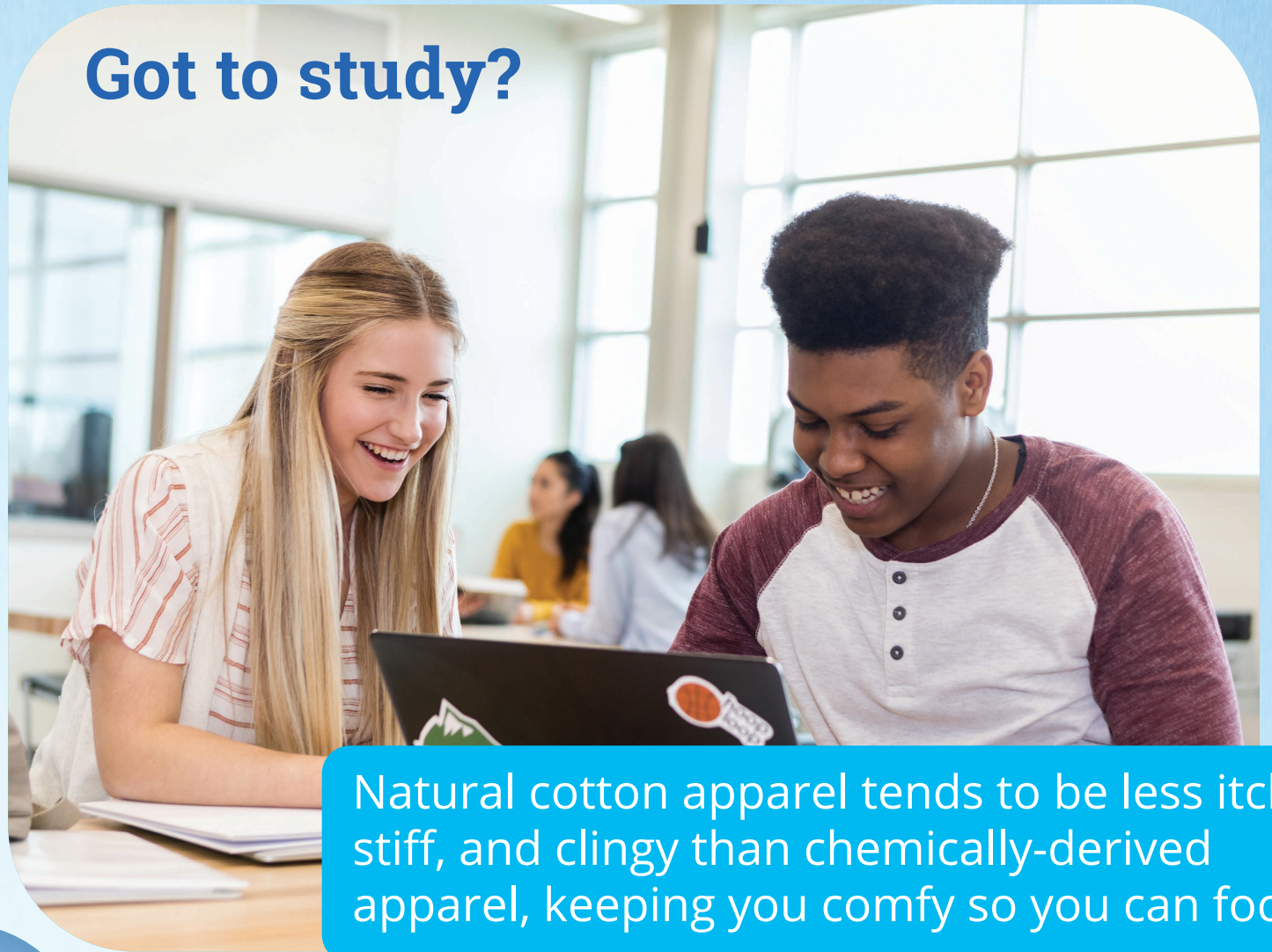
Advantage → Cotton. Check out the ways cotton can help you keep your cool.

## Got to get a good night's sleep?



Cotton sheets are soft and breathable, keeping you cool and letting you dream in peace so you wake up refreshed.

## Got to study?



Natural cotton apparel tends to be less itchy, stiff, and clingy than chemically-derived apparel, keeping you comfy so you can focus.

## Got practice?



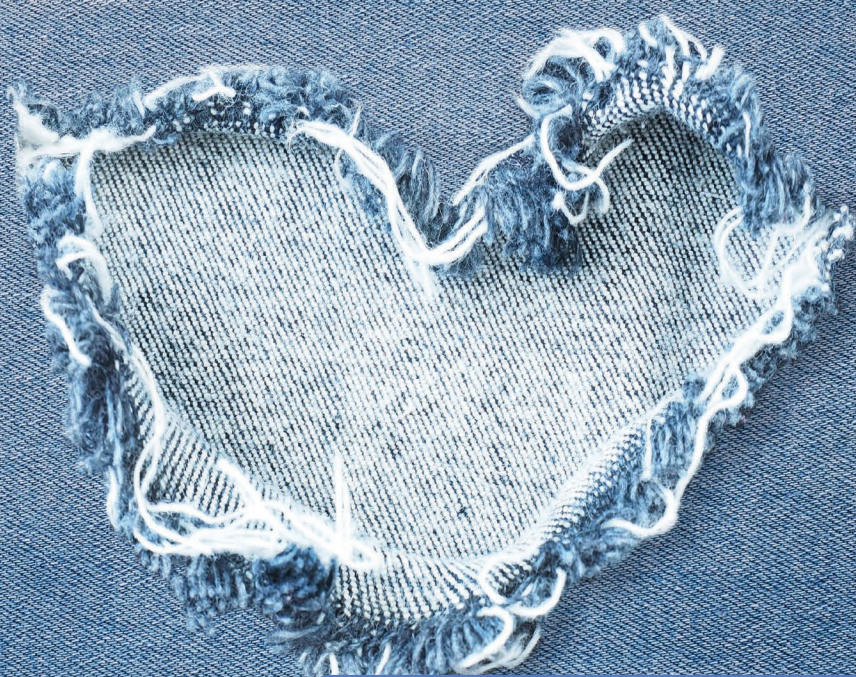
Cotton lets out odors more easily than other fabrics. Goodbye smelly workout clothes!

## Got an interview?



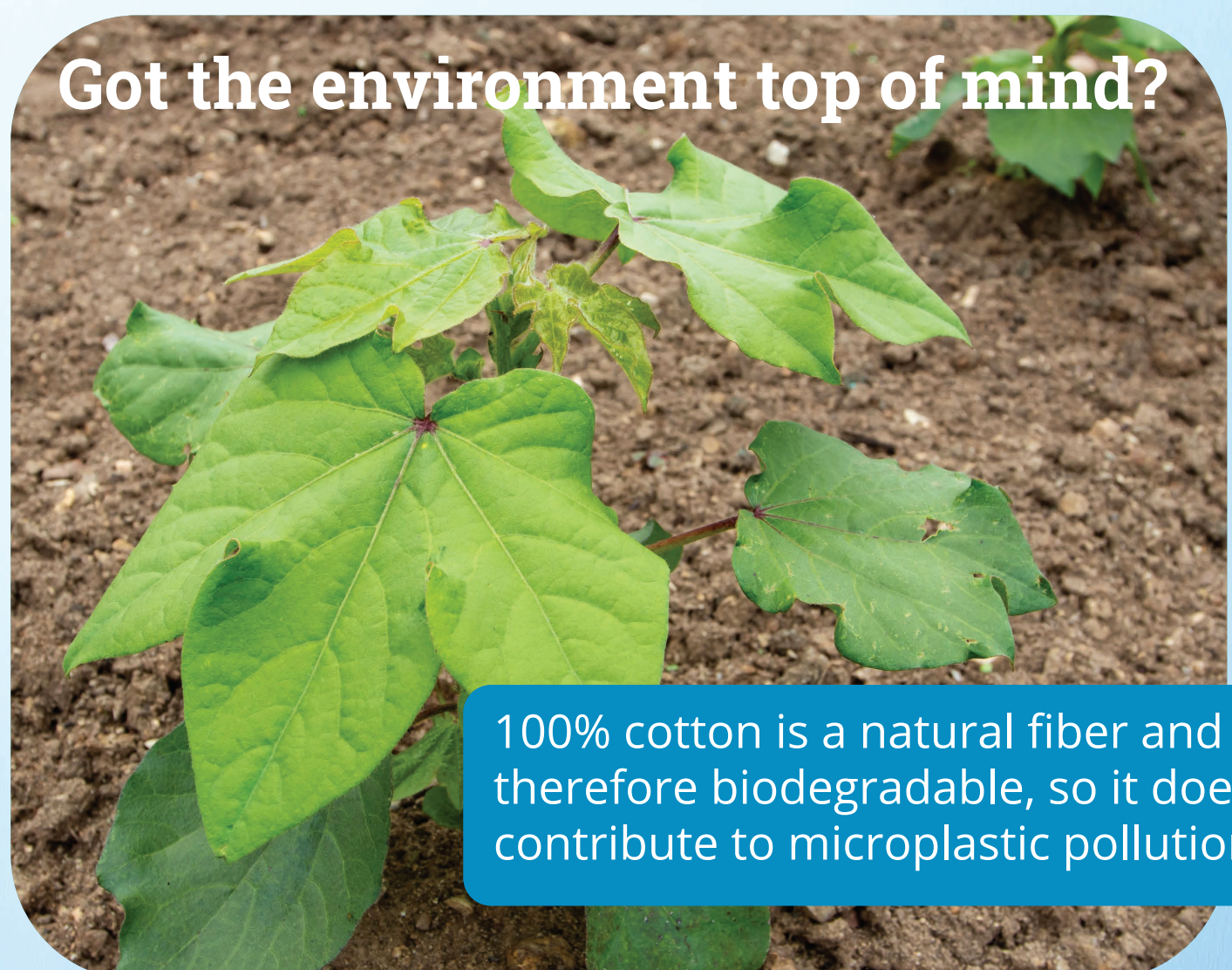
Cotton breathes better than oil-based synthetic fabrics, so you'll stay cool — even during the toughest questions.

## Got worn-out jeans?



Recycle them with the Blue Jeans Go Green™ program. Learn more at [bluejeansgogreen.org](https://bluejeansgogreen.org).

## Got the environment top of mind?



100% cotton is a natural fiber and therefore biodegradable, so it does not contribute to microplastic pollution.

