ACTIVITY 1

The players on an NFL football team work together to win games. They encourage each other on and off the field, where they are part of a community that also supports and inspires them. Many NFL players spend time off the field helping people in their communities to show their thanks. Some even become the most valuable player (MVP) off the field as a result.

Read the quotes from four NFL players who have achieved NFLPA Community MVP status for helping their communities.

"Being an active community leader is something that I feel is important to bring positive change and make the world a better place."

> – Patrick Mahomes, Kansas City Chiefs

"I want to be remembered not just for what I do on the field, but for the lives I impacted off the field."

> – Alex Highsmith, Pittsburgh Steelers

> > "Helping people is not just the nice thing to do; it's the right thing to do."

– Myles Garrett, Cleveland Browns

"I believe the most impactful thing that any of us can do in this

life is to love on those who are struggling or often overlooked."

– Jordan Hicks,

Cleveland Browns

Think About It! In the football, write about someone who has been an MVP in your life. Describe how they have supported you and what you could say or do to thank them.

My Community MVP:

How they supported me:

How I can thank them:

