

Common Core State Standards for English Language Arts¹, Health Education Standards², and Social and Emotional Learning Standards³

GRADES 9-12

English Language Arts Standards ¹	Activity 1	Activity 2	Activity 3
Literacy in History/Social Studies, Key Ideas and Details: CCSS.ELA-LITERACY.RH.11-12.2		Х	
Determine the central ideas or information of a primary or secondary source; provide an			
accurate summary that makes clear the relationships among the key details and ideas.			
Literacy in History/Social Studies, Integration of Knowledge and Ideas CCSS.ELA-LITERACY.RH.11-12.8 Evaluate an author's premises, claims, and evidence by corroborating or challenging	X		
them with other information.			
Reading Informational Text, Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.11-12.7			
Integrate and evaluate multiple sources of information presented in different media or formats (e.g., visually, quantitatively) as well as in words in order to address a question or solve a problem.	Х	Х	
Writing, Text Types & Purposes: CCSS.ELA-LITERACY.W.11-12.2			
Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and		X	X
analysis of content. Writing, Production and Distribution of Writing:			
CCSS.ELA-LITERACY.W.11-12.9 Draw evidence from literary or informational texts to support analysis, reflection, and		X	Х
research.			
Literacy in History/Social Studies, Key Ideas and Details: CCSS.ELA-LITERACY.RH.9-10.2		X	
Determine the central ideas or information of a primary or secondary source; provide an accurate summary of how key events or ideas develop over the course of the text.		^	
Reading Informational Text, Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.9-10.8			
Delineate and evaluate the argument and specific claims in a text, assessing whether the reasoning is valid and the evidence is relevant and sufficient; identify false statements and fallacious reasoning.	Х		
Writing, Text Types & Purposes: CCSS.ELA-LITERACY.W.9-10.2			
Write informative/explanatory texts to examine and convey complex ideas, concepts, and information clearly and accurately through the effective selection, organization, and analysis of content.		X	X
Writing, Production and Distribution of Writing: CCSS.ELA-LITERACY.W.9-10.9		Х	X
Draw evidence from literary or informational texts to support analysis, reflection, and research.			

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National Health Education Standards ²	Activity 1	Activity 2	Activity 3
1. Use functional health information to support health and well-being of self and ot	hers.	•	
1.12.3 Evaluate behaviors that reduce or prevent illnesses and injuries.	Х	Х	Х
3. Access valid and reliable resources to support health and well-being of self and	others.	*	
3.12.3 Evaluate the validity, reliability, and accessibility of health information, products, services, and other resources.	Х		
3.12.4 Use valid and reliable sources of health information, products, services, and other resources.	Х	Х	Х
3.12.5 Apply strategies to manage misinformation and disinformation.	Х	Х	Χ
5. Use a decision-making process to support health and well-being of self and other	rs.	•	
5.12.1 Analyze how health-related decisions may affect personal and community health and well-being from a variety of perspectives.		Х	Х
5.12.2 Determine when and why health-related situations require the application of a thoughtful decision-making process.		Х	Х
5.12.6 Develop a plan of action to implement a health-related decision.		Х	Χ
5.12.8 Evaluate the effectiveness of health-related decisions.		Χ	Χ

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Collaborative for Academic, Social, and Emotional Learning (CASEL) ³	Activity 1	Activity 2	Activity 3
Responsible Decision-Making The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.		Х	X
Social Awareness The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.		X	X

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GRADES 6-8

English Language Arts Standards¹

Speaking and Listening, Comprehension and Collaboration:

CCSS.ELA-LITERACY.SL6.1, SL.7.1, SL8.1

Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade-level topics, texts, and issues, building on others' ideas and expressing their own clearly.

Writing, Text Types and Purposes:

CCSS.ELA-LITERACY.W.6.3, W.7.3, W.8.3

Write narratives to develop real or imagined experiences or events using effective technique, relevant descriptive details, and well-structured event sequences.

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National Health Education Standards²

- 1. Use functional health information to support health and well-being of self and others.
 - 1.8.3 Analyze behaviors that reduce or prevent illnesses and injuries.
- 3. Access valid and reliable resources to support health and well-being of self and others.
- 3.8.5 Use strategies to manage misinformation and disinformation.
- Use a decision-making process to support health and well-being of self and others.
 - 5.8.1 Explain how the use of a decision-making process affects health and well-being.
- 5.8.2 Determine when health-related situations require the application of a thoughtful decision-making process.
- 5.8.6 Evaluate the results of a health-related decision on self and others.
 - 2. National Health Education Standards © 2024, SHAPE America. Available at www.shapeamerica.org. All rights reserved.

Collaborative for Academic, Social, and Emotional Learning (CASEL)³

Self-Management

The abilities to manage one's emotions, thoughts, and behaviors effectively in different situations and to achieve goals and aspirations.

Self-Awareness

The abilities to understand one's own emotions, thoughts, and values and how they influence behavior across contexts.

Relationship Skills

The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Responsible Decision-Making

The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.

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