

Finding Truth in Real Life

Separating fact from fiction is a key learning tool, because let's be real: There are some strange things out there!

Part 1

Think you've got what it takes to be a myth-buster? Read the questions below, get your truth-seeking cap on, and circle the answer in each group that's **fake**.

- 1 Calling all vocab fans... which word is fake?
A. Nutritious B. Notorious C. Nutilicious
- 2 Spot the lie: which of these is a fake California city?
A. Rooster B. Rancho Mirage C. Richmond
- 3 Circle the name of the fake chemical element below.
A. Radium B. Randomium C. Radon
- 4 Time to get your dairy cap on. Which of these is a made-up cheese?
A. Camembert B. Lintal C. Cheddar
- 5 Without looking at a map, select which of these is a fake country.
A. Fredonia B. Switzerland C. Albania
- 6 Show us your sports smarts and spot the made-up California team.
A. Los Angeles Lakers B. San Jose Cats C. Oakland Athletics
- 7 Which of these is a made-up U.S. president?
A. John F. Kennedy B. Samuel F. Morse C. Gerald R. Ford
- 8 Can you beat the heat and spot the fake desert?
A. Guber B. Mojave C. Sahara

Part 2

Now it's time to test how well others can do. Use the questions to poll your family members to see if they can spot the fakes and see who comes out on top.

ANSWERS: 1. C (Nuttilicious); 2. A (Rooster); 3. B (Randomium); 4. B (Lintal); 5. A (Fredonia); 6. B (San Jose Cats); 7. B (Samuel F. Morse); 8. A (Guber)



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everyone wants to be milk.



get real. be yourself.



Want to tackle more amazing California trivia? Continue learning with the "get real. california quiz." at ymiclassroom.com/missionauthenticity. Also try your luck at the Get Real Quest at gotmilk.com/getreal/?utm_content=init_game.

My Authentic Life

It's time to celebrate everything that makes you your authentic self!

Part 1

Complete the sentences below to show the real you and how special you are.

- 1 If I knew I couldn't fail, I would _____
- 2 In a world where I can be anything, I want to be _____
- 3 I made a mistake, but I learned _____
- 4 I'm a good friend because _____
- 5 I'm unique because _____
- 6 I know that I can't control situations, but I can control _____
- 7 I am making the world a better place by _____
- 8 My favorite thing about my true self is _____
- 9 My definition of authenticity is _____
- 10 Authenticity is important in my life because _____

Part 2

Split into groups. Have each person share their answers to the questions and discuss how they reflect their "real" selves. Celebrate what makes you all unique!

