

# OVER-THE-COUNTER MEDICINE SAFETY

## WHAT IS IT?

A FREE standards-connected health education program that teaches students in grades 5-8 how to use, store, and dispose of over-the-counter (OTC) medicines safely.

## WHY IS IT IMPORTANT?

- Each year, more than 85,000 children require medical attention due to medication mistakes.
- Teaching OTC medicine safety at the age when students begin to self-medicate can help reduce this alarming health risk.

## GET STARTED TODAY!

Visit [ymiclassroom.com/otcmedsafety](https://www.ymiclassroom.com/otcmedsafety) to explore the resources.

## FREE RESOURCES!

- **Lessons** for grades 5-6 and 7-8; support health, STEM, and ELA curricular standards
- **Online Games and Videos** in English and Spanish
- **Family Resources** in English and Spanish
- **School Nurse Resources** including podcasts with NASN

## WHO CAN USE IT?

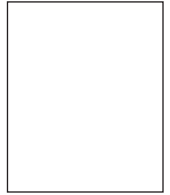
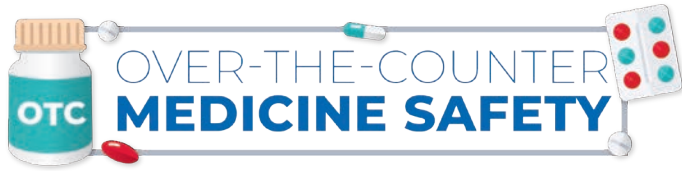
Classroom teachers, school nurses, youth group leaders, and others working to improve the health and safety of youth and families.



Scan to  
get started!



**HELP KEEP YOUR STUDENTS SAFE WITH**



**FREE** lessons,  
videos, games,  
and family  
resources

**"This is a great  
program. It deals with  
something that really needs  
to be addressed more."**

– Joanne B., School Nurse

**WHAT EDUCATORS ARE SAYING**

Learn more at [ymiclassroom.com/otcmedsafety](https://www.ymiclassroom.com/otcmedsafety)

