

Handling Strong Feelings



Curricular Standards for Grades K-8

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS ¹			
KINDERGARTEN	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.K.3</u> With prompting and support, describe the connection between two individuals, events, ideas, or pieces of information in a text.	√	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.K.4</u> With prompting and support, ask and answer questions about unknown words in a text.	√	√	√
READING: FOUNDATIONAL SKILLS			
Print Concepts: <u>CCSS.ELA-LITERACY.RF.K.1</u> Demonstrate understanding of the organization and basic features of print.	√	√	√
Phonological Awareness: <u>CCSS.ELA-LITERACY.RF.K.2</u> Demonstrate understanding of spoken words, syllables, and sounds (phonemes).	√	√	√
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.K.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
WRITING			
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.K.8</u> With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.	√	√	√
SPEAKING & LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.K.1</u> Participate in collaborative conversations with diverse partners about kindergarten topics and texts with peers and adults in small and larger groups.	√	√	√
<u>CCSS.ELA-LITERACY.SL.K.2</u> Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.	√	√	√

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KINDERGARTEN (continued)	Activity 1	Activity 2	Activity 3
Presentation of Knowledge and Ideas: <u>CCSS.ELA-LITERACY.SL.K.4</u> Describe familiar people, places, things, and events and, with prompting and support, provide additional detail.	√	√	√
<u>CCSS.ELA-LITERACY.SL.K.5</u> Add drawings or other visual displays to descriptions as desired to provide additional detail.	√	√	
<u>CCSS.ELA-LITERACY.SL.K.6</u> Speak audibly and express thoughts, feelings, and ideas clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.K.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.K.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.K.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on kindergarten reading and content.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS¹			
FIRST GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.1.1</u> Ask and answer questions about key details in a text.	√	√	√
<u>CCSS.ELA-LITERACY.RI.1.3</u> Describe the connection between two individuals, events, ideas, or pieces of information in a text.	√	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.1.4</u> Ask and answer questions to help determine or clarify the meaning of words and phrases in a text.	√	√	√
<u>CCSS.ELA-LITERACY.RI.1.6</u> Distinguish between information provided by pictures or other illustrations and information provided by the words in a text.	√	√	√
READING: FOUNDATIONAL SKILLS			
Print Concepts: <u>CCSS.ELA-LITERACY.RF.1.1</u> Demonstrate understanding of the organization and basic features of print.	√	√	√
Phonological Awareness: <u>CCSS.ELA-LITERACY.RF.1.2</u> Demonstrate understanding of spoken words, syllables, and sounds (phonemes).	√	√	√

FIRST GRADE (continued)	Activity 1	Activity 2	Activity 3
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.1.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.1.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√	√
WRITING			
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.1.8</u> With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.	√	√	√
SPEAKING & LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.1.1</u> Participate in collaborative conversations with diverse partners about grade 1 topics and texts with peers and adults in small and larger groups.	√	√	√
<u>CCSS.ELA-LITERACY.SL.1.2</u> Ask and answer questions about key details in a text read aloud or information presented orally or through other media.	√	√	√
Presentation of Knowledge and Ideas: <u>CCSS.ELA-LITERACY.SL.1.4</u> Describe people, places, things, and events with relevant details, expressing ideas and feelings clearly.	√	√	√
<u>CCSS.ELA-LITERACY.SL.1.5</u> Add drawings or other visual displays to descriptions when appropriate to clarify ideas, thoughts, and feelings.	√	√	
<u>CCSS.ELA-LITERACY.SL.1.6</u> Produce complete sentences when appropriate to task and situation.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.1.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.1.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.1.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 1 reading and content, choosing flexibly from an array of strategies.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS ¹			
SECOND GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.2.4</u> Determine the meaning of words and phrases in a text relevant to a grade 2 topic or subject area.	√	√	√
READING: FOUNDATIONAL SKILLS			
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.2.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.2.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√	√
WRITING			
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.2.8</u> Recall information from experiences or gather information from provided sources to answer a question.	√	√	√
SPEAKING & LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.2.1</u> Participate in collaborative conversations with diverse partners about grade 2 topics and texts with peers and adults in small and larger groups.	√	√	√
<u>CCSS.ELA-LITERACY.SL.2.2</u> Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.	√	√	√
<u>CCSS.ELA-LITERACY.SL.2.3</u> Ask and answer questions about what a speaker says in order to clarify comprehension, gather additional information, or deepen understanding of a topic or issue.	√	√	√
Presentation of Knowledge and Ideas: <u>CCSS.ELA-LITERACY.SL.2.4</u> Tell a story or recount an experience with appropriate facts and relevant, descriptive details, speaking audibly in coherent sentences.	√	√	√
<u>CCSS.ELA-LITERACY.SL.2.5</u> Create audio recordings of stories or poems; add drawings or other visual displays to stories or recounts of experiences when appropriate to clarify ideas, thoughts, and feelings.	√	√	
<u>CCSS.ELA-LITERACY.SL.2.6</u> Produce complete sentences when appropriate to task and situation in order to provide requested detail or clarification.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.2.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√

SECOND GRADE (continued)	Activity 1	Activity 2	Activity 3
<u>CCSS.ELA-LITERACY.L.2.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√
Knowledge of Language <u>CCSS.ELA-LITERACY.L.2.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.2.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 2 reading and content, choosing flexibly from an array of strategies.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS¹			
THIRD GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.3.1</u> Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.	√	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.3.4</u> Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.	√	√	√
READING: FOUNDATIONAL SKILLS			
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.3.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.3.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√	√
WRITING			
Text Types and Purposes: <u>CCSS.ELA-LITERACY.W.3.2</u> Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	√	√	√
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.3.4</u> With guidance and support from adults, produce writing in which the development and organization are appropriate to task and purpose.	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.3.8</u> Recall information from experiences or gather information from print and digital sources; take brief notes on sources and sort evidence into provided categories.	√	√	√

THIRD GRADE (continued)	Activity 1	Activity 2	Activity 3
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.3.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.3.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.3.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√
Knowledge of Language: <u>CCSS.ELA-LITERACY.L.3.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.3.4</u> Determine or clarify the meaning of unknown and multiple-meaning word and phrases based on grade 3 reading and content, choosing flexibly from a range of strategies.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS¹			
FOURTH GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.4.1</u> Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.	√	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.4.4</u> Determine the meaning of general academic and domain-specific words or phrases in a text relevant to a grade 4 topic or subject area.	√	√	√
READING: FOUNDATIONAL SKILLS			
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.4.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.4.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√	√

FOURTH GRADE (continued)	Activity 1	Activity 2	Activity 3
WRITING			
Text Types and Purposes: <u>CCSS.ELA-LITERACY.W.4.2</u> Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	√	√	√
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.4.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.4.8</u> Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.	√	√	√
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.4.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.4.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.4.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√
Knowledge of Language: <u>CCSS.ELA-LITERACY.L.4.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.4.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 4 reading and content, choosing flexibly from a range of strategies.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS ¹			
FIFTH GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Key Ideas and Details: <u>CCSS.ELA-LITERACY.RI.5.1</u> Quote accurately from a text when explaining what the text says explicitly and when drawing inferences from the text.	√	√	√
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.5.4</u> Determine the meaning of general academic and domain-specific words or phrases in a text relevant to a grade 5 topic or subject area.	√	√	√
Integration of Knowledge and Ideas: <u>CCSS.ELA-LITERACY.RI.5.7</u> Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently.	√	√	√
READING: FOUNDATIONAL SKILLS			
Phonics and Word Recognition: <u>CCSS.ELA-LITERACY.RF.5.3</u> Know and apply grade-level phonics and word analysis skills in decoding words.	√	√	√
Fluency: <u>CCSS.ELA-LITERACY.RF.5.4</u> Read with sufficient accuracy and fluency to support comprehension.	√	√	√
WRITING			
Text Types and Purposes: <u>CCSS.ELA-LITERACY.W.5.2</u> Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	√	√	√
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.5.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.5.8</u> Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work and provide a list of sources.	√	√	√
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.5.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.	√	√	√

FIFTH GRADE (continued)	Activity 1	Activity 2	Activity 3
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.5.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.5.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
Knowledge of Language: <u>CCSS.ELA-LITERACY.L.5.3</u> Use knowledge of language and its conventions when writing, speaking, reading, or listening.	√	√	√
Vocabulary Acquisition and Use: <u>CCSS.ELA-LITERACY.L.5.4</u> Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 5 reading and content, choosing flexibly from a range of strategies.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS¹			
SIXTH GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.6.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings.	√	√	√
WRITING			
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.6.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.6.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√	√
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.6.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 6 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.6.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√

SIXTH GRADE (continued)	Activity 1	Activity 2	Activity 3
<u>CCSS.ELA-LITERACY.L.6.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS¹			
SEVENTH GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.7.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of a specific word choice on meaning and tone.	√	√	√
WRITING			
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.7.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.7.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√	√
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.7.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.7.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.7.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√

COMMON CORE ENGLISH LANGUAGE ARTS STANDARDS ¹			
EIGHTH GRADE	Activity 1	Activity 2	Activity 3
READING: INFORMATIONAL TEXT			
Craft and Structure: <u>CCSS.ELA-LITERACY.RI.7.4</u> Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of a specific word choice on meaning and tone, including analogies or allusions to other texts.	√	√	√
WRITING			
Production and Distribution of Writing: <u>CCSS.ELA-LITERACY.W.8.4</u> Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.	√	√	√
Research to Build and Present Knowledge: <u>CCSS.ELA-LITERACY.W.8.9</u> Draw evidence from literary or informational texts to support analysis, reflection, and research.	√	√	√
SPEAKING AND LISTENING			
Comprehension and Collaboration: <u>CCSS.ELA-LITERACY.SL.8.1</u> Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 7 topics, texts and issues, building on others' ideas and expressing their own clearly.	√	√	√
LANGUAGE			
Conventions of Standard English: <u>CCSS.ELA-LITERACY.L.8.1</u> Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	√	√	√
<u>CCSS.ELA-LITERACY.L.8.2</u> Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.	√	√	√

NATIONAL HEALTH EDUCATION STANDARDS ²			
GRADES K-8	Activity 1	Activity 2	Activity 3
Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.	√	√	√
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	√	√	√
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.	√	√	√
Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	√	√	√

2. Joint Committee on National Health Education Standards. (2007). National Health Education Standards, Second Edition: Achieving Excellence. Washington, D.C.: The American Cancer Society. Available at www.cdc.gov/healthyschools/sher/standards.

Collaborative for Academic, Social, and Emotional Learning (CASEL) Five Core Competencies³			
GRADES K-8	Activity 1	Activity 2	Activity 3
Self-awareness: The abilities to understand one’s own emotions, thoughts, and values and how they influence behavior across contexts.	√	√	√
Self-management: The abilities to manage one’s emotions, thoughts, and behaviors effectively in different situations to achieve goals and aspirations.	√	√	√
Social awareness: The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.	√	√	√
Relationship skills: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.	√	√	√
GRADES 3-8	Activity 1	Activity 2	Activity 3
Responsible decision-making: The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations.	√	√	√

3. Collaborative for Academic, Social, and Emotional Learning (CASEL) SEL Framework and Core Competencies. © 2020 CASEL. All rights reserved.