



SUN SAFETY FOR ALL

PROTECT YOUR SKIN FROM THE SUN ALL YEAR

English Language Arts Common Core State Standards¹

Next Generation Science Standards²

National Health Education Standards³

Grades 3-5

ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 3	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
READING INFORMATIONAL TEXT			
Key Ideas and Details: CCSS.ELA-LITERACY.RI.3.1 Ask and answer questions to demonstrate understanding of a text, referring explicitly to the text as the basis for the answers.	✓	✓	✓
CCSS.ELA-LITERACY.RI.3.2 Determine the main idea of a text; recount the key details and explain how they support the main idea.		✓	✓
CCSS.ELA-LITERACY.RI.3.3 Describe the relationship between a series of historical events, scientific ideas or concepts, or steps in technical procedures in a text, using language that pertains to time, sequence, and cause/effect.	✓	✓	✓
Craft and Structure: CCSS.ELA-LITERACY.RI.3.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 3 topic or subject area.		✓	✓
CCSS.ELA-LITERACY.RI.3.5 Use text features or search tools (e.g., key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.		✓	
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.3.7 Use information gained from illustrations (e.g., maps, photographs) and the words in a text to demonstrate understanding of the text (e.g., where, when, why, and how key events occur).	✓	✓	✓

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ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 3 (continued)	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
WRITING			
Text Types and Purposes: CCSS.ELA-LITERACY.W.3.2 Write informative, explanatory texts to examine a topic and convey ideas and information clearly.	✓	✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.3.7 Conduct short research projects that build knowledge about a topic.	✓		
CCSS.ELA-LITERACY.W.3.8 Recall information from experiences or gather information from print and digital sources; take brief notes on sources and sort evidence into provided categories.	✓	✓	✓
SPEAKING AND LISTENING			
Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.	✓	✓	✓
Presentation of Knowledge and Ideas: CCSS.ELA-LITERACY.SL.3.4 Report on a topic or text, tell a story, or recount an experience with appropriate facts and relevant, descriptive details, speaking clearly at an understandable pace.	✓		✓
LANGUAGE			
Conventions of Standard English: CCSS.ELA-LITERACY.L.3.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	✓	✓	✓
CCSS-ELA-LITERACY.L.3.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.		✓	✓
Vocabulary Acquisition and Use: CCSS-ELA-LITERACY.L.3.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 3 reading and content, choosing flexibly from a range of strategies.		✓	✓

ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 4	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
READING INFORMATIONAL TEXT			
Key Ideas and Details: CCSS.ELA-LITERACY.RI.4.1 Refer to details and examples in a text when explaining what the text says explicitly and when drawing inferences from the text.	✓	✓	✓
CCSS.ELA-LITERACY.RI.4.2 Determine the main idea of a text and explain how it is supported by key details; summarize the text.		✓	✓
CCSS.ELA-LITERACY.RI.4.3 Explain events, procedures, ideas, or concepts in a historical, scientific, or technical text, including what happened and why, based on specific information in the text.	✓	✓	✓
Craft and Structure: CCSS.ELA-LITERACY.RI.4.4 Determine the meaning of general academic and domain-specific words or phrases in a text relevant to a grade 4 topic or subject area.		✓	✓
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.4.7 Interpret information presented visually, orally, or quantitatively (e.g., in charts, graphs, diagrams, time lines, animations, or interactive elements on Web pages) and explain how the information contributes to an understanding of the text in which it appears.	✓	✓	✓
WRITING			
Text Types and Purposes: CCSS.ELA-LITERACY.W.4.2 Write informative, explanatory texts to examine a topic and convey ideas and information clearly.	✓	✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.4.7 Conduct short research projects that build knowledge through investigation of different aspects of a topic.	✓		
CCSS.ELA-LITERACY.W.4.8 Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.	✓	✓	✓
CCSS.ELA-LITERACY.W.4.9 Draw evidence from literary or informational texts to support analysis, reflection, and research.		✓	
SPEAKING AND LISTENING			
Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.4.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 4 topics and texts, building on others' ideas and expressing their own clearly.	✓	✓	✓
Presentation of Knowledge and Ideas: CCSS.ELA-LITERACY.SL.4.4 Report on a topic or text, tell a story, or recount an experience in an organized manner, using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.	✓		✓

ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 4 (continued)	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
LANGUAGE			
Conventions of Standard English: CCSS.ELA-LITERACY.L.4.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	✓	✓	✓
CCSS.ELA-LITERACY.L.4.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.		✓	✓
Vocabulary Acquisition and Use: CCSS-ELA-LITERACY.L.4.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 4 reading and content, choosing flexibly from a range of strategies.		✓	✓

ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 5	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
READING INFORMATIONAL TEXT			
Key Ideas and Details: CCSS.ELA-LITERACY.RI.5.1 Quote accurately from a text when explaining what the text says explicitly and when drawing inferences from the text.	✓	✓	✓
CCSS.ELA-LITERACY.RI.5.2 Determine two or more main ideas of a text and explain how they are supported by key details; summarize the text.		✓	
CCSS.ELA-LITERACY.RI.5.3 Explain the relationships or interactions between two or more individuals, events, ideas, or concepts in a historical, scientific, or technical text based on specific information in the text.	✓	✓	✓
Craft and Structure: CCSS.ELA-LITERACY.RI.5.4 Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 5 topic or subject area.		✓	✓
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.5.7 Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently.		✓	✓
WRITING			
Text Types and Purposes: CCSS.ELA-LITERACY.W.5.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	✓	✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.5.7 Conduct short research projects that use several sources to build knowledge through investigation of different aspects of a topic.	✓		
CCSS.ELA-LITERACY.W.5.8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work and provide a list of sources.	✓	✓	✓
CCSS.ELA-LITERACY.W.5.9 Draw evidence from literary or informational texts to support analysis, reflection, and research.		✓	
SPEAKING AND LISTENING			
Comprehension and Collaboration: CCSS.ELA-LITERACY.SL.5.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 5 topics and texts, building on others' ideas and expressing their own clearly.	✓	✓	✓
Presentation of Knowledge and Ideas: CCSS.ELA-LITERACY.SL.5.4 Report on a topic or text or present an opinion, sequencing ideas logically and using appropriate facts and relevant, descriptive details to support main ideas or themes; speak clearly at an understandable pace.	✓		

ENGLISH LANGUAGE ARTS STANDARDS¹ GRADE 5 (continued)	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
LANGUAGE			
Conventions of Standard English: CCSS.ELA-LITERACY.L.5.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.	✓	✓	✓
CCSS.ELA-LITERACY.L.5.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.		✓	✓
Vocabulary Acquisition and Use: CCSS.ELA-LITERACY.L.5.4 Determine or clarify the meaning of unknown and multiple-meaning words and phrases based on grade 5 reading and content, choosing flexibly from a range of strategies.		✓	✓

NEXT GENERATION SCIENCE STANDARDS²	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
Grade 3			
3-LS3-2 Heredity: Inheritance and Variation of Traits Use evidence to support the explanation that traits can be influenced by the environment.			✓
3-ESS2-1 Earth's Systems Represent data in tables and graphical displays to describe typical weather conditions expected during a particular season.	✓	✓	
3-ESS2-2 Earth's Systems Obtain and combine information to describe climates in different regions of the earth.		✓	
3-ESS3-1 Earth and Human Activity Make a claim about the merit of a design solution that reduces the impacts of a weather-related hazard.	✓		
Grade 4			
4-PS3-2 Energy Make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.	✓	✓	
4-LS1-1 From Molecules to Organisms: Structures and Processes Construct an argument that plants and animals have internal and external structures that function to support survival, growth, behavior, and reproduction.			✓
4-LS1-2 From Molecules to Organisms: Structures and Processes Use a model to describe that animals receive different types of information through their senses, process the information in their brain, and respond to the information in different ways.			✓
4-ESS3-1 Earth and Human Activity Obtain and combine information to describe that energy and fuels are derived from natural resources and their uses affect the environment.	✓	✓	
4-ESS3-2 Earth and Human Activity Generate and compare multiple solutions to reduce the impacts of natural Earth processes on humans.		✓	✓
Grade 5			
5PS1-1 Matter and Its Interactions Develop a model to describe that matter is made of particles too small to be seen.	✓	✓	
5-ESS2-1 Earth's Systems Develop a model using an example to describe the ways the geosphere, biosphere, hydrosphere, and/or atmosphere interact.	✓	✓	
Grades 3-5			
3-5-ETS1-1 Engineering Design Define a simple design problem reflecting a need or a want that includes specified criteria for success and constraints on materials, time, or cost.	✓		

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NATIONAL HEALTH EDUCATION STANDARDS ³ GRADES 3-5	Activity 1 THE SUN'S RAYS AT WORK	Activity 2 LAYERS OF PROTECTION	Activity 3 MY AWESOME SKIN IS WORTH PROTECTING
Standard 1: Use functional health information to support health and well-being of self and others. 1.5.3 Explain ways to prevent or reduce risks for illnesses and injuries.	✓	✓	✓
Standard 5: Use a decision-making process to support health and well-being of self and others. 5.5.1 Determine situations that require a thoughtful decision-making process to maintain or improve health and well-being. 5.5.4 Choose a health-promoting option when making a decision. 5.5.5 Reflect on the results of a health-related decision on self and others.	✓	✓	✓
Standard 7: Demonstrate practices and behaviors to support health and well-being of self and others. 7.5.1 Examine practices and behaviors that support health and well-being of self and others. 7.5.2 Demonstrate practices and behaviors that support health and well-being of self and others.	✓	✓	✓

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ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 3	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
READING INFORMATIONAL TEXT				
Key Ideas and Details: CCSS.ELA-LITERACY.RI.3.3 Describe the relationship between a series of historical events, scientific ideas or concepts, or steps in technical procedures in a text, using language that pertains to time, sequence, and cause/effect.	✓	✓		
Craft and Structure: CCSS.ELA-LITERACY.RI.3.5 Use text features and search tools (e.g., key words, sidebars, hyperlinks) to locate information relevant to a given topic efficiently.	✓		✓	✓
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.3.7 Use information gained from illustrations (e.g., maps, photographs) and the words in a text to demonstrate understanding of the text (e.g., where, when, why, and how key events occur).	✓	✓	✓	✓
WRITING				
Text Types and Purposes: CCSS.ELA-LITERACY.W.3.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	✓		✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.3.7 Conduct short research projects that build knowledge about a topic.				✓
CCSS.ELA-LITERACY.W.3.8 Recall information from experiences or gather information from print and digital sources; take brief notes on sources and sort evidence into provided categories.			✓	✓

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ENGLISH LANGUAGE ARTS STANDARDS¹ GRADE 3 (continued)	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
SPEAKING AND LISTENING				
Comprehension and Collaboration: CCSS.ELA-Literacy.SL.3.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 3 topics and texts, building on others' ideas and expressing their own clearly.	✓	✓	✓	✓

ENGLISH LANGUAGE ARTS STANDARDS¹ GRADE 4	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
READING INFORMATIONAL TEXT				
Key Ideas and Details: CCSS.ELA-LITERACY.RI.4.3 Explain events, procedures, ideas, or concepts in a historical, scientific, or technical text, including what happened and why, based on specific information in the text.	✓	✓		
Craft and Structure: CCSS.ELA-LITERACY.RI.4.5 Describe the overall structure (e.g., chronology, comparison, cause/effect, problem/solution) of events, ideas, concepts, or information in a text or part of a text.	✓	✓		✓
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.4.7 Interpret information presented visually, orally, or quantitatively (e.g., in charts, graphs, diagrams, time lines, animations, or interactive elements on Web pages) and explain how the information contributes to an understanding of the text in which it appears.	✓	✓	✓	✓
WRITING				
Text Types and Purposes: CCSS.ELA-LITERACY.W.4.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	✓		✓	✓
Production and Distribution of Writing: CCSS.ELA-Literacy.W.4.4 Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.			✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.4.7 Conduct short research projects that build knowledge through investigation of different aspects of a topic.				✓
CCSS.ELA-LITERACY.W.4.8 Recall relevant information from experiences or gather relevant information from print and digital sources; take notes and categorize information, and provide a list of sources.			✓	✓

ENGLISH LANGUAGE ARTS STANDARDS ¹ GRADE 5	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
READING INFORMATIONAL TEXT				
Key ideas and Details: CCSS.ELA-LITERACY.RI.5.3 Explain the relationships or interactions between two or more individuals, events, ideas, or concepts in a historical, scientific, or technical text based on specific information in the text.	✓	✓		
Craft and Structure: CCSS.ELA-LITERACY.RI.5.5 Compare and contrast the overall structure (e.g., chronology, comparison, cause/effect, problem/solution) of events, ideas, concepts, or information in two or more texts.	✓	✓		✓
Integration of Knowledge and Ideas: CCSS.ELA-LITERACY.RI.5.7 Draw on information from multiple print or digital sources, demonstrating the ability to locate an answer to a question quickly or to solve a problem efficiently.	✓	✓	✓	✓
WRITING				
Text Types and Purposes: CCSS.ELA-LITERACY.W.5.2 Write informative/explanatory texts to examine a topic and convey ideas and information clearly.	✓		✓	✓
Production and Distribution of Writing: CCSS.ELA-Literacy.W.5.4 Produce clear and coherent writing in which the development and organization are appropriate to task, purpose, and audience.			✓	✓
Research to Build and Present Knowledge: CCSS.ELA-LITERACY.W.5.7 Conduct short research projects that use several sources to build knowledge through investigation of different aspects of a topic.				✓
CCSS.ELA-LITERACY.W.5.8 Recall relevant information from experiences or gather relevant information from print and digital sources; summarize or paraphrase information in notes and finished work, and provide a list of sources.			✓	✓

NEXT GENERATION SCIENCE STANDARDS² GRADES 3-5	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
Grade 3				
3-ESS2-1 Earth Systems Represent data in tables and graphical displays to describe typical weather conditions expected during a particular season.	✓			✓
Grade 4				
4-PS3-2 Energy Make observations to provide evidence that energy can be transferred from place to place by sound, light, heat, and electric currents.	✓	✓		✓
4-PS4-2 Waves and Their Applications in Technologies for Information Transfer Develop a model to describe that light reflecting from objects and entering the eye allows objects to be seen.	✓	✓		
4-ESS3-1 Earth and Human Activity Obtain and combine information to describe that energy and fuels are derived from natural resources and their uses affect the environment.	✓	✓		
Grade 5				
5-PS-1 Energy Use models to describe that energy in animals' food (used for body repair, growth, motion, and to maintain body warmth) was once energy from the sun.	✓			

NATIONAL HEALTH EDUCATION STANDARDS³ GRADES 3-5	Activity 1: Sun Savvy	Activity 2: Sun Safety Smarts	Bonus Activity 1: Sun Safety at Play!	Bonus Activity 2: Map the UV Index
Standard 1: Use functional health information to support health and well-being of self and others. 1.5.3 Explain ways to prevent or reduce risks for illnesses and injuries.	✓	✓	✓	✓
Standard 5: Use a decision-making process to support health and well-being of self and others. 5.5.1 Determine situations that require a thoughtful decision-making process to maintain or improve health and well-being. 5.5.4 Choose a health-promoting option when making a decision. 5.5.5 Reflect on the results of a health-related decision on self and others.	✓	✓	✓	✓
Standard 7: Demonstrate practices and behaviors to support health and well-being of self and others. 7.5.1 Examine practices and behaviors that support health and well-being of self and others. 7.5.2 Demonstrate practices and behaviors that support health and well-being of self and others.	✓	✓	✓	✓

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