

REAL TRADITIONS



Traditions help bring people closer together and make great memories. They connect us with our family and friends.

PART 1 Interview a family member or older friend about a favorite tradition from their childhood. Write their answers below.

Person I interviewed: _____

QUESTIONS

1. What favorite tradition do you remember from your childhood?

2. What did you like best about this tradition?

3. Why was this tradition special to you?

PART 2 Brainstorm a new tradition you and the person you interviewed could celebrate together. Write it in the box.

REAL HAPPINESS!



Happiness can be found many ways — from friends and family to favorite foods, games, and pets.

PART 1

 Cast your vote: What is the “happiest” way to enjoy milk?

| | | | | | |
|---------------------------------|----------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| With a bowl of breakfast cereal | During lunch with a friend | In a milkshake or smoothie | With a late night snack | With cookies for dunking | Other: _____ _____ |

List five things that make you REALLY happy.

1. _____
2. _____
3. _____
4. _____
5. _____

Describe a happy memory. What happened? Who were you with?

PART 2

 Ask five classmates how they voted in the milk poll in Part 1. Is there a winner?